



## Track and Field Fun Fest

**Date:** Saturday, June 20th, 2026

**Location:** Terry Fox Athletic Facility (2960 Riverside Drive)

**Meet Entry:** <https://www.trackie.com/event/2026BellStartingLineTFFunFest>

**Entry Deadline:** June 18th, 2026 @ 11:59pm (Midnight) – or Max 250 entries

**Entry Fee:** FREE!

**Age Categories:** **U9** (2018-2020), **U11** (2016-2017), **U13** (2014-2015), **U15** (2012-2013)

**Events:** Mini Pentathlon (Long Jump, 60m Hurdles, 100m, 400m, Shot put)

**Contact:** tnedow@ottawalions.com

### Schedule

Time	Event	Age Group
1:45pm	Meet in West Field	All
2:00pm	Warm-Up	All
2:15pm	Long Jump Shot put	U9, U11 U13, U15
2:40pm	60m Hurdles	All
3:00pm	100m	All
3:15pm	400m	All
3:30pm	Shot put Long Jump	U9, U11 U13, U15
4:00pm	Olympian Q&A, Meet & Greet, and Signing Table	All
5:00pm	Wrap-Up	



- All athletes registered in the pentathlon will compete in all 5 events
- Long jump and Shot put will be 2-3 attempts per athlete depending on time
- All athletes will move through their events together in groups