



2026 Sherwood Park Track Classic

July 3-5, 2026 ▪ Strathcona Athletic Park, Sherwood Park

Hosted By:

The Sherwood Park Track Classic Organizing Committee

Which is composed of members from the community of Sherwood Park and Capital City Track Club.

Sanctioned by: Athletics Alberta

Location & Facility

Location:	Strathcona Athletic Park 1100 Clover Bar Road, Sherwood Park, AB <i>(Site of the 2007 Western Canada Summer Games and the 1987 & 2026 Alberta Summer Games; Adjacent to Bev Facey Community High School)</i>
Facility Specs:	8 lane Versaturf track (recommended maximum spike length is 7mm for track); Versaturf runways for all jumps and javelin; Cement circles for shot put, discus, & hammer
Photo Timing System:	Finish Lynx

Meet Enquiries

If you have any questions or inquiries to the Sherwood Park Track Classic, please contact meetdirector@capitalcitytrackclub.ca or by phone Ciera Wolf (780) 278-1674 or Rob Fisher at (780) 975-2847.

Local Hotels

- There are many local options for hotels, please see our meet website for more information.
- www.sherwoodparktrackclassic.ca

Registration Package

Registration packages will be available at the Technical Information Centre beginning at 3:00pm on Friday, July 3rd, 2026.

Entry Deadline

- Entries must be received by **Sunday, June 28th at 12:00pm (noon)**.
- Entries submitted after Sunday June 28th will be charged double.
- Scratches after **Tuesday, June 30th at 12:00pm (noon)** will still be charged.
- Entries outside of the Trackie Reg system for Canadian competitors will not be accepted.

Entry Fees

Individual Events	Entry Fee:	\$35.00
U14	Entry Fee:	\$20.00 per event
U10 & U12	Entry Fee:	\$15.00 per event
Relays	Entry Fee:	\$40.00 Per Team

- Trackie Reg is the only method of entry: <https://www.trackie.com/event/2026SPTC>
- **All seeds must be verifiable in the Athletics Canada or World Athletics rankings for championship events and the HOC reserves the right to adjust seeds, including issuing no seed, for athletes without verifiable performances.**
- Payment of entry fees must be made before competition numbers will be released.
- **Final Meet Schedule will be available on the Sherwood Park Track Classic website by Wednesday July 1st, 2026.**

Eligibility

- All athletes entering the Alberta Provincial Championships must be registered members of Athletics Alberta.
- Out of province athletes must be registered with their respective Provincial Athletics Association.
- Day of the Meet membership is not available, please contact Athletics Alberta for more information on membership options.

Age categories offered:

U10 – born 2017 or later, *U12* – born 2015-2016, *U14* – born 2013-2014, *U16* – born 2011-2012, *U18* – born 2009-2010, *U20* – born 2007-2008, *Senior* – born 1992-2006, *Open* – born 1992-2008, *Masters* – Born 1990 or earlier (age calculated day of the meet) U20 and Sr will be combined into Open unless otherwise stated on Trackie.

U10, U12, & U14 Multi event format:

Boys and Girls U10 Saturday: 60m, Long Jump, 150m
Boys and Girls U10 Sunday: 100m, Shot Put, 600m
Boys and Girls U12 Saturday: 80m, Long Jump, Shot Put, 150m
Boys and Girls U12 Sunday: 100m, High Jump, Javelin Throw, 600m
Boys and Girls U14 Saturday: 80m Hurdles, High Jump, Javelin Throw, 200m
Boys and Girls U14 Sunday: 100m, Long Jump, Shot Put, 800m

Modified Rules for U10, U12, & U14 Long Jump

U10 & U12 athletes will have a 1m take-off area and the officials will judge the take-off spot accordingly and measure. U14 will use a regular take off board.
For the competition, all jumpers will have 3 attempts.

Modified Rules for U12 & U14 High Jump

Three successive failures will eliminate the jumper from further competition.

U12: Starting height of 0.70m, increments of 10cm until a height of 1.00m, increments of 5cm thereafter until 3 remain.

U14: Starting height of 0.90m, increments of 10cm until a height of 1.20m, increments of 5cm thereafter until 3 remain.

Modified Rules for U10, U12, U14 Throws

Each competitor will only receive 3 attempts for all throwing events.

Paralympic, Paralympic Wheelchair, Paralympic Seated

Events available upon request. Common requests are already included in the registration site options. Please contact the meet director for additional event availability.

