



Mississauga Olympians
Track & Field Athletic Association
Outdoor Track and Field Meet

Date: Sunday June 14, 2026

Time: 9:00am- 5:00pm

Sanctioned By: Minor Track Association (Ontario)

Entries Chairperson: Brent Mergl

Competition Director: Carla Warwick 647-283-4079 carla@mississaugaolympians.com

Location: Courtney Park Fields St. Marcellinus Secondary School 730 Courtneypark Dr W, Mississauga, ON L5W 1L9

Facilities: Chevron surface 8-lane track. Chevron surface on all approaches with a concrete throwing circle.

Age Categories and Events:

Peewee	Born 2020-2021	100 m, Long Jump (3 attempts only)
Mite	Born 2018-2019	100 m, 200 m, 400 m, 800 m, Long Jump, Shot put (1.5 kg)
Tyke	Born 2016-2017	100 m, 200 m, 400 m, 800 m, 1200 m, Long Jump, Shot put (2 kg)
Atom	Born 2014-2015	100 m, 200 m, 400 m, 800 m, 1500 m, Long Jump, Shot put (2.73kg), Javelin (400g)
Senior	Born 2012-2013	100 m, 200 m, 400 m, 800 m, 1500 m, Long Jump, Shot put (3 kg), Javelin (500 g)
Intermediate	Born 2010-2011	100 m, 200 m, 400 m, 800 m, 1500 m, Long Jump, Shot put (3 kg girls/ 4 kg boys), Javelin (500 g girls/ 600 g boys)
Youth	Born 2008-2009	100 m, 200 m, 400 m, 800 m, 1500 m, Long Jump, Shot put (3 kg girls/ 5 kg boys), Javelin (500 g girls/ 700 g boys)

Notes:

1. Athletes may enter three individual events, of which no more than two may be track events (relay not included)
2. Track events will run girls first, then boys for each age category, starting at the youngest age categories and working up through to Youth
3. Waiver forms must be submitted online with meet registration
4. Events with less than five athletes may be combined with another age group.
5. Starting blocks for Atom, Senior, Intermediate and Youth: only.

General Rules:

Track events take precedence over field schedules. If the timing of a field and track event conflicts, the athlete must check in at both events, notify both officials of the conflict and be ready to run when the race starts. The athlete will be able to return to the field event.

<p>FIELD EVENTS</p> <p>High Jump</p> <p>Long Jump</p> <p>Throws</p>	<p>Each competitor receives 3 trials at each height. A tie will be broken by the second-best jump.</p> <p>Less than 10 competitors each competitor gets 3 jumps top 8 gets 2 more. More than 10 each competitor gets 2 jumps top 8 gets 2 more. Seniors and Intermediate Jump from the line.</p> <p>Less than 10 competitors each competitor gets 3 throws top 8 gets 2 more. More than 10 each competitor gets 2 throws top 8 gets 2 more.</p>
<p>TRACK EVENTS</p> <p>Sprints/ Hurdles 50-100m</p>	<p>One Heat: Straight Final Two Heats or more: Fastest times advance to final.</p>

Awards: Medals will be awarded for the first three places in all events with ribbons for 4th-6th.

Eligibility: Athletes registered with Minor Track Association for 2026

Non-members: May participate but will pay an additional \$5 fee

Regular Deadline: Wednesday June 10, 2026 @ 11:59 pm

Late Deadline: Friday June 12, 2026 @ 12 pm No changes will be made after this deadline.

Entry Fees: First event: \$20.00 Subsequent events: \$15.00

4x100 m Relay: \$30.00

An additional \$5.00 processing fee applies to all late entries.

<https://trackie.com/event/2026-MississaugaolympiansTrackMeet19953>

