



YUTC Twilight #5 – July 28, 2025

Final Schedule

6:00pm	400mh	W→M
6:15	100m Prelims	W→M
7:05	800m	W→M
7:30	100m Finals	W→M
7:50	3000m	W→M
8:15	200m	W→M

Field Events

	Long Jump	High Jump	Discus Throw	Shot Put	Pole Vault
5:30	Warmup on runway – Men	Warmup at event area - Women	Warmup at Event area – Men & Women		Warmup – Women & Men
6:00	Men	Men	Men & Women Combined		Women & Men
6:30					
7:00	Warmup on Runway - Women			Warmup at Event Area – Men & Women	
7:30	Women			Men & Women Combined	
8:00					