

Athletics PEI – Selection Policy for the Legion Youth National Track and Field Championships 2026

“Organization” refers to: Athletics PEI

SPORT: Athletics

EVENT: Legion Youth National Track and Field Championships 2026

POLICY: Athlete and Coach Selection Policy

SECTION 1 – PURPOSE

The purpose of this document is to set out the process that will be used by the Organization to select athletes to represent the Organization at the Legion Youth National Track and Field Championships 2026.

SECTION 2 – OBJECTIVE

The objective of this selection policy is to select twelve athletes who will participate in the Legion Youth National Track and Field Championships 2026. Athletes are selected in the following categories:

- All twelve athletes are subject to both age categories based on the tryouts.
- The selection target is six female athletes and six male athletes
 - If there are insufficient eligible or qualified athletes in one category to meet the target allocation, the remaining position(s) will be filled by the highest-ranked eligible athlete(s) from the other category, in accordance with the performance standards and selection criteria outlined in this policy.

The Legion Youth National Track and Field Championships 2026 will have three chaperons/coaches attend. Those being listed below:

One Coach

One Female Chaperone

One Male Chaperone

SECTION 3 – ELIGIBILITY

To be eligible for selection, the athletes must be:

- Born in 2011 or later for U16, 2009/2010 for U18
- Canadian Citizens, or eligible for Canadian Citizenship and actively pursuing either Citizenship Certificates or Canadian Passports, also including Permanent Residents, as well as in-progress applications for Permanent Residency
- Members in good standing with the Organization
- Agree to adhere to the Organization’s policies
- Be registered as an Athletics PEI member

Once selected, the athletes will be expected to be training towards and meet the physical standards expected by the Legion Youth National Track and Field Championships 2026.

SECTION 4 – SELECTION PROCESS

Athletes participate in tryouts. Athletes may be exempted from participation in the tryouts due to sickness, injury, or other circumstances. These athletes shall still be eligible for selection provided they have a signed letter from a medical professional and/or approval from the Organization.

Tryouts

Athletes must attend training sessions, meetings, competitions, and meets as directed by Athletics PEI and the team coaching staff. Athletes must complete all registration forms as directed by Athletics PEI. Athletes will be subject to comparison to the Athletics PEI Legion Youth National Track and Field Championship standards.

All performances for all events must be attained at a sanctioned meet recognized by Athletics PEI, another provincial brand, or a member of the Athletics Association of the World Athletics. Only World Athletics legal performances will be eligible for team selection (for example, false start rule, wind velocity, etc).

Participation at the 2026 Legion Championships Trials Meet, July 4-5, 2026, is mandatory for all athletes. This rule applies to all athletes, including residents who are temporarily away from the province. During the Trials, athletes must compete in the event(s) they wish to be considered for team selection.

Athletes must be available and able to attend the full duration of the Legion Youth National Track and Field Championships to be considered for selection. The mandatory on-site period is August 5-11, 2026, with competition taking place from August 7-9, 2026.

Athletes must compete in an event at the 2026 Legion Championships Trials Meet in order to be considered for selection in that event unless they are granted an exemption prior to the Trials. Any exemptions will be posted on the Athletics PEI website.

Athletics PEI Legion Youth National Track and Field Championships 2026 Standards listed below.

Track Events				
	U16 Male	U16 Female	U18 Male	U18 Female
100m	12.54	13.54	11.81	13.38
200m	25.62	27.77	23.83	27.61
300m – U16	42.52	46.75		
400m – U18			54.02	1:01.95
800m	2:14.92	2:34.43	2:02.85	2:21.80
1200m – U16	3:38.40	4:07.80		
1500m – U18			4:18.30	5:04.50
2000m – U16	6:43.20	7:47.25		
3000m – U18			9:33.30	11:28.69
80m H – U16		14.12		
100m H – U16/U18	18.24			15.75
110m H – U18			16.95	
200m H – U16	31.50	35.58		
400m H – U18			1:04.57	1:12.45
Steeple Ch. 1500m – U16	6:18.00	7:21.00	7:21.00	8:46.05

2000m – U18	30"	30"	33"	30"
Walks 1500m – U16 3000m – U18	11:33.00	12:36.00	21:00.00	25:12.00
Field Events				
	U16 Male	U16 Female	U18 Male	U18 Female
Pole Vault	2.23	2.13	3.13	2.56
High Jump	1.61	1.37	1.75	1.47
Long Jump	5.32	4.79	6.03	4.94
Triple Jump	11.11	9.69	12.11	10.30
Shot Put	11.63 – 4kg	9.54 – 3kg	13.30 – 5kg or 12lb	10.73 – 3kg 9.59 – 4kg
Discus	38.00 – 1kg	25.65 – 1kg	38.47 – 1.5kg or 1.6kg	28.97 – 1kg
Hammer	31.35 – 4kg	27.55 – 3kg	42.75 – 5kg	32.30 – 3kg
Javelin	36.10 – 600g	24.70 – 500g 22.80 – 600g	44.65 – 700g or 800g	30.40 – 500g 27.55 – 600g

