

## SSNS Highland Regional Track &amp; Field Championships 2026

2026-05-22 to 2026-05-23

## Results

**Event 1 Girls 80 Meter Hurdles 30" Junior**

Regional: 12.11 2016-06-03 Sierra Sweeney

Name	School	Finals
<b>Finals</b>		
1 #111 Sophia Brown	Cape Breton	14.68
2 #38 Jessie Beaton	Bayview Educ	16.11
3 #134 Madelyn Vallis	Cape Breton	16.88
4 #580 Bonnie MacLennan	Whycocomagh	16.95
5 #512 Quinn Fougere	Tamarac Educ	17.09
5 #47 Autumn MacIsaac	Bayview Educ	17.09

**Event 2 Girls 80 Meter Hurdles 30" Intermediate**

Regional: 12.12 2023-06-12 Maryn Smith

Name	School	Finals
<b>Finals</b>		
1 #132 Anna Sigvaldason	Cape Breton	15.68
2 #20 Rachel Murphy	Baddeck Acad	15.89
3 #189 Halle Walkins	Dalbrae Acad	16.67
4 #466 Bridgette Whitty	Strait Area	16.70
5 #455 Rohaely Grant	Strait Area	16.72

**Event 3 Girls 100 Meter Hurdles 30" Yellow Senior**

Regional: 14.40 2024-05-31 Queen Clayton

Name	School	Finals
<b>Finals</b>		
1 #396 Mattea MacKinnon	Riverview Hi	18.41
2 #462 Raya Matheson	Strait Area	19.10
3 #464 Brooke Wadden	Strait Area	19.14
4 #266 Brea Miller	Inverness Ed	19.85
5 #456 Faith Hamilton	Strait Area	20.30

**Event 4 Boys 80 Meter Hurdles 30" Junior**

Regional: 12.03 2023-06-12 Declan O'Blenis

Name	School	Finals
<b>Finals</b>		
1 #532 Chirayu Wagle	Tamarac Educ	15.48
2 #584 Carson Macneil-Vlassof	Whycocomagh	15.60
3 #526 Brody MacLean	Tamarac Educ	15.64
4 #371 Nathan MacInnis	Richmond Aca	15.78
5 #523 Anthony Emad	Tamarac Educ	15.85

**Event 5 Boys 100 Meter Hurdles 33" Yellow Intermediate**

Regional: 13.71 2025-05-30 Declan O'Blenis

Name	School	Finals
<b>Finals</b>		
1 #500 Lucas Holloway	sydney acade	16.48
2 #158 Hazen Parsons	Cape Breton	17.47
3 #432 Parker Reid	Riverview Hi	17.69
4 #145 Dexter Easton	Cape Breton	18.66
5 #195 Bentley Cameron	Dalbrae Acad	18.74

**Event 6 Boys 110 Meter Hurdles 36" Blue Senior**

Regional: 14.79 2024-05-31 Luke Colwell

Name	School	Finals
<b>Finals</b>		
1 #472 John Castle	Strait Area	19.30
2 #150 Nevin Ingraham-Phillips	Cape Breton	19.82
3 #433 Lachlan Stuart	Riverview Hi	20.13
4 #481 Luke Macdonnell	Strait Area	20.54
5 #476 Xabier Fernandez	Strait Area	22.30

**Event 7 Girls 400 Meter Dash Junior**

Regional: 58.99 2019-05-31 Cara MacDonald

Name	School	Finals
<b>Finals</b>		
1 #41 Madelyn Hawley	Bayview Educ	1:09.15
2 #19 Bridget Morrison	Baddeck Acad	1:09.66
3 #293 Macey Macpherson	Malcolm Munr	1:10.27
4 #44 Maggie MacDonald	Bayview Educ	1:10.32
5 #439 Margaret Liu	Sherwood Par	1:10.81

**Event 8 Boys 400 Meter Dash Junior**

Regional: 53.72 2013 Barrett Dachyshyn

Name	School	Finals
<b>Finals</b>		
1 #55 Ashton Hawley	Bayview Educ	58.70
2 #521 Jamil Dalati	Tamarac Educ	1:02.00
3 #282 Alistair Macleod	Inverness Ed	1:02.21
4 #574 Vinny Simms	Whitney Pier	1:04.18
5 #444 Dylan Dickson	Sherwood Par	1:05.40

**Event 9 Girls 400 Meter Dash Intermediate**

Regional: 57.24 2003 Jenna Martin

Name	School	Finals
<b>Finals</b>		
1 #395 Norah MacDonald	Riverview Hi	1:05.59
2 #181 Maddison MacEachern	Dalbrae Acad	1:06.16
3 #407 Lexi Saunders	Riverview Hi	1:12.48
4 #6 Kamryn Fownes	Baddeck Acad	1:12.69
5 #463 Mary Morin	Strait Area	1:14.20

**Event 10 Boys 400 Meter Dash Intermediate**

Regional: 50.87 2005 Jonathan Campbell

Name	School	Finals
<b>Finals</b>		
1 #500 Lucas Holloway	sydney acade	56.25
2 #212 Sawyer Nadasdi	Dalbrae Acad	58.39
3 #197 Carter Decoste	Dalbrae Acad	59.82
4 #503 Finn Watt	sydney acade	1:00.17
5 #428 Jackson Morrison	Riverview Hi	1:02.33



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## Event 11 Girls 400 Meter Dash Senior

Regional: 54.13 2006 Jenna Martin

Name	School	Finals
<b>Finals</b>		
1 #394 Ava MacDonald	Riverview Hi	1:05.73
2 #354 Kristen Redden	Rankin Schoo	1:16.58
3 #360 Linda Cassano	Richmond Aca	1:17.24
4 #408 Alyse Tierney	Riverview Hi	1:17.90
5 #8 Lillian Johnston	Baddeck Acad	1:28.55

## Event 12 Boys 400 Meter Dash Senior

Regional: 47.63 2025-05-30 Jacob White

Name	School	Finals
<b>Finals</b>		
1 #411 Alex Arsenaault	Riverview Hi	53.08
2 #414 Connor Daye	Riverview Hi	53.56
3 #483 Cooper MacNeil	Strait Area	55.30
4 #24 Emmett Buchanan	Baddeck Acad	56.22
5 #480 William Langdon	Strait Area	58.25

