

SSNS Pictou-Cumberland District Track & Field Meet Schedule

Wednesday May 13th, 2026

Track Events (will proceed once track is available)

| | | | |
|--------|---------------------------|---------|-----------------------------|
| 9:30am | 80m hurdles | Finals | JG(30"), JB (30"), IG (30") |
| | 100m hurdles | Finals | SG (30"), IB (33") |
| | 110m hurdles | Finals | SB (36") |
| | 400m | Finals | JG, JB, IG, IB, SG, SB |
| | 100m Supported Athletes | Finals | SAJG, SAJB, SASG, SASB |
| | Track Break for Officials | | |
| 1:00pm | 100m | Prelims | JG, JB, IG, IB, SG, SB |
| | 1500m ⁽²⁾ | Finals | JB, JG, IG, IB, SG&SB |
| | 100m | Finals | JG, JB, IG, IB, SG, SB |

Field Events

| | <u>9:30</u> | <u>10:45</u> | <u>12:00</u> | <u>3:00</u> |
|--------------------------|-------------|--------------|--------------|-------------|
| Long Jump ⁽¹⁾ | IB & SAB | SAG | JB | SB |
| High Jump | JG | | IG | SG |
| Triple Jump | IG | | SG | JG |
| Shot Put ⁽³⁾ | JB & SAG | SAB | SB | IB |
| Discus | SG | | JG | IG |
| Javelin | SB | | IB | JB |

NOTES

(2) Supported Athlete (SAG & SAB) long jump will take place in the south end sand pits.

(3) Senior girls and senior boys will be a combined event.

(4) Supported Athletes will throw shot put from the old discus cage area.

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| <i>Track Events (will proceed once track is available)</i> |
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| | | | |
|---------------|--|--|---|
| 9:30am | 200m 800m⁽¹⁾ 4x100 Relay Track Break for Officials | Prelims Finals Finals | JG, JB, IG, IB, SG, SB JG, JB, IG, IB, SG&SB JG, JB, IG, IB, SG, SB |
| 1:40pm | 200m 3000m⁽²⁾ 4x400m⁽³⁾ | Finals Finals Finals | JG, JB, IG, IB, SG, SB JG&JB, IG&IB, SG&SB JG, JB, IG, IB&SG, SB |

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| <i>Field Events</i> |
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| | <u>9:30</u> | <u>11:30</u> | <u>12:00</u> | <u>2:30</u> | <u>3:00</u> |
|------------------------------|--------------------|---------------------|---------------------|--------------------|--------------------|
| Long Jump | IG | | JG | | SG |
| High Jump | SB | | JB | | IB |
| Triple Jump | JB | | IB | | SB |
| Shot Put | JG | | SG | | IG |
| Discus | IB | | SB | | JB |
| Javelin⁽⁴⁾ | SG | IG | | JG | |

NOTES

- (1) Senior girls and senior boys 800m will be a combined event.
- (2) All grade category 3000m events will be combined.
- (3) Intermediate boys and senior girls 4x400m will be combined.
- (4) IG & JG javelin events will begin 30 minutes before all other field events.