

Northern Nova Twilight 1 Schedule (<i>draft</i>)							
July 16th, 2026 @ Pioneer Coal Athletics Field							
Track Events	Gender	Time	# of Heats		Field Events	Gender	Time
60m (Tetra)	U14 F	4:00			Hammer	All	4:00
60m (Tetra)	U14 M	4:10			Triple Jump	All	4:30
200m	Open F	4:25			Long Jump (Tetra)	U14	4:45
200m	Open M	4:45			Javelin	All	5:00
1500m	Open F	5:10			High Jump	All	5:30
1500m	Open M	5:25			Shot Put (Tetra)	U14	5:30
1500m SC 30"	U16 F/M	5:45			Discus	All	6:00
2000m SC 30"/33"	U18/20F, U18M	6:05					
3000m SC 30"/33"	Open F/U18M	6:25			Long Jump	All	6:30
400m	Open F	6:50			Shot Put	All	7:00
400m	Open M	7:00			 PICTOU COUNTY ATHLETICS		
600m (Tetra)	U14 F	7:10					
600m (Tetra)	U14 M	7:20					
5000m	Open M/F	7:30					