Northern Nova Twilight 1 Schedule (*draft)*

July 16th, 2026 @ Pioneer Coal Athletics Field

Track Events	Gender	Time	# of Heats
60m (Tetra)	U14 F	4:00	
60m (Tetra)	U14 M	4:10	
1500m	Open F	4:25	
1500m	Open M	4:35	
200m	Open F	4:50	
200m	Open M	5:10	
1500m SC 30"	U16 F/M	5:25	
3000m SC 30"/33"	Open F/U18M	5:45	
400m	Open F	6:05	
400m	Open M	6:20	
600m (Tetra)	U14 F	6:45	
600m (Tetra)	U14 M	6:55	
5000m	Open M/F	7:10	

Field Events	Gender	Time
Hammer	All	4:00
Triple Jump	All	4:30
Long Jump (Tetra)	U14	4:45
Javelin	All	5:00
High Jump	All	5:30
Shot Put (Tetra)	U14	5:30
Discus	All	6:00
Long Jump	All	6:30
Shot Put	All	7:00

PICTOU COUNTY ATHLETICS