

Alberta Track Field Championships
Friday July 24 - Sunday July 26, 2026
Foothills Athletic Park
Calgary, Alberta

Tentative Outline for schedule As of July 15, 2026)

Friday July 24, 2026

6:00pm start

Track	Horizontal Jump	Vertical Jump	Throws	Throws
800m Finals	U16 W Long Jump	SrM High Jump	All Mens Hammer	
Race Walk Finals	U18 W Long Jump	SrW High Jump		

Saturday July 25, 2026

10:00am Start

Track	Horizontal Jump	Vertical Jump	Throws	Throws
Sprint Hurdles Heats	Long Jump (SrW, MastW, U20W)	High Jump (MastW, U20W, U18W, U16W)	All Women Javelin	All Women Shot Put
1500m Finals (including Wheelchair)				
1200m Finals	All Mens Long jump	All Pole Vault	All Women Hammer	Para Seated Throws
Sprint Hurdles Finals				
Lunch			All Men Discus	
100m Heats (including Wheelchair)				
100m Fianls (including Wheelchair)				
400m Timed Finals				
4x100m				

Sunday July 26, 2026

9:00am Start

Track	Horizontal Jump	Vertical Jump	Throws	Throws
5000m	All Triple Jump	High Jump (MastM, U20M, U18M, U16M)	All Women Discus	All Men Shot Put
3000m				
2000m			All Men Javelin	
Wheelchair 400m				
Steeplechase				
200m Heats				
Lunch				
200m Finals				
Long Hurdles				
4x400m				