

FINAL Competition Schedule

Legion U16 & U18, Ontario Summer Games U14 & U16, and Open Meet U10, U12, U20

Belleville, June 13th, 2026

Rev: June 11th, 2026

Saturday June 13th, 2026
Sections will be run Slow to Fast

| Time | Event | Round | Gender | Age Group | Heats | |
|--------------------|---------------------------|-------|------------|-----------|-------|----------------------------------|
| 9:00 | 200mH (30") | Timed | Girls/Boys | U14 | 2 | U14G (5), U14 B (2) |
| 9:05 | 200mH (30") | Timed | Girls/Boys | U16 | 2 | U16G (6), U16 B (3) |
| 9:15 | 400mH (30") | Timed | Girls | U18 | 1 | U18G (5) |
| 9:20 | 400mH (33") | Timed | Boys | U18 | 1 | U18B (6) |
| 9:30 | 1500mSC (30" No | Timed | Boys | U16 | 1 | U16B (3) |
| 9:40 | 2000mSC (30") | Timed | Girls | U18 | 1 | U18G (2) |
| 9:50 | 2000mSC (33") | Timed | Boys | U18 | 1 | U18B (4) |
| 10:00a | Opening Ceremonies | | | | | |
| 10:20 | 80m | Timed | Boys | U10 | 1 | U10G (1) U10B (5) |
| 10:25 | 80m | Timed | Girls | U10/U12 | 2 | U10G (1) U12G (12) U12B (5) |
| 10:30 | 80m | Timed | Boys | U12 | 1 | U12B (5) |
| 10:35 | 80m | Timed | Girls/Boys | U14 | 3 | U14G (13) U14B (7) |
| 10:45 | 100m | Timed | Girls/Boys | U16 | 5 | U16G (21) U16B (11) |
| 11:15 | 100m | Timed | Girls/Boys | U18/U20 | 3 | U18G (8) U18B (10) U20B (1) |
| 11:30 | 1200m | Timed | Girls/Boys | U12 | 1 | U12G (3) U12B (2) |
| 11:35 | 1200m | Timed | Girls/Boys | U14 | 2 | U14G (7) U14B (6) |
| 11:45 | 1200m | Timed | Girls/Boys | U16 | 2 | U16G (4) U16B (6) |
| 11:55 | 1500m | Timed | Girls/Boys | U18 | 2 | U18G (5) U18B (11) |
| 12:05 | 300m | Timed | Girls/Boys | U10/U12 | 2 | U10G (1) U12G (6), U10B (1) U12B |
| 12:10 | 300m | Timed | Girls/Boys | U14 | 3 | U14G (14) U14B (5) |
| 12:15 | 300m | Timed | Girls/Boys | U16 | 3 | U16G (10) U16B (5) |
| 12:20 | 400m | Timed | Girls | U18 | 1 | U18G (8) |
| 12:25 | 400m | Timed | Boys | U18/U20 | 2 | U18B (10) U20B (1) |
| Track Break | | | | | | |
| 12:30 | 80mH (30") | Timed | Girls/Boys | U14 | 2 | U14G (5), U14 B (2) |
| 12:40 | 80mH (30") | Timed | Girls | U16 | 1 | U16G (5) |
| 12:50 | 100mH (30") | Timed | Girls | U18 | 1 | U18G (4) |
| 1:00 | 100mH (33") | Timed | Boys | U16 | 1 | U16B (5) |
| 1:10 | 110mH (36") | Timed | Boys | U18 | 1 | U18B (6) |
| 1:20 | 800m | Timed | Girls/Boys | U12 | 2 | U12G (6) U12B (4) |
| 1:40 | 800m | Timed | Girls/Boys | U14 | 2 | U14G (9) U14B (4) |
| 1:50 | 800m | Timed | Girls/Boys | U16 | 2 | U16G (3) U16B (7) |
| 2:00 | 800m | Timed | Girls/Boys | U18/U20 | 2 | U18G (6) U18B (9) U20B (1) |
| 2:10 | 150m | Timed | Boys | U10 | 1 | U10B (5) |
| 2:15 | 150m | Timed | Girls | U10/U12 | 2 | U10G (1) U12G (12) |
| 2:20 | 150m | Timed | Boys | U12 | 3 | U12B (4) |
| 2:30 | 150m | Timed | Girls/Boys | U14 | 4 | U14G (16) U14B (10) |
| 2:45 | 200m | Timed | Girls | U16 | 3 | U16G (22) |
| 2:55 | 200m | Timed | Boys | U16 | 2 | U16B (10) |
| 3:05 | 200m | Timed | Girls | U18 | 2 | U18G (14) |
| 3:10 | 200m | Timed | Boys | U18 | 2 | U18B (13) U20B (1) |
| 3:15 | 2000m | Timed | Girls/Boys | U14 | 1 | U14G (6) U14B (4) |
| 3:30 | 2000m | Timed | Girls/Boys | U16 | 2 | U16G (3) U16B (7) |
| 3:45 | 3000m | Timed | Girls/Boys | U18 | 2 | U18G (2), U18B (8) |

