



RUNSPORT

Schedule of Events

6-8pm @ Centennial Stadium, UVIC

July 15th

6:00 – 6:20 pm: 100m
6:30 – 7:00 pm: 1500m
7:10 – 7:25 pm: 400m
7:30 – 8:00 pm: DMR

July 22nd

6:00 – 6:10 pm: 100m
6:15 – 6:35 pm: 3000m
6:40 – 6:50 pm: 200m
7:00 – 7:15 pm: 800m
7:20 – 7:30 pm: 4 x 100m
7:35 – 7:45 pm: 4 x 400m

July 29th

6:00 – 6:10 pm: 100m
6:15 – 6:30 pm: 1000m
6:35 – 6:45 pm: 300m
6:50 – 7:20 pm: 5000m
7:20 – 7:30 pm: 4 x 200m
7:35 – 8:00 pm: 4 x mile

*Events and timing are subject to change depending on entry numbers
– check the instagram for latest updates*



Follow @runsportyyj for more details!