## Event 13 Girls 100 Meter Dash Junior

Regional: 12.64 2006 Nikkia Jones

Name	School	Finals
<b>Finals</b>		
1 #223 Evelyn Power	Dr. T.L. Sulliva	13.55
2 #38 Jessie Beaton	Bayview Educ	13.86
3 #289 Haven Brown	Malcolm Munr	13.97
4 #40 Avery Campbell	Bayview Educ	14.15
5 #111 Sophia Brown	Cape Breton	14.16

## Event 14 Boys 100 Meter Dash Junior

Regional: 11.56 2023-06-12 Wyatt Thurston

Name	School	Finals
<b>Finals</b>		
1 #55 Ashton Hawley	Bayview Educ	12.22
2 #521 Jamil Dalati	Tamarac Educ	12.68
3 #307 Kenzie Lahey	Malcolm Munr	12.70
4 #284 Nole Romard	Inverness Ed	12.98
5 #341 Matthew MacKinnon	Oceanview Ed	13.01

## Event 15 Girls 100 Meter Dash Intermediate

Regional: 12.33 2007 Marissa Wolter

Name	School	Finals
<b>Finals</b>		
1 #461 Kaelyn Macleod	Strait Area	13.68
2 #457 Rebecca Keefe	Strait Area	13.71
3 #188 Scotia Van Den Heuval	Dalbrae Acad	13.77
4 #454 Sophie Fougere	Strait Area	13.88
5 #383 Sophia Best	Riverview Hi	14.16

## Event 16 Boys 100 Meter Dash Intermediate

Regional: 10.50 1998 Patrick Benjamin (hand)

Name	School	Finals
<b>Finals</b>		
1 #500 Lucas Holloway	sydney acad	11.53
2 #412 Elijah Best	Riverview Hi	11.57
3 #321 Charles Horne	Memorial Hig	11.99
4 #195 Bentley Cameron	Dalbrae Acad	12.31
5 #503 Finn Watt	sydney acad	12.68

## Event 17 Girls 100 Meter Dash Senior

Regional: 11.91 2006 Jenna Martin

Name	School	Finals
<b>Finals</b>		
1 #394 Ava MacDonald	Riverview Hi	12.60
2 #382 Ella Barry	Riverview Hi	12.82
3 #410 Maggie Williams	Riverview Hi	13.32
4 #460 Ella MacIntyre	Strait Area	13.80
5 #266 Brea Miller	Inverness Ed	14.12

## Event 18 Boys 100 Meter Dash Senior

Regional: 10.69 2009 Kyu-Won Cho

Name	School	Finals
<b>Finals</b>		
1 #207 Hunter MacDonald	Dalbrae Acad	11.62
2 #208 Kieran MacDonald	Dalbrae Acad	11.66
3 #146 Giorgio Fomia	Cape Breton	11.67
4 #205 Kyle Levesconte	Dalbrae Acad	11.94
5 #248 Iven Gouthro	Glance Bay Hi	12.03

## Event 19 Girls 1500 Meter Run Junior

Regional: 4:46.13 2019 Abby Lewis

Name	School	Finals
<b>Finals</b>		
1 #44 Maggie MacDonald	Bayview Educ	5:58.16
2 #290 Ella Campbell	Malcolm Munr	6:00.29
3 #513 Summer Kersten	Tamarac Educ	6:02.92
4 #299 Rory Stockley	Malcolm Munr	6:05.57
5 #554 Lillian Battcock-Coish	Whitney Pier	6:10.49

## Event 20 Boys 1500 Meter Run Junior

Regional: 4:19.71 2009 Mike Tate

Name	School	Finals
<b>Finals</b>		
1 #282 Alistair Macleod	Inverness Ed	5:08.71
2 #285 Ben Swinkels	Inverness Ed	5:14.39
3 #574 Vinny Simms	Whitney Pier	5:18.06
4 #97 Finn Courage	Cabot Educat	5:18.81
5 #35 Lewis Smith	Baddeck Acad	5:21.95



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## Event 21 Girls 1500 Meter Run Intermediate

Regional: 4:31.02 2022-06-03 Abby Lewis

Name	School	Finals
<b>Finals</b>		
1 #405 Kate Morgan	Riverview Hi	5:50.32
2 #60 Jayla Andrews	Breton Educa	5:50.46
3 #18 Veida Moore	Baddeck Acad	6:07.38
4 #407 Lexi Saunders	Riverview Hi	6:10.62
5 #169 Isabel Calder	Dalbrae Acad	6:10.86

## Event 22 Boys 1500 Meter Run Intermediate

Regional: 3:59.92 2015 Hudson Grimshaw-Surette

Name	School	Finals
<b>Finals</b>		
1 #212 Sawyer Nadasdi	Dalbrae Acad	4:59.35
2 #200 Ethan Gillis	Dalbrae Acad	5:12.99
3 #370 Rein MacDonald	Richmond Aca	5:18.35
4 #29 James Loomer	Baddeck Acad	5:19.53
5 #155 Mac MacLellan	Cape Breton	5:22.53

## Event 23 Girls 1500 Meter Run Senior

Regional: 4:21.94 2019-05-31 Maggie Smith

Name	School	Finals
<b>Finals</b>		
1 #402 Bailey McKay	Riverview Hi	6:05.63
2 #396 Mattea MacKinnon	Riverview Hi	6:16.83
3 #361 Kate Mombourquette	Richmond Aca	6:35.62
4 #173 Lucy Gillis	Dalbrae Acad	6:39.14
5 #312 Iris Higgins	Memorial Hig	6:40.74

## Event 24 Boys 1500 Meter Run Senior

Regional: 3:54.91 2013 Mike Tate

Name	School	Finals
<b>Finals</b>		
1 #415 Luke Daye	Riverview Hi	4:51.32
2 #414 Connor Daye	Riverview Hi	4:54.07
3 #196 Jayden Cameron	Dalbrae Acad	4:59.82
4 #199 Hayden Gillies	Dalbrae Acad	5:10.09
5 #416 Anthony Depodesta	Riverview Hi	5:16.91

