

2026 Future Stars Middle Distance Athletics Camp

For Provincial Level Athletes - Ages 12 to 18 years

PROGRAM: Future Stars® Middle Distance Athletics Camps will provide young athletes with the unique opportunity to learn new skills and tactics from an Olympic Silver Medalist. The program is designed to provide both 800 & 1500m runners with a holistic approach to running specifically tailored middle distance workouts. In addition, the athletes will learn some key factors on how to deal with the pressures that they will face throughout their career. It is our goal that each participant has an enjoyable experience and reaches their fullest potential.

DIRECTOR: Marco Arop

- 2024 Olympic Silver Medalist
- 2023 World Champion
- 2019 Pan American Games Champion

LOCATION: Toronto Track and Field Center

231 Ian MacDonald Blvd, North York, ON L4K 3C8

SESSION: Sep. 19 & 20, 2026 – Sat & Sun 9:00 a.m. to 3:30 pm
(Total 8.0 hrs on Track, 2.0 hrs Fitness, 2.0 hrs Lecture)

COST: Priority Registration (Expression of interest) – \$29.90+ HST
Regular Extended Deadline (Sep 12th– \$299+ HST)
Includes the full training program, and Future Stars t-shirt.
Enrollment is limited to 30 participants. Athletes must be a member of Athletics Ontario to take part in the camp for insurance purposes. If you are not a club member of Athletics Ontario, then contact headcoach@athletic-victory.ca for information on how to proceed.

REFUND POLICY: The \$29.90 Priority Registration (expression of interest fee) is refundable only if the event is cancelled by the organizers, for example due to insufficient participation. If an athlete is invited to complete registration and chooses not to proceed, the Priority registration Expression of Interest Fee is non-refundable as it covers administrative costs.

Full registrations are non-refundable unless a suitable replacement athlete can be found and accepted into the event. Future Stars® and Athletic Victory Speed Club reserve the right to administer registrations, manage waiting lists, approve participation, and make reasonable modifications to registration procedures in the best interests of the event and its participants.

FURTHER INFORMATION:

2026 Future Stars Athletics Camps

<https://www.futurestarssport.ca>

Hosted by Athletic Victory Speed Club

headcoach@athletic-victory.ca

info@athletic-victory.ca

Future Stars Athletic Camps QR code:



Related Events Brochure With Director Marco Arop:

