



FINAL Schedule

2026 FLYING ANGELS INTERNATIONAL TRACK & FIELD CHAMPIONSHIPS

Friday, July 3, 2026

Time	Event	Round	Age Group	# of Sections
4:00 PM	2000m	Finals	U13 Girls, U14 Girls	(1) combined with U13 & U14 Boys
-	2000m	Finals	U13 Boys, U14 Boys	(-)
4:30 PM	400m	Timed Finals	U16 Girls, U18 Girls, U20 Women, Open Women	(15)
5:15 PM	400m	Timed Finals	U16 Boys, U18 Boys, U20 Men, Open Men	(15)
6:05 PM	100m Hurdles (30')	Heats	U18 Girls	(2)
6:10 PM	100m Hurdles (33')	Heats	U20 Women, Open Women	(1) U20 & Open combined
6:15 PM	110m Hurdles (36")	Heats	U18 Boys	(2)
6:20 PM	110m Hurdles (39")	Heats	U20 Men	(1) U20 & Open combined
-	110m Hurdles (42")	Heats	Open Men	(-)
6:30 PM	3000m	Finals	U15 Girls, U16 Girls, U18 Girls, U20 Women, Open Women	(1) All girls combined
6:55 PM	3000m	Finals	U15 Boys, U16 Boys, U18 Boys, U20 Men, Open Men	(1) All boys combined
7:35 PM	100m Hurdles (30')	Finals	U18 Girls	(1)
7:40 PM	100m Hurdles (33')	Finals	U20 Women, Open Women	(1) Second run
7:45 PM	110m Hurdles (36")	Finals	U18 Boys	(1)
7:50 PM	110m Hurdles (39")	Finals	U20 Men	(1) U20 & Open second run
-	110m Hurdles (42")	Finals	Open Men	(-)

Time	Vertical Jumps	Horizontal Jumps	Horizontal Jumps	Throws	Throws
3:00 PM					
3:30 PM					
4:00 PM	High Jump U16 & U18 Boys 4:00 (8)	Long Jump U18 Girls 4:00 (12)	Long Jump U16 Girls 4:00 (16)	Shot Put (6.00 / 7.26 kg) U20 & Open Men 4:00 (8)	
4:30 PM				Shot Put (4.00 / 5.00 kg) U20 Girls / Open Women / U18 Boys 5:00 (13)	
5:00 PM					
5:30 PM		Long Jump U20 & Open Women 5:30 (6)	Long Jump U16 & U18 Boys 5:30 (17)		Hammer Throw All Male and Female 6:00 (13)
6:00 PM	High Jump U16 & U18 Girls 6:00 (8)				
6:30 PM					
7:00 PM					
7:30 PM		Long Jump U20 Men & Open Men 7:00 (12)			
8:00 PM					
8:30 PM					