Awards

- All medals will be awarded at medal ceremonies as soon as results are available.
- U16, U18, U20, Senior, Master, and Open will receive meet medals for top 3 finishers.
- For U10, U12 & U14 age categories, all athletes will receive certificates with name, results, and final placing listed, top 3 total point scorers for each day will receive meet medals.
- Any athlete who breaks a Sherwood Park Track Classic Meet Record will receive a free Record Breaker T Shirt. Limit of one T-shirt per athlete per year while supplies last.

Marshalling Procedure – Please Make Note of Check in Times!

- For track events athletes must check in at the marshalling table **45 minutes** before scheduled start time.
- At this time heats and sections may be reduced or combined based upon checked in athletes.
- Track athletes will meet the start line marshal **10 minutes** before scheduled start time at their events start line.
- For field events athletes will check in at the event site at least **20 minutes** before scheduled event start time.

Relay Requirements

- Names of relay members must appear on the start list in the correct running order.
- You have until 1 hour before the scheduled start of the relay to correct or change the names on the start list.
- Please submit changes to photo finish / results directly using the forms provided in your team package.
- If the names appear correctly on the start list, no need to submit a relay form, only check in at the marshalling table is required.

Equipment

- Starting blocks will be provided and must be utilized for all events of 400m or less (with the exception that starting blocks will not be used by the U10s, U12s & U14s and are optional for Masters only events).
- Throwing implements will be provided. Pole-vaulters must provide personal poles and vault will have a minimum starting height of 2.15m
- Personal implements must be certified by the equipment manager (provided by the organizing committee) before they will be permitted for use during the competition. This may be done at the equipment shed up until **1 hour** before the scheduled start time of their event.

Note for Masters Entries

- As per Athletics Alberta Masters Policy, there will be 4 age categories for all Masters events if entry numbers warrant separate competitions..
They are: 35-49, 50-64, 65-79, and 80+
- Exceptions are for hurdles and throwing events where the WMA specifications alter these age groups. Where possible we will maintain the 15-year Athletic Alberta age categories, otherwise please reference the WMA specifications to find your age grouping by hurdle or throwing implement spec.
- <https://world-masters-athletics.org/wp-content/uploads/2024/09/WMA-Competition-and-Technical-Rules-2025.pdf>

General Meet Purpose

The Sherwood Park Track Classic is a meet where we will make every effort to support all athletes have the opportunity to perform their best. With non championship events every effort will be made for all athletes to have equal and fair opportunities in all rounds of their events, particularly when there are schedule conflicts.

2026 Sherwood Park Track Classic – Events Offered

Event	Masters Women	Masters Men	Senior Women	Senior Men	U20 Women	U20 Men	U18 Girls	U18 Boys	U16 Girls	U16 Boys	U14 Girls	U14 Boys	U12 Girls	U12 Boys	U10 Girls	U10 Boys
60m															✓	✓
80m													✓	✓		
100m *	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
150m													✓	✓	✓	✓
200m *	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓				
300m									✓	✓						
400m	✓	✓	✓	✓	✓	✓	✓	✓								
600m													✓	✓	✓	✓
800m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓				
1200m									✓	✓						
1500m	✓	✓	✓	✓	✓	✓	✓	✓								
2000m									✓	✓						
3000m	✓	✓					✓	✓								
5000m			✓	✓	✓	✓										
Sprint Hurdles *	✓ ACS	✓ ACS	✓ 100m	✓ 110m	✓ 100m	✓ 110m	✓ 100m	✓ 110m	✓ 80m	✓ 100m	✓ 80m	✓ 80m				
Intermediate Hurdles	✓ ACS	✓ ACS	✓ 400m	✓ 400m	✓ 400m	✓ 400m	✓ 400m	✓ 400m	✓ 200m	✓ 200m						
Steeplechase	✓ ACS	✓ ACS	✓ 3000m	✓ 3000m	✓ 3000m	✓ 3000m	✓ 2000m	✓ 2000m	✓ 1500m	✓ 1500m						
Race Walk	✓ 3000m	✓ 3000m	✓ 3000m	✓ 3000m	✓ 3000m	✓ 3000m	✓ 3000m	✓ 3000m	✓ 1500m	✓ 1500m						
High Jump	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		
Pole Vault	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓						
Long Jump	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Triple Jump	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓						
Shot Put	✓ ACS	✓ ACS	✓ 4kg	✓ 7.26kg	✓ 4kg	✓ 6kg	✓ 3kg	✓ 5kg	✓ 3kg	✓ 4kg	✓ 3kg	✓ 3kg	✓ 2kg	✓ 2kg	✓ 2kg	✓ 2kg
Javelin	✓ ACS	✓ ACS	✓ 600g	✓ 800g	✓ 600g	✓ 800g	✓ 500g	✓ 700g	✓ 500g	✓ 600g	✓ 400g	✓ 400g	✓ 400g	✓ 400g		
Discus	✓ ACS	✓ ACS	✓ 1kg	✓ 2kg	✓ 1kg	✓ 1.75kg	✓ 1kg	✓ 1.5kg	✓ 1kg	✓ 1kg						
Hammer	✓ ACS	✓ ACS	✓ 4kg	✓ 7.26kg	✓ 4kg	✓ 6kg	✓ 3kg	✓ 5kg	✓ 3kg	✓ 4kg						
Combined Events																
4x100m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
4x400m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓						
4x400m Mixed			✓	✓	✓	✓	✓	✓	✓	✓						
4x800m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓						
											Sat Events	Sun Events	Sat Events	Sun Events	Sat Events	Sun Events