## Event 25 Girls 200 Meter Dash Junior

Regional: 26.25 2024-06-01 Kaitlynn Mead

Name	School	Finals
<b>Finals</b>		
1 #289 Haven Brown	Malcolm Munr	28.47
2 #41 Madelyn Hawley	Bayview Educ	29.71
3 #514 Sarah MacEachern	Tamarac Educ	29.77
4 #40 Avery Campbell	Bayview Educ	29.80
5 #294 Annie Mullins	Malcolm Munr	29.84

## Event 26 Boys 200 Meter Dash Junior

Regional: 23.85 2023-06-13 Wyatt Thurston

Name	School	Finals
<b>Finals</b>		
1 #55 Ashton Hawley	Bayview Educ	25.08
2 #521 Jamil Dalati	Tamarac Educ	26.62
3 #284 Nole Romard	Inverness Ed	26.82
4 #307 Kenzie Lahey	Malcolm Munr	27.01
5 #140 Emmett Carmichael	Cape Breton	27.77

## Event 27 Girls 200 Meter Dash Intermediate

Regional: 25.24 2025-05-31 Kaitlynn Mead

Name	School	Finals
<b>Finals</b>		
1 #395 Norah MacDonald	Riverview Hi	27.17
2 #181 Maddison MacEachern	Dalbrae Acad	28.54
3 #188 Scotia Van Den Heuval	Dalbrae Acad	28.76
4 #461 Kaelyn Macleod	Strait Area	28.77
5 #466 Bridgette Whitty	Strait Area	29.85

## Event 28 Boys 200 Meter Dash Intermediate

Regional: 22.30 1998 Patrick Benjamin (hand)

Name	School	Finals
<b>Finals</b>		
1 #500 Lucas Holloway	sydney acad	24.25
2 #479 Ben Landry	Strait Area	25.92
3 #432 Parker Reid	Riverview Hi	26.29
4 #195 Bentley Cameron	Dalbrae Acad	26.31
5 #491 Gavin Roach	Strait Area	26.34

## Event 29 Girls 200 Meter Dash Senior

Regional: 24.84 2012 Jenn Meech

Name	School	Finals
<b>Finals</b>		
1 #394 Ava MacDonald	Riverview Hi	26.11
2 #382 Ella Barry	Riverview Hi	26.87
3 #410 Maggie Williams	Riverview Hi	28.46
4 #266 Brea Miller	Inverness Ed	29.77
5 #117 Meara Gibbon	Cape Breton	30.46

## Event 30 Boys 200 Meter Dash Senior

Regional: 21.58 2015 Matthew Coolen

Name	School	Finals
<b>Finals</b>		
1 #411 Alex Arsenaault	Riverview Hi	23.60
2 #205 Kyle Levesconte	Dalbrae Acad	23.99
3 #483 Cooper MacNeil	Strait Area	24.31
4 #24 Emmett Buchanan	Baddeck Acad	24.46
5 #207 Hunter MacDonald	Dalbrae Acad	24.52



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## Event 31 Girls 800 Meter Run Junior

Regional: 2:19.90 1977 Mary Jean Barrett (hand)

Name	School	Finals
<b>Finals</b>		
1 #44 Maggie MacDonald	Bayview Educ	2:42.38
2 #439 Margaret Liu	Sherwood Par	2:42.55
3 #41 Madelyn Hawley	Bayview Educ	2:46.16
4 #563 Emma Thompson	Whitney Pier	2:50.97
5 #290 Ella Campbell	Malcolm Munr	2:52.23

## Event 32 Boys 800 Meter Run Junior

Regional: 2:04.93 2016-06-04 Camden Springer

Name	School	Finals
<b>Finals</b>		
1 #282 Alistair Macleod	Inverness Ed	2:26.03
2 #574 Vinny Simms	Whitney Pier	2:28.46
3 #97 Finn Courage	Cabot Educat	2:29.70
4 #522 Blake Ding	Tamarac Educ	2:30.12
5 #55 Ashton Hawley	Bayview Educ	2:34.32

## Event 33 Girls 800 Meter Run Intermediate

Regional: 2:12.60 1977 Louise Palmer (hand)

Name	School	Finals
<b>Finals</b>		
1 #181 Maddison MacEachern	Dalbrae Acad	2:45.05
2 #407 Lexi Saunders	Riverview Hi	2:48.09
3 #18 Veida Moore	Baddeck Acad	2:51.86
4 #180 Penny MacDonald	Dalbrae Acad	2:54.91
5 #463 Mary Morin	Strait Area	2:57.66

## Event 34 Boys 800 Meter Run Intermediate

Regional: 1:58.21 2015 Hudson Grimshaw-Surette

Name	School	Finals
<b>Finals</b>		
1 #212 Sawyer Nadasdi	Dalbrae Acad	2:14.69
2 #200 Ethan Gillis	Dalbrae Acad	2:23.84
3 #321 Charles Horne	Memorial Hig	2:24.72
4 #370 Rein MacDonald	Richmond Aca	2:29.03
5 #217 Jieho Su	Dalbrae Acad	2:29.75

## Event 35 Girls 800 Meter Run Senior

Regional: 2:11.58 2019 Maggie Smith

Name	School	Finals
<b>Finals</b>		
1 #402 Bailey McKay	Riverview Hi	2:49.30
2 #312 Iris Higgins	Memorial Hig	3:05.27
3 #185 Tara Penny	Dalbrae Acad	3:08.35
4 #170 Kendall Cameron	Dalbrae Acad	3:09.71
5 #127 Hannah Ross	Cape Breton	3:10.62

## Event 36 Boys 800 Meter Run Senior

Regional: 1:54.29 2024-06-01 Silas Conlin-Morse

Name	School	Finals
<b>Finals</b>		
1 #414 Connor Daye	Riverview Hi	2:01.98
2 #411 Alex Arsenaault	Riverview Hi	2:06.99
3 #415 Luke Daye	Riverview Hi	2:08.95
4 #199 Hayden Gillies	Dalbrae Acad	2:11.86
5 #196 Jayden Cameron	Dalbrae Acad	2:17.69