FINAL Schedule

2026 FLYING ANGELS INTERNATIONAL TRACK & FIELD CHAMPIONSHIPS Saturday, July 4, 2026

Time	Event	Round	Age Group	# of Sections
9:00 AM	1200m	Timed Finals	U10 Girls, U11 Girls	(1) U10 & U11 combined
9:15 AM	1200m	Timed Finals	U10 Boys, U11 Boys	(1) U10 & U 11 combined
9:35 AM	80m Hurdles (30")	Heats	U13 Girls, U14 Girls	(2)
9:40 AM	80m Hurdles (30")	Heats	U13 Boys, U14 Boys	(2)
9:45 AM	80m Hurdles (30")	Heats	U15 Girls, U16 Girls	(3)
9:55 AM	100m Hurdles (33")	Heats	U15 Boys, U16 Boys	(1) U15 & U16 combined
10:05 AM	1500m	Timed Finals	U12 Girls, U13 Girls, U14 Girls, U15 Girls	(2) U12 & U13 combined; U14 & U15 combined
10:30 AM	100m	Heats	U8 Girls, U9 Girls, U10 Girls, U11 Girls, U12 Girls, U13 Girls, U14 Girls, U15 Girls	(27)
11:40 AM	100m	Heats	U16 Girls, U18 Girls, U20 Women, Open Women	(17) Open Women Finals
12:20 PM	100m	Heats	U8 Boys, U9 Boys, U10 Boys, U11 Boys, U12 Boys, U13 Boys, U14 Boys, U15 Boys	(22)
1:25 PM	100m	Heats	U16 Boys, U18 Boys, U20 Men, Open Men	(25)
2:05 PM	1500m	Timed Finals	U12 Boys, U13 Boys, U14 Boys, U15 Boys	(2) U12 & U13 combined; U14 & U15 combined
2:20 PM	OPENING CEREMONIES			
2:55 PM	80m Hurdles (30")	Finals	U13 Girls, U14 Girls	(2) Second run
3:00 PM	80m Hurdles (30")	Finals	U13 Boys, U14 Boys	(2) Second run
3:05 PM	80m Hurdles (30")	Finals	U15 Girls, U16 Girls	(2) U15 Second run; U16 Finals
3:10 PM	100m Hurdles (33")	Finals	U15 Boys, U16 Boys	(1) U15 & U16 combined
3:15 PM	1500m	Timed Finals	U16 Girls, U18 Girls, U20 Women	(1) U16, U18 & U20 combined
3:30 PM	100m	Finals	U8 Girls, U9 Girls, U10 Girls, U11 Girls, U12 Girls, U13 Girls, U14 Girls, U15 Girls	(8)
3:55 PM	100m	Finals	U16 Girls, U18 Girls, U20 Women, Open Women	(4) Open Women second
4:05 PM	100m	Finals	U8 Boys, U9 Boys, U10 Boys, U11 Boys, U12 Boys, U13 Boys, U14 Boys, U15 Boys	(8)
4:30 PM	100m	Finals	U16 Boys, U18 Boys, U20 Men, Open Men	(4)
4:40 PM	100m	Timed Finals	Masters Women	(1)
4:45 PM	100m	Timed Finals	Masters Men	(3)
4:50 PM	1500m	Timed Finals	U16 Boys, U18 Boys	(2)
5:20 PM	400m	Timed Finals	U9 Girls, U10 Girls, U11 Girls, U12 Girls, U13 Girls, U14 Girls, U15 Girls	(14)
5:50 PM	400m	Timed Finals	U9 Boys, U10 Boys, U11 Boys, U12 Boys, U13 Boys, U14 Boys, U15 Boys	(12)
6:30 PM	1500m	Timed Finals	U20 Men, Open Men	(1) U20 & Open combined
6:55 PM	4x100 Relay	Timed Finals	U10 Girls, U12 Girls, U14 Girls, U16 Girls, U18 Girls, U20 Women, Open Women	(7) U10 & U12 combined
7:20 PM	4x100 Relay	Timed Finals	U10 Boys, U12 Boys, U14 Boys, U16 Boys, U18 Boys, U20 Men, Open Men	(6)

TRACK EVENT START TIMES LISTED ABOVE ARE FOR GUIDANCE ONLY. THE EVENT WILL START AT THE CONCLUSION OF THE PREVIOUS EVENT!



FINAL Schedule

2026 FLYING ANGELS INTERNATIONAL TRACK & FIELD CHAMPIONSHIPS Saturday, July 4, 2026

Time	Vertical Jumps	Horizontal Jumps	Horizontal Jumps	Throws	Throws
9:00 AM		Long Jump U15 Girls 9:00 (12)	Long Jump U14 Girls 9:00 (12)	Shot Put (2.00 kg) U9 / U10 Girls & Boys 9:00 (15)	Javelin (400g) U13 / U14 Girls & Boys 9:00 (14)
9:30 AM					
10:00 AM	High Jump U10 / U11 / U12 / U13 / U14 / U15 / U20 & Open Men 10:00 (17)	Long Jump U13 Girls 10:30 (16)	Long Jump U12 Girls 10:30 (14)	Shot Put (2.73 kg) U11 / U12 Girls & Boys 10:30 (15)	Javelin (500g / 600g) U15 / U16 Girls & Boys & U18 Girls 10:00 (11)
10:30 AM					
11:00 AM					
11:30 AM					
12:00 PM		Long Jump U11 Girls 12:00 (10)	Long Jump U10 Girls 12:00 (13)	Shot Put (3.00 kg) U13 / U14 Girls 12:00 (9)	
12:30 PM					
1:00 PM	High Jump U10 / U11 / U12 / U13 / U14 / U15 / U20 & Open Female 2:00 (20)	Long Jump U14 / U15 Boys 1:30 (12)	Long Jump U12 Boys 3:00 (13)	Shot Put (3.00 kg) U15 / U16 / U18 Girls 1:30 (16)	Discus (1.50 / 1.75 / 2.00 kg) U18 / U20 / Open Men 1:00 (16)
1:30 PM					
2:00 PM					
2:30 PM					
3:00 PM		Long Jump U13 Boys 3:00 (10)	Long Jump U10 / U11 Boys 3:00 (17)	Shot Put (3.00 kg / 4.00 kg) U13 / U14 / U15 / U16 Boys 3:00 (13)	Discus (1.00 kg / 1.50 kg) U20 & Open Women 3:00 (6)
3:30 PM					
4:00 PM					
4:30 PM					