Accepted Conversions

	Event	Performance	Event Convert	Performance
U16 Male	300m	42.52	400m	59.89
	1200m	3:38.40	1500m	4:43.54
	1500m SC	6:18.00	2000m SC	8:39.15
U16 Female	300m	46.75	400m	65.87
	1200m	3:38.40	1500m	5:22.39
	80mH	14.12	100mH	16.85
	1500m SC	7:21.00	2000m SC	10:10.56
U18 Male	3000m	9:33.30	2000m	6:05.74
	2000m SC	7:21.00	3000m SC	11:23.10
	3000m RW	21:00.00	5000m RW	35:20.89
U18 Female	3000m	11:28.69	2000m	7:17.44
	2000m SC	8:46.05	3000m SC	13:54.38
	3000m RW	25:12.00	5000m RW	43:05.60

Combined Events

Pentathlon (U16)/ Decathlon (U18)/ Heptathlon (U18)	No Standard	No Standard	3325	2280
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Events requiring wind measurement:

100m, 200m, all straightaway Hurdle Events, 200m Hurdles, Long Jump, Triple Jump

Legal wind measurement will be enforced for standard achievement(+2.0 or less and any negative readings)

Throwing Implementation Specifications

Event	U16 Male	U16 Female	U18 Male	U18 Female
Shot Put	4kg	3kg	5kg	3kg
Discus	1kg	1kg	1.5kg	1kg
Hammer	4kg	3kg	5kg	3kg
Javelin	600g	500g	700g	500g

Tie-Breaking

Recency of performance, number of events qualified, World Athletics Scoring Table, and national age group rankings.

Timelines

The tryouts shall be held within January 1 and July 5 (inclusive), 2026, determined by the Organization before the Legion Youth National Track and Field Championships 2026. No indoor performances will be accepted.

Unforeseen Circumstances

If unforeseen circumstances arise which do not allow for this selection process to be implemented as outlined in this document, the Organization reserves the right to identify an alternate process or alternate timelines. Should this occur, all candidates for selection will be notified of these changes in a timely manner.

SECTION 5 – AUTHORITY FOR SELECTION

The Organization shall appoint member(s) to be responsible for managing the selection of athletes to the Legion Youth National Track and Field Championships 2026. The member(s) shall be known as the Selection Committee and are responsible for monitoring the tryouts and liaising with the selected athletes.

The Selection Committee must be free from actual and perceived conflict of interest and, where conflict of interest may exist, Committee members must identify the conflict and excuse themselves from selection decisions where there is a conflict. Parents of athletes, or other individuals deemed by the Organization to have a special interest in the selection process, are not permitted to be members of the Selection Committee.

Using the criteria outlined in Section 4, the Selection Committee will select twelve athletes who will attend the Legion Youth National Track and Field Championships 2026, in accordance with the team composition targets specified in Section 2.

SECTION 6 – DISMISSAL

An athlete may be dismissed if the athlete:

- Fails to remain a member in good standing with the Organization
- Fails to meet performance expectations
- Fails to train towards, or meet the physical standards expected by, the Legion Youth National Track and Field Championships 2026
- Exhibits conduct that is detrimental to the image of the Organization

- Is unable to perform due to injury, illness or other medical reasons as determined by the Organization's medical staff

When necessary and appropriate, an athlete may be replaced by an alternate athlete (provided the alternate athlete is still eligible).

SECTION 7 – APPEALS

Appeals of selection decisions will be heard and decided in accordance with the *Appeal Policy*.

SECTION 8 – INJURED and REPLACEMENT ATHLETES

The coaches and/or the Selection Committee may apply to the Organization's Board to remove any athlete from any stage of the athlete selection process. Reasons for removal can include: becoming no longer eligible for participation (under Section 3), injury, illness, or misconduct. Reasons for removal will be communicated by written letter to the athlete from the Organization by registered mail or in person which the athlete must sign that they have received.

The Selection Committee shall designate alternate athletes in each category. The head coach will have the final decision on alternate athletes using their discretion and the rankings. The coach must provide a reason for that alternate to be selected. Alternate athletes may be selected if one or more of the originally selected athletes are dismissed prior to the Legion Youth National Track and Field Championships 2026.

If the alternates have not kept up their physical fitness or are unavailable or uninterested, the Selection Committee may approach other athletes who attended the tryouts to be named as alternates. Alternate athletes may be included in any training or competitions taking place prior to the Legion Youth National Track and Field Championships 2026 so that they are prepared if called upon.

SECTION 9 – COACH SELECTION PROCESS

The Organization has the authority to select the coaches who will attend the Legion Youth National Track and Field Championships 2026.

The Organization shall appoint member(s) to be responsible for selecting coaches for the Legion Youth National Track and Field Championships 2026. The member(s) shall be known as the Coach Selection Committee. The Coach Selection Committee must be free from actual and perceived conflict of interest, and, where conflict of interest may exist, Committee members must identify the conflict and excuse themselves from selection decisions where there is a conflict. Parents of athletes, or other individuals deemed by the Organization to have a special interest in the selection process, are not permitted to be members of the Coach Selection Committee.

Coaches can be pre-selected by the Board of Directors.

Coaches must have Club Coach Certified Status.

The Coach Selection Committee shall select One coach to attend the Legion Youth National Track and Field Championships 2026. The Coach Selection Committee reserves the right to select coaches from outside the pool of applicants.

The Coach Selection Committee reserves the right to dismiss a coach if, in their estimation, the coach is not sufficiently preparing the athletes for the Legion Youth National Track and Field Championships 2026, or if there are other legitimate reasons for dismissal, as determined by the Coach Selection Committee or the Organization.