## Event 37 Girls 4x100 Meter Relay Junior

Regional: 52.50 2014 Riverside Education Center

Team	Relay	Finals
<b>Finals</b>		
1 Bayview Educ	A	57.74
2 Malcolm Munr	A	59.52
3 Tamarac Educ	A	1:01.01
4 Dr. T.L. Sulliva	A	1:02.32
5 Cape Breton	A	1:02.94

## Event 38 Boys 4x100 Meter Relay Junior

Regional: 48.40 1990 Astral Drive (hand)

Team	Relay	Finals
<b>Finals</b>		
1 Inverness Ed	A	55.13
2 Tamarac Educ	A	55.27
3 Sherwood Par	A	56.10
4 Cabot Educat	A	56.18
5 Riverside Ed	A	56.19

## Event 39 Girls 4x100 Meter Relay Intermediate

Regional: 51.34 2019-06-01 Lockview High School

Team	Relay	Finals
<b>Finals</b>		
1 Strait Area	A	57.86
2 Riverview High	A	58.18
3 Dalbrae Academy	A	58.25
4 Cape Breton	A	1:00.72
5 Baddeck Academy	A	1:02.40

## Event 40 Boys 4x100 Meter Relay Intermediate

Regional: 44.95 2024-06-01 Cobequid Educational Centre

Team	Relay	Finals
<b>Finals</b>		
1 Strait Area	A	50.63
2 Dalbrae Academy	A	50.79
3 Sydney Academy	A	51.06
4 Memorial High	A	52.05
5 Riverview High	A	52.58



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## Event 41 Girls 4x100 Meter Relay Senior

Regional: 50.32 2004 Cec

Team	Relay	Finals
<b>Finals</b>		
1 Riverview High	A	53.99
2 Strait Area	A	58.72
3 Dalbrae Academy	A	1:01.06
4 Cape Breton	A	1:02.21
5 Memorial High	A	1:04.06

## Event 42 Boys 4x100 Meter Relay Senior

Regional: 43.12 2025-05-31 Cobequid Educational Centre

Team	Relay	Finals
<b>Finals</b>		
1 Dalbrae Academy	A	46.93
2 Strait Area	A	47.71
3 Cape Breton	A	49.79
4 Riverview High	A	50.34

## Event 43 Girls 3000 Meter Run Junior

Regional: 10:18.76 2011 Rachel Crawley

Name	School	Finals
<b>Finals</b>		
1 #513 Summer Kersten	Tamarac Educ	12:35.60
2 #44 Maggie MacDonald	Bayview Educ	12:40.49
3 #290 Ella Campbell	Malcolm Munr	13:01.84
4 #49 Emma Macpail	Bayview Educ	13:03.11
5 #14 Lola MacEachern	Baddeck Acad	13:17.53

## Event 44 Boys 3000 Meter Run Junior

Regional: 9:15.14 2011 Tobias Wolter

Name	School	Finals
<b>Finals</b>		
1 #285 Ben Swinkels	Inverness Ed	10:43.70
2 #282 Alistair Macleod	Inverness Ed	10:47.31
3 #97 Finn Courage	Cabot Educat	10:52.93
4 #529 Daniel Morin	Tamarac Educ	10:55.66
5 #303 Taylor Chisholm	Malcolm Munr	11:04.17

## Event 45 Girls 3000 Meter Run Intermediate

Regional: 9:44.38 2022-06-04 Abby Lewis

Name	School	Finals
<b>Finals</b>		
1 #60 Jayla Andrews	Breton Educa	12:08.01
2 #405 Kate Morgan	Riverview Hi	12:27.07
3 #18 Veida Moore	Baddeck Acad	13:05.40
4 #169 Isabel Calder	Dalbrae Acad	13:11.71
5 #180 Penny MacDonald	Dalbrae Acad	13:43.24

## Event 46 Boys 3000 Meter Run Intermediate

Regional: 8:50.61 2015 Andrew Peverill

Name	School	Finals
<b>Finals</b>		
1 #212 Sawyer Nadasdi	Dalbrae Acad	10:33.38
2 #200 Ethan Gillis	Dalbrae Acad	10:55.99
3 #336 Ranveer Singh	Munro Academ	11:10.33
4 #370 Rein MacDonald	Richmond Aca	11:10.34
5 #139 Duncan Carmichael	Cape Breton	11:11.93

## Event 47 Girls 3000 Meter Run Senior

Regional: 9:26.12 2019-06-01 Maggie Smith

Name	School	Finals
<b>Finals</b>		
1 #402 Bailey McKay	Riverview Hi	12:58.54
2 #389 Allison Giorno	Riverview Hi	13:16.70
3 #173 Lucy Gillis	Dalbrae Acad	14:10.46
4 #361 Kate Mombourquette	Richmond Aca	14:20.12
5 #391 Maggie Kelly	Riverview Hi	14:34.53

## Event 48 Boys 3000 Meter Run Senior

Regional: 8:40.76 2017-06-03 Andrew Peverill

Name	School	Finals
<b>Finals</b>		
1 #415 Luke Daye	Riverview Hi	10:24.76
2 #196 Jayden Cameron	Dalbrae Acad	10:31.15
3 #199 Hayden Gillies	Dalbrae Acad	10:52.79
4 #416 Anthony Depodesta	Riverview Hi	10:57.73
5 #470 Luke Boudreau	Strait Area	11:03.53

## Event 49 Girls 4x400 Meter Relay Junior

Regional: 4:17.83 2017-06-03 St. Andrew Junior School

Team	Relay	Finals
<b>Finals</b>		
1 Bayview Educ	A	4:40.01
2 Tamarac Educ	A	4:57.70
3 Malcolm Munr	A	4:58.50
4 Whitney Pier	A	5:00.68
5 Baddeck Academy	B	5:03.88

## Event 50 Boys 4x400 Meter Relay Junior

Regional: 3:48.10 2013 Halifax Central Junior

Team	Relay	Finals
<b>Finals</b>		
1 Inverness Ed	A	4:18.46
2 Bayview Educ	A	4:27.49
3 Tamarac Educ	A	4:31.14
4 Whitney Pier	A	4:32.85
5 Sherwood Par	A	5:04.54