FINAL Schedule

2025 FLYING ANGELS INTERNATIONAL TRACK & FIELD CHAMPIONSHIPS Sunday, July 5, 2026

Time	Event	Round	Divisions	# of Sections
9:00 AM	200m Hurdles (30")	Timed Finals	U13 Girls, U14 Girls, U15 Girls, U16 Girls	(5)
9:15 AM	200m Hurdles (30")	Timed Finals	13 Boys, U14 Boys, U15 Boys, U16 Boys	(1)
9:30 AM	400m Hurdles (30")	Timed Final	U18 Girls, U20 Women, Open Women	(3)
9:45 AM	400m Hurdles (33")	Timed Final	U18 Boys	(2)
10:00 AM	400m Hurdles (36")	Timed Final	U20 Men, Open Men	(1) U20 & Open combined
10:00 AM	200m	Heats	U8 Girls, U9 Girls, U10 Girls, U11 Girls, U12 Girls, U13 Girls, U14 Girls, U15 Girls	(30)
11:20 AM	200m	Heats	U16 Girls, U18 Girls, U20 Women, Open Women	(18)
12:05 AM	200m	Heats	U8 Boys, U9 Boys, U10 Boys, U11 Boys, U12 Boys, U13 Boys, U14 Boys, U15 Boys	(23)
1:10 PM	200m	Heats	U16 Boys, U18 Boys, U20 Men, Open Men	(25)
2:10 PM	60m	Timed Finals	Parents & Coaches Women	(1)
2:15 PM	60m	Timed Finals	Parents & Coaches Men	(1)
2:20 PM	800m	Timed Finals	U9 Girls, U10 Girls, U11 Girls, U12 Girls, U13 Girls, U14 Girls, U15 Girls	(6) U9 & U10 combined
2:50 PM	800m	Timed Finals	U16 Girls, U18 Girls, U20 Women, Open Women	(2)
3:35 PM	200m	Finals	U8 Girls, U9 Girls, U10 Girls, U11 Girls, U12 Girls, U13 Girls, U14 Girls, U15 Girls	(8)
3:55 PM	200m	Finals	U16 Girls, U18 Girls, U20 Women, Open Women	(4)
4:05 PM	200m	Finals	U8 Boys, U9 Boys, U10 Boys, U11 Boys, U12 Boys, U13 Boys, U14 Boys, U15 Boys	(8)
4:25 PM	200m	Finals	U16 Boys, U18 Boys, U20 Men, Open Men	(8)
4:40 PM	Mixed 4x100 Relay	Finals	Parents & Coaches	(1)
4:45 PM	800m	Timed Finals	U9 Boys, U10 Boys, U11 Boys, U12 Boys, U13 Boys, U14 Boys, U15 Boys	(5) U9 & U10; U14 & U15 combined
5:05 PM	800m	Timed Finals	U16 Boys, U18 Boys, U20 Men, Open Men	(3) U20 & Open combined
5:25 PM	Mixed 4x400 Relay	Finals	U15, Open	(1) U15 & Open combined
5:45 PM	Team Awards Ceremony			

TRACK EVENT START TIMES LISTED ABOVE ARE FOR GUIDANCE ONLY. THE EVENT WILL START AT THE CONCLUSION OF THE PREVIOUS EVENT!



FINAL Schedule

2026 FLYING ANGELS INTERNATIONAL TRACK & FIELD CHAMPIONSHIPS Sunday, July 5, 2026

Time	Vertical Jumps	Horizontal Jumps	Horizontal Jumps	Throws	Throws
9:00 AM	Pole Vault U16 / U18 / U20 & Open Women 10:00 (17)	Long Jump U8 / U9 Girls 9:00 (13)	Long Jump U9 Boys 9:00 (12)	Javelin (600g / 700g 800g) U18 / U20 / Open Men & U20 & Open Women 9:00 (4)	
9:30 AM					
10:00 AM					
10:30 AM		Long Jump U8 Boys 10:30 (10)	Triple Jump U13 / U14 / U15 Girls 10:30 (15)		
11:00 AM					
11:30 AM					
12:00 PM					
12:30 PM	Pole Vault U16 / U18 / U20 & Open Men 1:00 (14)	Triple Jump U16 & U18 Girls 12:30 (18)	Triple Jump U20 & Open Women 12:30 (8)		Discus (0.75 kg) U13 / U14 Girls & Boys 12:30 (8)
1:00 PM					
1:30 PM		Triple Jump U16 / U18 / U20 / Open Men 2:00 (18)	Triple Jump U13 / U14 / U15 Boys 2:00 (12)		Discus (1.00 kg) U15 / U16 / U18 Girls & U15 & U16 Boys 2:00 (6)
2:00 PM					
2:30 PM					
3:00 PM					
3:30 PM					
4:00 PM					