



YUTC Throws Night

June 12, 2026

Contact:

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Location:

Toronto Track & Field Centre
231 Ian Macdonald Blvd
North York, ON
M7A 2C5

Sanctioned: By Athletics Ontario, World Athletics

Registration: Online registration will take place on Trackie at <https://www.trackie.com/event/yutc-throws-night> Registration closes on Wednesday June 10 at 11:59pm.

Results: Will be posted on the YUTC website at www.yorkutrackclub.com following the event

Live Results will be available at AthleticLive.net. Link will be posted at www.yorkutrackclub.com/meetinfo

Events Offered: **Field:** Hammer Throw, Javelin Throw, Shot Put, Discus Throw

Age Categories: U14-Open

Entry Fees: \$25 per event for first registered event, \$20 for subsequent events
\$5 additional for non-AO members

Waiver: To be completed online with registration.

Start Time: 5:00pm

Parking: Paid parking is located in the lots directly west of the TTFC. Payment can be made at designated pay zones located at each lot or through the HONK Mobile app. Please note parking violations on campus are now subject to City of Toronto Parking Fines.

Meet Schedule:

- Tentative meet schedule attached at the end of this document.
- Final meet schedule will be posted at www.yorkutrackclub.com/meetinfo and send out to participants by 8pm Thursday June 11.

Field Events:

Throws: Athletes will be given 30min to use the throwing circle/runway for warmup. In the throws all age groups will throw together with their respective implement weights. Athletes must bring their own implements. Throwing implements **will not be provided**. Implement weigh in will take place at the event site.

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Tentative Meet Schedule

Tentative schedule pending entries and flow of competition.

Hammer Throw and Shot Put will run simultaneously.

Warmup for Javelin will start directly after the completion of Hammer.

Warmup for Discus will start directly after the completion of Javelin.

Field Events

	Hammer Throw	Shot Put	Javelin Throw	Discus Throw
4:30	Warmup at event area – Women & Men	Warmup at event area – Women & Men		
5:00	Women & Men	Women & Men		
5:30				
6:00			Warmup to start following completion of Hammer Throw – Women & Men	
6:30			Women & Men	
7:00				
7:30				Warmup – following completion of Javelin
8:00				Women & Men