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## Event 51 Girls 4x400 Meter Relay Intermediate

Regional: 4:07.64 2007 Halifax Grammar

Team	Relay	Finals
<b>Finals</b>		
1 Strait Area	A	4:37.81
2 Dalbrae Academy	A	4:38.97
3 Baddeck Academy	A	4:55.37
4 Riverview High	A	5:00.72
5 Cape Breton	A	5:16.48

## Event 52 Boys 4x400 Meter Relay Intermediate

Regional: 3:35.40 1984 Prince Andrew (hand)

Team	Relay	Finals
<b>Finals</b>		
1 Dalbrae Academy	A	3:59.51
2 Strait Area	A	4:02.87
3 Sydney Academy	A	4:08.13
4 Riverview High	A	4:13.93
5 Cape Breton	A	4:25.60

## Event 53 Girls 4x400 Meter Relay Senior

Regional: 4:01.53 2009 Park View

Team	Relay	Finals
<b>Finals</b>		
1 Strait Area	A	5:01.96
2 Riverview High	A	5:15.06
3 Dalbrae Academy	A	5:17.05
4 Cape Breton	A	5:19.11

## Event 54 Boys 4x400 Meter Relay Senior

Regional: 3:25.42 2025-05-31 Park View Education Centre

Team	Relay	Finals
<b>Finals</b>		
1 Riverview High	A	3:37.96
2 Dalbrae Academy	A	3:47.48
3 Strait Area	A	3:48.84
4 Cape Breton	A	4:07.26

## Event 55 Girls Long Jump Junior

Regional: 5.00m 2023-06-13 Myka Wilson

Name	School	Finals
<b>Finals</b>		
1 #5 Charley Deveaux	Baddeck Acad	4.28m
2 #12 Ruby MacDonald	Baddeck Acad	4.12m
3 #580 Bonnie MacLennan	Whycocomagh	4.05m
4 #265 Marci Macpherson	Inverness Ed	3.98m
5 #129 Alexa Shaw	Cape Breton	3.97m

## Event 56 Boys Long Jump Junior

Regional: 5.79m 2012 David MacDonald

Name	School	Finals
<b>Finals</b>		
1 #55 Ashton Hawley	Bayview Educ	5.09m
2 #97 Finn Courage	Cabot Educat	4.47m
3 #102 Trenten Morrison	Cabot Educat	4.31m
4 #307 Kenzie Lahey	Malcolm Munr	4.24m
5 #310 Oliver Stuart	Malcolm Munr	4.15m

## Event 57 Girls Long Jump Intermediate

Regional: 5.49m 2025-05-31 Myka Wilson

Name	School	Finals
<b>Finals</b>		
1 #176 Gracie Kenny	Dalbrae Acad	4.61m
2 #188 Scotia Van Den Heuval	Dalbrae Acad	J4.61m
3 #457 Rebecca Keefe	Strait Area	4.51m
4 #383 Sophia Best	Riverview Hi	4.45m
5 #403 Brielle Moffatt	Riverview Hi	4.35m

## Event 58 Boys Long Jump Intermediate

Regional: 6.44m 1997 David Paxton

Name	School	Finals
<b>Finals</b>		
1 #412 Elijah Best	Riverview Hi	6.39m
2 #474 Charles Eager	Strait Area	5.76m
3 #372 Ceidan Sharkey	Richmond Aca	5.75m
4 #203 Peyton Googoo	Dalbrae Acad	5.58m
5 #490 Dylan Roach	Strait Area	5.35m

## Event 59 Girls Long Jump Senior

Regional: 5.49m 2017-06-03 Denver Fraser

Name	School	Finals
<b>Finals</b>		
1 #382 Ella Barry	Riverview Hi	4.92m
2 #266 Brea Miller	Inverness Ed	4.59m
3 #177 Jaelyn Kenny	Dalbrae Acad	4.48m
4 #400 Rhysa Marnielli	Riverview Hi	4.29m
5 #460 Ella MacIntyre	Strait Area	4.25m

## Event 60 Boys Long Jump Senior

Regional: 7.15m 1956 Dave Lucas

Name	School	Finals
<b>Finals</b>		
1 #248 Iven Gouthro	Glace Bay Hi	6.01m
2 #143 Mason Doucet	Cape Breton	5.84m
3 #205 Kyle Levesconte	Dalbrae Acad	J5.84m
4 #146 Giorgio Fomia	Cape Breton	5.76m
5 #206 Aiden MacDonald	Dalbrae Acad	5.37m



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## Event 61 Girls High Jump 1.15m Junior

Regional: 1.63m 2004 Laura Maessen

Name	School	Finals
<b>Finals</b>		
1 #111 Sophia Brown	Cape Breton	1.37m
2 #38 Jessie Beaton	Bayview Educ	1.30m
3 #300 Hannah Strickland	Malcolm Munr	J1.30m
4 #67 Tessa MacNeil	Breton Educa	1.25m
4 #563 Emma Thompson	Whitney Pier	1.25m

## Event 62 Boys High Jump 1.25m Junior

Regional: 1.77m 2004 Brandon Mallally

Name	School	Finals
<b>Finals</b>		
1 #528 Vince Montilla	Tamarac Educ	1.50m
1 #532 Chirayu Wagle	Tamarac Educ	1.50m
3 #339 Angelo Edmund Dean	Oceanview Ed	J1.50m
4 #304 Dallas Cusack-Lahey	Malcolm Munr	J1.50m
5 #447 Jake MacKinnon	Sherwood Par	1.45m

## Event 63 Girls High Jump 1.25m Intermediate

Regional: 1.72m 1986 Tracey Loke

Name	School	Finals
<b>Finals</b>		
1 #178 Annabelle MacDonald	Dalbrae Acad	1.37m
2 #132 Anna Sigvaldason	Cape Breton	1.35m
3 #384 Zoe Burman	Riverview Hi	J1.35m
4 #383 Sophia Best	Riverview Hi	1.25m
5 #538 Skylar Condo	Waycobah Fir	J1.25m

