

MTA OUTDOOR PREP MEET #1

Saturday May 30, 2026

(Rolling Schedule: Each event will start after the previous event)

FINAL SCHEDULE

Morning Track Session			
9:10 am	1200 m	Timed Final	Tyke Girls [1 heat] / Tyke Boys [1 heat]
9:30 am	1500 m	Timed Final	Atom Girls [1 heat] / Atom Boys [1 heat] / Senior Girls [1 heat] / Senior Boys [1 heat]
10:00 am	100 m	Timed Final	Peewee Boys [1 heat]
10:05 am	100 m	Heats	Peewee Girl [1 athlete] + Mite Girls [1 heat] / Mite Boys [2 heats] / Tyke Girls [3 heats] / Tyke Boys [2 heats] / Atom Girls [4 heats] / Atom Boys [4 heats] / Senior Girls [6 heats] / Senior Boys [4 heats] / Intermediate + Youth Girls [2 heats] / Intermediate Boys [1 heat] / Youth Boys [1 heat]
11:10 am	400 m	Timed Final	Mite Girls + Boys [1 combined heat] / Tyke Girls [2 heats] / Tyke Boys [2 heats] / Atom Girls [2 heats] / Atom Boys [3 heats] / Senior Girls [4 heats] / Senior Boys [2 heats] / Intermediate + Youth Girls [1 combined heat] / Intermediate Boys [1 heat] / Youth Boys [1 heat]

LUNCH BREAK (Approx 12:15-12:45 pm)

Afternoon Track Session			
12:50 pm	100 m	Finals	Mite Boys / Tyke Girls / Tyke Boys / Atom Girls / Atom Boys / Senior Girls / Senior Boys / Intermediate Girls
1:15 pm	3000 m	Timed Final	Open Girls + Boys [1 combined heat]
1:25 pm	800 m	Timed Final	Mite + Tyke Girls [1 combined heat] / Mike + Tyke Boys [1 combined heat] / Atom Girls [1 heat] / Atom Boys [1 heat] / Senior Girls [2 heats] / Senior Boys [2 heats]
2:00 pm	200 m	Timed Final	Mite Girls [1 heat] / Mite Boys [2 heats] / Tyke Girls [3 heats] / Tyke Boys [2 heats] / Atom Girls [5 heats] / Atom Boys [3 heats] / Senior Girls [8 heats] / Senior Boys [5 heats] / Intermediate + Youth Girls [2 heats] / Intermediate Boys [1 heat] / Youth Boys [1 heat]
3:00 pm	4x100 m Relay	Timed Final	Tyke + Atom [1 combined heat] / Senior + Intermediate [1 combined heat]

Field Events				
Time	Horizontal Jumps Pit 1	Horizontal Jumps Pit 2	Shot Put	Javelin
9:00 am		Peewee Girls [1] + Boys [5]	Mite Boys [4] / Tyke Boys [4] and Girls [1]	
9:30 am				
10:00 am		Senior + Intermediate Boys [4 + 1] / Intermediate Girls [1] + Youth Girls [1]	Atom Boys [5] and Girls [3]	
10:30 am				
11:00 am		Senior Girls [18] / WILL USE TWO PITS IF POSSIBLE	Senior Boys [2] and Girls [8]	
11:30 am				
12:00 pm	Atom Boys [14]	Atom Girls [11]		
12:30 pm				All Boys [4] + All Girls [3]
1:00 pm				
1:30 pm	Mite [8] + Tyke Boys [4]	Mite [3] + Tyke Girls [6]		
2:00 pm				
2:30 pm				