

Athletics NS Legion Trials
Saturday July 11th - Beazley Field



Time	Track	Note	Round	Field Events		
12:00	80mH F/M – U14 30"		Prelims	12:00	Hammer	M/F
12:05	80mH F – U16 30"		Prelims	1:00	High Jump - Pent/Hep	M/F
12:10	80mH F- U16 - Pent 30"		Multi	1:00	Long Jump	Female
12:15	100mH F – Hept (1)		Multi	2:00	High Jump	Male
12:20	100mH F – U18 30"		Prelims	2:00	Shot Put - Pent/Hep	M/F
12:25	100mH F – U20, Open 33"		Prelims	2:45	Shot Put	Male
12:30	100mH M- U16 Pent 33"		Multi	3:00	Long Jump - Pent	M/F
12:40	100mH M- U16 33"		Prelims	4:00	High Jump	Female
12:50	110mH M- U18 36"		Prelims	4:00	Long Jump	Male
12:55	110mH M – U20 39"		Prelims	4:15	Shot Put	Female
13:00	110mH M – Open 42"		Prelims	5:30	Javelin	Male
13:05	80mH F/M – U14 30"		Finals	1:00	Seated Shot Put	M/F
13:15	80mH F – U16 30"		Finals	2:00	Seated Discus/Club	M/F
13:20	100mH F – U18 30"		Finals	3:00	Seated Javelin	M/F
13:25	100mH F – U20, Open 33"		Finals			
13:30	100mH M- U16 33"		Finals			
13:35	110mH M- U18 36"		Finals			
13:40	110mH M – U20 – 39"		Finals			
13:45	110mH M – Open 42"		Finals			
14:00	300m F – U16		Finals			
14:10	300m M - U16		Finals			
14:20	400m F U18-20,Open, Mas.		Finals			
14:40	400m M U18-20,Open, Mas.		Finals			
15:00	100m F – All		Prelims			
15:25	100m M – All		Prelims			
15:50	Track Break					
16:30	200m - F-Hept		Multi			
16:40	1000m - M-Pent		Multi			
16:45	800m - F-Pent		Multi			
16:55	1500m F- U18-20, Open, Mas		Finals			
17:10	1500m M- U18-20, Open, Mas		Finals			
17:25	1200m F - U14-16		Finals			
17:35	1200m M - U14-16		Finals			
17:45	80m F/M – U14	No Blocks	Finals			
17:50	100m F – U16		Finals			
17:55	100m F - U18		Finals			
18:00	100m F - U20, Open, Mas		Finals			
18:05	100m M – U16		Finals			
18:10	100m M – U18		Finals			
18:20	100m M - U20, Open, Mas		Finals			

Sunday July 12th - Beazley Field

Time	Track	Note	Round	Field Events		
10:00	1500m SC – M/F U16	No water	Finals	10:00	Javelin	Female
10:10	1500m SC – M/F U16	No water	Finals	10:30	Long Jump - Hep	Female
10:20	2000m SC-F- U18		Finals	11:30	Triple Jump	Male
10:30	3000m SC-F- U20, Open ,Mas		Finals	11:30	Javelin - Hep	Female
10:45	2000m SC-M- U18		Finals	12:15	Discus	Male
11:00	3000m SC-M- U20,Open,Mas		Finals	1:30	Triple Jump	Female
11:15	5000m Mixed & 3000m RW		Finals	1:45	Discus	Female
11:35	60m F/M Tetrathlon (1)	No Blocks	Multi			
11:40	200m F- U16-20, Open, Mas		Prelims	12:15	Long Jump - Tetrathlon	M/F
12:00	200m M – U16-20, Open, Mas		Prelims	1:15	Shot Put - Tetrathlon	M/F
12:20	3000m F – All		Finals			
12:35	3000m M - All		Finals			
12:50	800m F – Hept(7)		Multi			
13:00	2000m F – U16		Finals			
13:10	2000m M – U16		Finals			
13:20	Track Break					
14:00	600m - Tetrathlon (4)		Multi			
14:10	200m F – U16		Finals			
14:15	200m F – U18		Finals			
14:20	200m F – U20, Open, Mas		Finals			
14:30	200m M – U16		Finals			
14:35	200m M – U18		Finals			
14:40	200m M – U20, Open, Mas		Finals			
14:50	150m F – U14	No Blocks	Finals			
14:55	150m M – U14	No Blocks	Finals			
15:05	800m F – All		Finals			
15:20	800m M- All		Finals			
15:35	200mh F – U14-16 30"		Finals			
15:40	200mh M – U14-16 30"		Finals			
15:50	400mh F - U18, U20, Open. 30"		Finals			
16:05	400mh M - U18 33"		Finals			
16:15	400mh M- U20, Open 36"		Finals			