## Event 64 Boys High Jump 1.40m Intermediate

Regional: 1.95m 1988 Charles MacKay

Name	School	Finals
<b>Finals</b>		
1 #474 Charles Eager	Strait Area	1.65m
2 #213 Luke Poirier	Dalbrae Acad	J1.65m
3 #158 Hazen Parsons	Cape Breton	1.55m
4 #320 Hudson Crowther	Memorial Hig	1.50m
5 #270 Thomas Burke	Inverness Ed	J1.50m
5 #82 Gordon Smolensky	Breton Educa	J1.50m
5 #211 Malcolm MacInnis	Dalbrae Acad	J1.50m

## Event 65 Girls High Jump 1.25m Senior

Regional: 1.81m 2023-06-12 Jennessa Wolfe

Name	School	Finals
<b>Finals</b>		
1 #460 Ella MacIntyre	Strait Area	1.53m
2 #400 Rhysa Marnielli	Riverview Hi	1.47m
3 #399 Avery MacNeil	Riverview Hi	1.40m
4 #361 Kate Mombourquette	Richmond Aca	1.30m
4 #348 Mary Margaret MacLea	Rankin Schoo	1.30m

## Event 66 Boys High Jump 1.45m Senior

Regional: 2.06m 1981 Tim Wrigley

Name	School	Finals
<b>Finals</b>		
1 #480 William Langdon	Strait Area	1.75m
2 #324 Nolan Lefrense	Memorial Hig	1.70m
3 #143 Mason Doucet	Cape Breton	J1.70m
4 #279 Angus Mackay	Inverness Ed	1.60m
5 #146 Giorgio Fomia	Cape Breton	1.55m

## Event 67 Girls Triple Jump Junior

Regional: 11.00m 2016-06-03 Sierra Sweeney

Name	School	Finals
<b>Finals</b>		
1 #38 Jessie Beaton	Bayview Educ	8.92m
2 #5 Charley Deveaux	Baddeck Acad	8.88m
3 #129 Alexa Shaw	Cape Breton	8.86m
4 #12 Ruby MacDonald	Baddeck Acad	8.56m
5 #51 Lucy Vanzutphen	Bayview Educ	8.02m

## Event 68 Boys Triple Jump Junior

Regional: 12.03m 2012 Kaelan Schmidt

Name	School	Finals
<b>Finals</b>		
1 #97 Finn Courage	Cabot Educat	9.87m
2 #309 Jackson Macgillivray	Malcolm Munr	9.67m
3 #572 Jonah MacIsaac	Whitney Pier	9.20m
4 #52 Luke Calder	Bayview Educ	J9.20m
5 #277 Alex Dan Macdonnell	Inverness Ed	8.78m

## Event 69 Girls Triple Jump Intermediate

Regional: 11.30m 2025-05-30 Myka Wilson

Name	School	Finals
<b>Finals</b>		
1 #188 Scotia Van Den Heuval	Dalbrae Acad	9.87m
2 #383 Sophia Best	Riverview Hi	9.82m
3 #176 Gracie Kenny	Dalbrae Acad	9.76m
4 #457 Rebecca Keefe	Strait Area	9.01m
5 #132 Anna Sigvaldason	Cape Breton	8.86m

## Event 70 Boys Triple Jump Intermediate

Regional: 13.82m 1986 Mike Arodugba

Name	School	Finals
<b>Finals</b>		
1 #412 Elijah Best	Riverview Hi	12.64m
2 #474 Charles Eager	Strait Area	11.59m
3 #490 Dylan Roach	Strait Area	11.19m
4 #428 Jackson Morrison	Riverview Hi	10.40m
5 #211 Malcolm MacInnis	Dalbrae Acad	10.35m



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## Event 71 Girls Triple Jump Senior

Regional: 11.71m 2018-06-01 Gabrielle Fraser

Name	School	Finals
<b>Finals</b>		
1 #382 Ella Barry	Riverview Hi	9.84m
2 #464 Brooke Wadden	Strait Area	9.14m
3 #460 Ella MacIntyre	Strait Area	9.02m
4 #400 Rhysa Marnielli	Riverview Hi	9.01m
5 #177 Jaelyn Kenny	Dalbrae Acad	8.43m

## Event 72 Boys Triple Jump Senior

Regional: 14.25m 1964 Howie Jackson

Name	School	Finals
<b>Finals</b>		
1 #480 William Langdon	Strait Area	12.05m
2 #143 Mason Doucet	Cape Breton	11.38m
3 #494 Ian Treen	Strait Area	11.25m
4 #431 Clark Reid	Riverview Hi	11.07m
5 #150 Nevin Ingraham-Phillips	Cape Breton	10.89m

## Event 73 Girls Shot Put 3kg Junior

Regional: 11.58m 2010 Taylor Stutley

Name	School	Finals
<b>Finals</b>		
1 #63 Elise Angione	Breton Educa	8.87m
2 #51 Lucy Vanzutphen	Bayview Educ	8.65m
3 #67 Tessa MacNeil	Breton Educa	8.14m
4 #559 Zoe Puddicombe	Whitney Pier	7.82m
5 #85 Leighton Donovan	Cabot Educat	7.62m

## Event 74 Boys Shot Put 4kg Junior

Regional: 15.41m 2025-05-30 Bowen Taylor

Name	School	Finals
<b>Finals</b>		
1 #450 Kashius Paul	Sherwood Par	9.37m
2 #527 Riley Mattie	Tamarac Educ	9.12m
3 #447 Jake MacKinnon	Sherwood Par	9.08m
4 #52 Luke Calder	Bayview Educ	9.03m
5 #304 Dallas Cusack-Lahey	Malcolm Munr	8.84m

## Event 75 Girls Shot Put 4kg Intermediate

Regional: 12.98m 2009 Chelsea Whalen

Name	School	Finals
<b>Finals</b>		
1 #186 Belle Pierrard	Dalbrae Acad	7.89m
2 #260 Leeann MacEachern	Inverness Ed	7.79m
3 #120 Mairinn Hart	Cape Breton	7.78m
4 #409 Audrey Todd	Riverview Hi	7.69m
5 #538 Skylar Condo	Waycobah Fir	7.59m