Final Competition Schedule

Legion U16 & U18, Ontario Summer Games U14 & U16, and Open Meet U10, U12
Belleville, June 13th, 2026

Rev: June 11th, 2026

| Saturday, June 13, 2026 | | | | | | | | |
|-------------------------|----------------------------------|---------------------------------|----------------------------|---|---------------------------------------|--------------------------------------|---------------------------------------|--|
| Field | High Jump | Long Jump | Triple Jump | Pole Vault | Javelin | Shot Put | Discus | |
| 8:00 | | | | | | | | |
| 8:15 | | | | | | | | |
| 8:30 | Warm Up | Warm Up | | Warmup | | Warm Up | | |
| 8:45 | | | | | | | | |
| 9:00 | U14 Girls / U14 Boys (2) | U16 (8) & U18 (4) Boys | | U16/U18 Girls / Boys Flight 1 Seeds + 3.01m Hudson, Trent, Griffin Charlee | | U16 & U18 Girls (4 total) | | |
| 9:15 | | | | | | | | |
| 9:30 | | | Warm Up | | | | | |
| 9:45 | | | | | | | | |
| 10:00 | | | | | | | | |
| 10:15 | | | | | | Warm Up | | |
| 10:30 | | | | | | | | |
| 10:45 | | Warm Up | U16 (8) & U18 (4) Girls | | | | | |
| 11:00 | | | | | | U18 & U20 Boys (6 total) | | |
| 11:00 | | | | | | | | |
| 11:15 | Warm Up | | | | | | | |
| 11:30 | | U16 Girls (13) | | Warmup | | | | |
| 11:45 | | | | | | | | |
| 12:00 | | | | | | | | |
| 12:15 | U16 Boys (2) | | | | | | | |
| 12:30 | | Warm Up | | | | | | |
| 12:45 | | Warm Up | | | Warm Up | | Warm Up | |
| 1:00 | | | | U16/U18 Girls / Boys Flight 1 Seeds < 3.0m. Joseph, Ella, Anabelle, Isla, Sophia, Marissa | | | | |
| 1:15 | | | | | | U14 & U16 & U18 Boys (8 Total) | | U14 & U16 & U18 Girls. (3 Total) |
| 1:30 | | | U16 (3) & U18 (6) Boys | | | | | |
| 1:45 | | U18 Girls (6) | | | | | | |
| 2:00 | Warm Up | | | | | | | |
| 2:15 | | | | | | | | |
| 2:30 | | | | | | | Warm Up | |
| 2:45 | U16 Girls (6) & U18 (4) Girls | Warm Up | | | Warm Up | | | |
| 3:00 | | | | | | | | |
| 3:15 | | | | | | | | |
| 3:30 | | | | | | | | |
| 3:45 | | U14 Girls (8) & U14 (3) Boys | | | U14 & U16 & U18 Girls (3 Total) | | U14 & U16 & U18 Boys (10 Total) | |
| 4:00 | | | | | | | | |
| 4:15 | | | | | | | | |
| 4:30 | | | | | | | | |
| 4:45 | | | | | | | | |

Source PDF