

**2026 and 2027 ROYAL CANADIAN LEGION PROVINCIAL YOUTH CHAMPIONSHIPS**

**FRIDAY JULY 10**

TIME	TRACK	AGE	ROUND	TIME	FIELD	AGE
2:30 pm	100 m HUR	HEP F18		2:30 pm	DISCUS	M U 18
2:45 pm	100 m	OCT M 18	HEATS	2:30 pm	TRIPLE JUMP	F 18
3:00 pm	80 m HUR	F 16	HEATS		HAMMER	M 16 / M18
	100 m HUR	F 18 M16	HEATS	3:00 pm	HIGH JUMP	HEP F 18
	110 m HUR	M 18	HEATS	3:30 pm	LONG JUMP	OCT M 18
					JAVLIN	M 16 / M18
3:30 pm	1500 SC	TIME FINALS		3:45 PM	HIGH JUMP	F 16 / F 18
	2000 SC	TIME FINALS		4:00 PM	SHOT	HEP F 18
					HAMMER	F 16 / F 18
4:05 PM	80 m HUR	F 16	FINALS		SHOT PUT	OCT M 18
4:15 PM	100 m HUR	F 18 / M 16	FINALS	4:30	TRIPLE JUMP	M 18
4:30 PM	110 m HUR	M 18	FINALS		JAVLIN	F 16/F18
					HIGH	M 16
4:45 PM	300 m	F 16 M 16	TIME FINALS			
5:05 PM	400 m	F 18 / M18	TIME FINALS			
5:20 PM	1200 m	F 16 / M 16	TIME FINALS			
5:30 PM	1500 m	F 18/ M 18	TIME FINALS			
5:45 PM	200 m	HEP F 18				
5:55 PM	400 m	OCT M 18				

**SATURDAY JULY 11**

TIME	TRACK	AGE	ROUND	TIME	FEILD	AGE
8:30	80 m HUR	PENT F 16		8:30 AM	LONG JUMP	M 16 M 18
	100 m HUR	PENT M 16			TRIPLE JUMP	F 16
	110 M HUR	OCT M 18			DISCUS	M 16
8:45 AM	100 m	F 16 / M 16	HEATS		SHOT PUT	F 18
	100 m	F 18 / M 18	HEATS		POLE VAULT	M 16 M18
9:00 AM	2000 m	F 16 / M 16	TIME FINALS	9:00 AM	HIGH JUMP	PENT F 16
9:20 AM	3000 m	F 18 / M 18	TIME FINALS	9:30 AM	HIGH JUMP	OCT M 18
9:50 AM	800 m	F 16 / F 18	TIME FINALS	9:30 AM	LONG JUMP	PENT M 16
10:00 AM	800 m	M 16 / M18	TIME FINALS			
10:20 AM	100 m	F 16 / M16	FINALS	10:00 AM	DISCUS	F 16
10:35 AM	100 m	F 18 / M 18	FINALS		SHOT PUT	M18
<b>LUNCH</b>	<b>TRACK</b>				<b>LONG JUMP</b>	<b>F16/18</b>
11:30 AM	200 m HUR	F 16 / M 16	TIME FINALS	10:45 AM	LONG JUMP	HEP F 18
11:45	400 m HUR	F 18 / M 18	TIME FINALS	11:00 AM	SHOT PUT	PENT M 16 PENT F U16
12:15 PM	1500 RW	F 16 / M 16	TIME FINALS	11:30	SHOT PUT	F 16
12:40 PM	3000 RW	F 18 / M 18	TIME FINALS	<b>LUNCH</b>	<b>FIELD</b>	
1:00 PM	200 m	F 16 / F 18	TIME FINALS	12:45 PM	JAVLIN	OCT M 18
1:15 PM	200 m	M 16 / M 18	TIME FINALS		JAVLIN	HEP F 18
1:45 PM	800 m	PENT F 16			HIGH JUMP	PENT M 16
2:00 PM	800 m	HEP F 18		12:45 PM	POLE VALT	F 16 F 18
2:20 PM	100 m	M 16		12:45	LONG JUMP	PENT F U 16
2:30 PM	100 m	M 18		1:00 PM	DISCUS	F 18
					SHOT PUT	M 16
				2:00 PM	HIGH JUMP	M 18
					TRIPLE JUMP	M 16

PEN FEMALE 16    PENT MALE 16    HEPT FEMALE 18    OCT MALE 1

**OPENING CEREMONIES AT STEEL WORKERS HALL FRIDAY NIGHT ALL ATHLEETES TO ATTEND 6:30 PM**