## Event 76 Boys Shot Put 5kg Intermediate

Regional: 14.88m 2016-06-03 Cameron Whynot

Name	School	Finals
<b>Finals</b>		
1 #430 Ben Pierre	Riverview Hi	10.13m
2 #107 Donovan Westhaver	Cabot Educat	9.86m
3 #493 Walker Timmons	Strait Area	9.85m
4 #201 Roddie Gillis	Dalbrae Acad	9.81m
5 #191 Drew Beaton	Dalbrae Acad	9.20m

## Event 77 Girls Shot Put 4kg Senior

Regional: 13.26m 2010 Chelsea Whalen

Name	School	Finals
<b>Finals</b>		
1 #314 Maia MacDougall	Memorial Hig	8.89m
2 #174 Addisyn Kennedy	Dalbrae Acad	8.70m
3 #464 Brooke Wadden	Strait Area	8.52m
4 #183 Breagha MacLellan	Dalbrae Acad	7.63m
5 #123 Claire Macpherson	Cape Breton	7.50m

## Event 78 Boys Shot Put 6kg Senior

Regional: 16.17m 2012 Peter Millman

Name	School	Finals
<b>Finals</b>		
1 #198 Jonah Ellis	Dalbrae Acad	10.42m
2 #149 Jacob Hebb	Cape Breton	10.30m
3 #147 Oliver Hart	Cape Breton	9.88m
4 #426 Max Minihan	Riverview Hi	9.65m
5 #485 Keiran Madden	Strait Area	9.43m

## Event 79 Girls Discus Throw 0.75kg Junior

Regional: 30.77m 2024-05-31 Belle Pierrard

Name	School	Finals
<b>Finals</b>		
1 #579 Christena Maccalder	Whycocomagh	24.58m
2 #513 Summer Kersten	Tamarac Educ	21.47m
3 #88 Sloane Moore	Cabot Educat	21.07m
4 #51 Lucy Vanzutphen	Bayview Educ	21.04m
5 #580 Bonnie MacLennan	Whycocomagh	20.48m

## Event 80 Boys Discus Throw 1.0kg Junior

Regional: 46.76m 2022-06-04 Max Minihan

Name	School	Finals
<b>Finals</b>		
1 #58 Brier Nadasdi	Bayview Educ	26.59m
2 #525 Leo MacEachern	Tamarac Educ	26.35m
3 #450 Kashius Paul	Sherwood Par	26.02m
4 #528 Vince Montilla	Tamarac Educ	25.11m
5 #527 Riley Mattie	Tamarac Educ	24.69m

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## Event 81 Girls Discus Throw 1.0kg Intermediate

Regional: 39.15m 2012 Sarah Colborne

Name	School	Finals
<b>Finals</b>		
1 #186 Belle Pierrard	Dalbrae Acad	27.07m
2 #120 Mairinn Hart	Cape Breton	23.60m
3 #21 Lynnea Pierro	Baddeck Acad	21.87m
4 #176 Gracie Kenny	Dalbrae Acad	21.56m
5 #167 Catherine Boyd	Dalbrae Acad	21.34m

## Event 82 Boys Discus Throw 1.5kg Intermediate

Regional: 44.65m 2024-06-01 Max Minihan

Name	School	Finals
<b>Finals</b>		
1 #26 John Johnston	Baddeck Acad	27.94m
2 #107 Donovan Westhaver	Cabot Educat	27.01m
3 #192 Jaymus Beaton	Dalbrae Acad	26.80m
4 #214 Lucas Poole	Dalbrae Acad	25.73m
5 #138 Ned Brown	Cape Breton	25.02m

## Event 83 Girls Discus Throw 1.0kg Senior

Regional: 41.92m 2012 Kayla Gallagher

Name	School	Finals
<b>Finals</b>		
1 #183 Breagha MacLellan	Dalbrae Acad	24.71m
2 #464 Brooke Wadden	Strait Area	24.29m
3 #458 Brooklyn Kersten	Strait Area	24.19m
4 #131 Skylar Shaw	Cape Breton	20.94m
5 #397 Rachel Macleod	Riverview Hi	20.71m

## Event 84 Boys Discus Throw 1.75kg Senior

Regional: 49.76m 2012 Peter Millman

Name	School	Finals
<b>Finals</b>		
1 #485 Keiran Madden	Strait Area	33.91m
2 #198 Jonah Ellis	Dalbrae Acad	30.88m
3 #429 Haider Murad	Riverview Hi	27.23m
4 #142 Carter Doucet	Cape Breton	25.87m
5 #471 Gunner Brown	Strait Area	24.23m

## Event 85 Girls Javelin Throw 400g Junior

Regional: 37.38m 1999 Katherine Markusson

Name	School	Finals
<b>Finals</b>		
1 #513 Summer Kersten	Tamarac Educ	27.93m
2 #580 Bonnie MacLennan	Whycocomagh	26.09m
3 #51 Lucy Vanzutphen	Bayview Educ	23.86m
4 #256 Virginia Burke	Inverness Ed	22.84m
5 #298 Taylor Pindar	Malcolm Munr	22.33m

## Event 91 Boys Javelin Throw 600g Junior

Regional: 45.48m 2015 Michael Adams

Name	School	Finals
<b>Finals</b>		
1 #565 Isaac Barron	Whitney Pier	33.68m
2 #583 Neil MacEachern	Whycocomagh	27.49m
3 #586 Rory Penny	Whycocomagh	25.98m
4 #450 Kashius Paul	Sherwood Par	24.27m
5 #528 Vince Montilla	Tamarac Educ	23.24m

## Event 97 Girls Javelin Throw 500g Intermediate

Regional: 41.73m 2016-06-04 Madelyn Quinn

Name	School	Finals
<b>Finals</b>		
1 #175 Laken Kennedy	Dalbrae Acad	25.55m
2 #409 Audrey Todd	Riverview Hi	25.10m
3 #184 Julia MacLellan	Dalbrae Acad	23.81m
4 #465 Teylor Wadden	Strait Area	19.85m
5 #260 Leeann MacEachern	Inverness Ed	19.55m

