

# 2026 Future Stars Middle Distance Athletics Camp

**For Provincial Level Athletes - Ages 12 to 18 years**

**PROGRAM:** Future Stars® Middle Distance Athletics Camps will provide young athletes with the unique opportunity to learn new skills and tactics from an Olympic Silver Medalist. The program is designed to provide both 800 & 1500m runners with a holistic approach to running specifically tailored middle distance workouts. In addition, the athletes will learn some key factors on how to deal with the pressures that they will face throughout their career. It is our goal that each participant has an enjoyable experience and reaches their fullest potential.

**DIRECTOR:** Marco Arop

- 2024 Olympic Silver Medalist
- 2023 World Champion
- 2019 Pan American Games Champion

**LOCATION: Toronto Track and Field Center**

231 Ian MacDonald Blvd, North York, ON L4K 3C8

**SESSION:** September 19 & 20, 2026 – Sat & Sun 9:00 a.m. to 4:00 pm

(Total 8.0 hrs on Track, 2.0 hrs Fitness, 2.0 hrs Lecture)

**COST:** Early Bird (until May 31st) – \$299 + HST

Regular (until September 10) – \$329 + HST

Includes the full training program, and Future Stars t-shirt. Enrollment is limited to 30 participants. Athletes must be a member of Athletics Ontario or Athletics Canada to take part in the camp for insurance purposes. If you are not a club member of Athletics Ontario then contact [headcoach@athletic-victory.ca](mailto:headcoach@athletic-victory.ca) for information on how to proceed.

**REFUND POLICY:** All fees are non-refundable after August 31 UNLESS we are able to fill your spot with another athlete. Prior to August 31, fees paid – less a \$25 administration fee – will be refunded for any cancellations. If we are able to fill your spot you are still subject to the \$25 admin fee.

**FURTHER INFORMATION:**

2026 Future Stars Athletics Camps  
[headcoach@athletic-victory.ca](mailto:headcoach@athletic-victory.ca)  
[info@athletic-victory.ca](mailto:info@athletic-victory.ca)

Future Stars Athletic Camps QR code:



Related Events Brochure With Director Marco Arop:

