



2026 WESTERN MUSTANGS ELEMENTARY SCHOOL CROSS COUNTRY MEET

Friday, September 25th

Thames Valley Golf Course

London, ON

RACES: 5:30 pm - Elementary School Girls' 2km race (Grades 3 – 8)
6:00 pm - Elementary School Boys' 2km race (Grades 3 – 8)

COURSE: The Cross Country course features two 1km loops, over rolling terrain, taking runners up and down hills, before a straight dash to the finish line.

ELIGIBILITY: Open to all elementary aged athletes in grades 3 - 8.

ENTRY FEE: \$10 per athlete – online registration only

AWARDS : Merchandise will be awarded to the top 10 girls and boys in each race.

ENTRY METHOD: Register through trackie.ca at <https://www.trackie.com/event/2026-western-ontario-xc>

ENTRY DEADLINE:

1. Regular entries must be submitted by **8:00 p.m. on Monday, September 21st**.
2. Late entries will be accepted until **8:00 p.m. on Thursday, September 24th**: at \$20 per athlete

RACE DAY Athletes will check in upon arrival to receive their race bib.
A race warmup will be held at 5:00 pm meeting at the race start line

DRESS: Please have all runners arrive dressed and ready to race. Athletes are welcome and encouraged to wear their club/school jersey. Spikes are permitted at this event. Portable washrooms are available on the north side of the clubhouse. Please do not use the washrooms inside the clubhouse.

PARKING: Parking is available at the back of Thames Valley Golf Course, accessible from Sunninghill Avenue.
PLEASE STAY OFF THE GRASS.