## Event 103 Boys Javelin Throw 700g Intermediate

Regional: 54.19m 2019-05-31 Noah Berniquer

Name	School	Finals
<b>Finals</b>		
1 #412 Elijah Best	Riverview Hi	37.57m
2 #203 Peyton Googoo	Dalbrae Acad	36.56m
3 #280 Levi MacLean	Inverness Ed	28.93m
4 #26 John Johnston	Baddeck Acad	28.18m
5 #417 Cooper Dixon	Riverview Hi	27.16m

## Event 109 Girls Javelin Throw 600g Senior

Regional: 44.20m 2010 Chelsea Whalen

Name	School	Finals
<b>Finals</b>		
1 #464 Brooke Wadden	Strait Area	27.27m
2 #397 Rachel Macleod	Riverview Hi	23.66m
3 #537 Charity Bernard	Waycobah Fir	21.29m
4 #385 Nereida Canizares Sancel	Riverview Hi	19.47m
5 #257 Zoie Cormier	Inverness Ed	19.22m

## Event 115 Boys Javelin Throw 800g Senior

Regional: 61.64m 2005 Adam Wolkins

Name	School	Finals
<b>Finals</b>		
1 #210 John Hugh MacInnis	Dalbrae Acad	39.16m
2 #198 Jonah Ellis	Dalbrae Acad	33.88m
3 #161 Lucas Ross	Cape Breton	32.92m
4 #486 Jacob Mariner	Strait Area	32.58m
5 #356 Angus Hughie MacLean	Rankin Schoo	32.19m



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**Event 120 Girls 100 Meter Dash Supported Junior**

Regional: 17.90 2024-05-24 Bella Lahey

Name	School	Finals
<b>Finals</b>		
1 #1001 Taylor Bernard	Wagmatcookew	34.85

**Event 121 Boys 100 Meter Dash Supported Junior**

Regional: 16.29 2017-05-26 Benoit Poirier

Name	School	Finals
<b>Finals</b>		
1 #306 Garrett Lahey	Malcolm Munr	18.54
2 #308 Ciaran Macdermid	Malcolm Munr	43.34

**Event 123 Boys 100 Meter Dash Supported Senior**

Regional: 15.15 2019-05-24 Benoit Poirier

Name	School	Finals
<b>Finals</b>		
1 #72 Nate Crow	Breton Educa	19.36

**Event 125 Boys Shot Put Supported Junior**

Regional: 3.45m 2023-05-26 Nico Georghiou

Name	School	Finals
<b>Finals</b>		
1 #308 Ciaran Macdermid	Malcolm Munr	3.09m
2 #306 Garrett Lahey	Malcolm Munr	2.49m

**Event 127 Boys Shot Put Supported Senior**

Regional: 7.79m 2018-05-25 Jacobi Macleod

Name	School	Finals
<b>Finals</b>		
1 #72 Nate Crow	Breton Educa	6.38m

**Women - Junior - Team Rankings - 15 Events Scored**

1) Bayview Educational Center	89.5
2) Malcolm Munroe Memorial Middle	41
3) Tamarac Education Centre	36.5
4) Cape Breton Highlands Educatio	22
5) Baddeck Academy	21
6) Whycocomagh	16
7) Dr. T.L. Sullivan School	12
8) Whitney Pier Middle School	10.5
8) Breton Educational Center	10.5
10) Sherwood Park Education Centre	5
11) Inverness Educational Centre	4
11) Cabot Education Centre	4

**Women - Intermediate - Team Rankings - 15 Events Scored**

1) Dalbrae Academy	92
2) Riverview High	62
3) Strait Area Education and Recr	51
4) Baddeck Academy	26

5) Cape Breton Highlands Educatio	24
6) Breton Educational Center	10
7) Inverness Educational Centre	5
8) Waycobah First Nation	2

**Women - Senior - Team Rankings - 15 Events Scored**

1) Riverview High	117
2) Strait Area Education and Recr	60
3) Dalbrae Academy	38
4) Memorial High	13
4) Cape Breton Highlands Educatio	13
6) Inverness Educational Centre	10
7) Richmond Academy	9.5
8) Rankin School of the Narrows	5.5
9) Waycobah First Nation	3
10) Baddeck Academy	1

**Women - Supported Junior - Team Rankings - 1 Events Scored**

1) Wagmatcookewey School	6
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**Men - Junior - Team Rankings - 15 Events Scored**

1) Tamarac Education Centre	62
2) Inverness Educational Centre	59
3) Bayview Educational Center	43
4) Cabot Education Centre	25
5) Sherwood Park Education Centre	24
6) Whitney Pier Middle School	22
7) Malcolm Munroe Memorial Middle	16
8) Whycocomagh	11
9) Oceanview Education Centre	4
10) Richmond Academy	2
10) Riverside Education Centre	2
12) Baddeck Academy	1
12) Cape Breton Highlands Educatio	1

**Men - Intermediate - Team Rankings - 15 Events Scored**

1) Dalbrae Academy	82.3333
2) Strait Area Education and Recr	46
3) Riverview High	44
4) sydney academy	27
5) Cape Breton Highlands Educatio	14
6) Sydney Academy	12
6) Memorial High	12
8) Baddeck Academy	10
8) Richmond Academy	10
10) Cabot Education Centre	8
11) Inverness Educational Centre	3.33333
12) Munro Academy	3
13) Breton Educational Center	0.33333



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**Men - Senior - Team Rankings - 15 Events Scored**

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1) Dalbrae Academy	76
2) Riverview High	74
3) Strait Area Education and Recr	56
4) Cape Breton Highlands Educatio	44
5) Glace Bay High	7
6) Baddeck Academy	4
6) Memorial High	4
8) Inverness Educational Centre	2
9) Rankin School of the Narrows	1

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**Men - Supported Junior - Team Rankings - 1 Events Scored**

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1) Malcolm Munroe Memorial Middle	10
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**Men - Supported Senior - Team Rankings - 1 Events Scored**

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1) Breton Educational Center	6
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