*** Note: A/B finals will be run where possible and if there are less than 8 entries athletes should be prepared to still run a heat and a final for these events if time permits. Does not apply to U10, U12, U14 or Master Events.**

Rules in Effect

For clarity, the following World Athletics rules are in effect for this meet.

- **Failure to participate:** At all competitions under paragraphs 1.1, 1.2, 1.3 and 1.6 of the International Competition definition, an athlete shall be excluded from participation in all further events (including other events in which they are simultaneously participating) in the competition, including relays, in cases where:
 - An athlete qualified in any Qualification Round of an event for further participation in that event but then failed to participate further. If advertised in the published final schedule, B finals also fall under this rule. B finals added on the day will not be subject to failure to advance disqualification.
 - An athlete failed to compete honestly with bona fide effort. The relevant Referee will decide on this, and the corresponding reference must be made in the official results.
- All competition shoes must be approved by World Athletics
 - You are encouraged to reference the World Athletics Shoe Compliance List for your competition shoe / spike compliance.

Tentative Track Schedule

- **Please note:** all events run 'youngest to oldest' – 'female then male' unless otherwise specified.
- Para events will be contested at the same time as the other sections unless otherwise stated.
- All session start & end times are approximate and may shift once final entry numbers are known.

Friday July 3rd Afternoon Session	Saturday, July 4th Morning Session	Sunday, July 5th Morning Session
5:30pm 300m U16	9:00am 800m Para Special CE	9:00am 100m U14, U12, U10
400m U18, U20, Sr, Master	60m U10	2000m U16
1200m U16	80m U12	3000m U18, Master
1500m U18, U20, Sr, Master	Sprint Hurdle Heats	5000m U20, Senior
1500m RW U16	1500m Steeplechase U16	800m Timed Finals
3000m RW U18, U20, Sr, Mas	2000m Steeplechase U18	200m Heats
4x400m Mixed Relay Finals	3000m Steeplechase U20, Sr	
8:30pm End of Competition	80m Hurdles U14	
	Sprint Hurdle Finals	
	Afternoon session	Afternoon session
	1:30pm 100m Heats	1:00pm 200m H U16
	150m U10, U12	400m H U18, U20, Sr
	200m U14	600m U10, U12
	100m Para Special CE	800m U14
	100m Finals	200m Finals
	4x800m Relay Finals	4x400m Relay Finals
	4x100m Relay Finals	5:00pm End of Competition
	6:30pm End of Competition	

- Para events will be contested at the same time as the other sections except for seated throws, unless otherwise stated.
- All Para Seated throws will be Saturday afternoon unless entry numbers require us to expand to Sunday.
- All session start & end times are approximate and may shift once final entry numbers are known.

Friday, July 3 rd Afternoon Session		Saturday, July 4 th Morning Session		Sunday, July 5 th Morning Session	
	Long Jump U18, U20, Sr		U10 Long Jump		U10 Shot Put
	High Jump U16, Master		U12 Long Jump		U12 High Jump
	Discus Women		U12 Shot Put		U12 Javelin Throw
	Shot Put U16, Masters		U14 High Jump		U14 Long Jump
			U14 Javelin Throw		U14 Shot Put
			Triple Jump		Pole Vault Men
			Hammer Throw		Long Jump U16, Masters
			Shot Put Para Special CE		Discus Men
			Shot Put Men		Shot Put Women U18, U20, Sr
			Javelin Women		Javelin Men
			High Jump Men U18, U20, Sr		
		Afternoon session		Afternoon session	
			Pole Vault Women		Pole Vault Men
			Hammer Throw		Shot Put Women U18, U20, Sr
			Shot Put Men		Discus Men
			Javelin Women		Javelin Men
			Triple Jump		Long Jump U16, Masters
			High Jump Men		High Jump Women
			Seated Throws		

The age categories for field events will be filled in once numbers of participants and officials are known and may be combined with other age groups. If numbers become too large for single days of competition for each field event, then some events may be expanded to other days.