



2026 West Kootenay Legion Meet - Zone 1

Hosted by the Trail Track and Field Club Sanctioned by BC Athletics

Saturday, May 30th, 2026

Location:

Hayley Park on Bingay Rd, Trail, BC (See pg. 3 for driving directions).

Facility:

Track: 8 lanes, 400m oval, rubberized surface, fully automatic FinishLynx electronic timing. Complete jumps and throws areas. Bathrooms available. A concession will be available.

Meet Director:

Erin Sheppard: Ph: 250-231-3447 e-mail: trailtrackclub@gmail.com

Meet Equipment Organizer:

Angela Jack: Ph: 250- 687-4613 e-mail: ttfcoaching@gmail.com

Eligible Athletes:

- 2026 BC Athletics Annual Athlete members or equivalent from another Prov/Terr, or National Athletics Federation.
- **“Day of Event” School Club Members: This is only eligible to athletes attending elementary, middle or high school who are not members of BC Athletics – can purchase “Day of Event” School Club Membership insurance for \$5.00**

Entry Fees:

- JD athletes (9-13 in 2026) - \$15.00/event for the first event and then \$8/event for subsequent events.
- U16 and older athletes - \$20/event for the first event and then \$10.00/event.
- All athletes must pay a \$5 Officials Fee.

- **Late entries after May 22nd will be charged a raised fee, and are not guaranteed correct seeding.**

Registration & Entries:

Entries Chairperson:

Erin Sheppard: Ph: 250-231-3447 email: trailtrackclub@gmail.com

All entries must be submitted to Erin by the following method:

Online Form – Online at the TrackieReg website: <https://www.trackie.com/event/west-kootenay-legion-meet/1036862/>

****ENTRY DEADLINE**:** 11:59 pm, Friday, May 22, 2026. All entries must be received by this time to avoid late entry fees and to ensure there is room in laned events. After this time, entries must be done at the meet registration, room permitting in any event.

COMPETITION RULES AND OTHER INFORMATION

REGISTRATION PACKAGES:

An assigned club official must pick up the package and distribute competitor numbers for each club. Payment must be received online before the package is released. TrackieReg registrations are paid by credit card at the time of registration. There are no refunds once registered.

COMPETITION CATEGORIES:

9 yr. old (2017), 10 yr. old (2016), 11 yr. old (2015), 12 yr. old (2014), 13 yr. old (2013), U16 (2012/11) – (*eligible for BC Summer Games selection*), U18 (2009/10), U20 (2007/8), Senior (06-92), Master (35-and older as of 1st day of the meet).

Master athletes must include their full birth date in registration.

Competition numbers are for the whole meet. Replacement numbers will have a fee charged for each number that must be replaced

AWARDS: (for finals events)

Ribbons will be awarded to 1st-6th place. No medals will be awarded in this meet. **Awards must be picked up at meet and will be available approximately 30 minutes after the event ends. No mail-outs.** *Please be kind to those at the award table, remember we are all volunteers.*

MARSHALLING:

Check-in for all track events is at the event start line area. Check-in for all field events is at the event site. All athletes must check-in a minimum of 15 minutes prior to the scheduled start time.

COMPETITION NUMBERS:

Competition numbers must be worn on the front for all events.

IMPLEMENTS:

All implements will be supplied by the meet organizers. Athletes may use their own implements which must meet WA (World Athletics) standards. They must be weighed-in and measured at least 45 minutes prior to competition start. The weigh-in station will be located at the club storage building near the discus and shot put area.

SPIKE LENGTH:

The maximum spike length allowed is 7mm (9/32") for all events except high jump and javelin. Maximum 7mm (23/64") for high jump and javelin.

ORDER OF EVENTS:

All track events will be run youngest to oldest and slowest to fastest heats, females then males. All track events are timed finals.

ATHLETES WITH CONFLICTING EVENTS:

Track events will go as scheduled. Athletes must notify the officials at all events which are in conflict. Athletes in field events **will forego their attempt in a round** if the round has been completed before they return. Please listen to announcements for any time changes of events.

TRACK EVENTS

All events will run as timed finals at the finals time. Heats will be consolidated where possible. Events will be running on time, no running events will be early at this meet.

QUALIFYING FOR FINALS

Field Events: Athletes 14 yrs. old and older who finish in the top 8 after three rounds will advance to the final and receive another 3 attempts. Athletes 9-13 years of age will all receive three attempts as per BC Athletics JD policy. **Track Events:** **Coaches/athletes are expected to submit current electronic seed times for track events when registering for events**

to ensure correct seeding. Those athletes without a seed time will be seeded in slower heats and sections.

Track Events: All events will be timed finals. See schedule. **Coaches/athletes are expected to submit current electronic seed times for track events when registering for events to ensure correct seeding.**

COMPETITIVE ATTIRE:

All athletes are required to wear their club uniform or other prescribed uniform if not a member of a club. In the event an athlete does not have a prescribed uniform, athletes are to wear athletic clothing.

PROTESTS

“Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the results of that event.” (TR8) Result postings should be time stamped, and that time is considered the beginning of the 30-minute period. The Protest is made orally to the relevant Referee, e.g. the Field Referee for the Field event, or the Track Referee for the Track event. A protest concerning a false start shall be made to the Track Referee, or (if there is one) the Start Referee.

Only an athlete, or his/her representative may make a protest. The athlete must have been affected by the decision or result of the event. The protestor may contact the relevant Referee through the Meet Director or Technical Information Centre (if there is one) if the Referee is not immediately available. No deposit is required for a PROTEST.

The Referee should record his/her decision and the reasons for that decision on the Protest and Appeal Form. This completed form is posted with the time and date of posting indicated. Once posted, any athlete affected has 30 minutes to lodge a protest concerning this decision.

Appeals to the Jury

The original protestor, or anyone else affected by the Referee’s decision has the right to make an APPEAL TO THE JURY regarding the Referee’s decision, within 30 minutes of the official announcement of that decision. An APPEAL TO THE JURY shall be in writing, and should cite the relevant Rule number. A \$50 deposit shall accompany an APPEAL TO THE JURY. The deposit will be refunded if the Appeal is successful. The deposit will not be refunded if the Appeal is denied.

JURY OF APPEAL:

A jury of appeal consisting of three competent and qualified persons will be available for decisions arising from protests. All decisions are final.

MEDICAL:

Greendwood Fire Department

PHYSIOTHERAPY:

Elite Physio

CONCESSION:

There will be a concession available during the meet.

GOOGLE MAP DIRECTIONS TO HALEY PARK

Follow this link: <https://maps.app.goo.gl/Bu5YmFdEP6oJL7va9>

TRACK & FIELD