

ALL-COMERS MEET #3

LEGION TRACK

WEDNESDAY, MAY 20, 2026

TRACK SCHEDULE

4:00 pm	200 m Hurdles	Female/Male
4:15 pm	300 m Hurdles	Female/Male
4:30 pm	100 m	Female
5:00 pm	100 m	Male
5:30 pm	1500 m	Female
5:50 pm	1500 m	Male
6:10 pm	400 m	Female
6:30 pm	400 m	Male
6:50 pm	4 x 100m Relay	Female
7:00 pm	4 x 100m Relay	Male

FIELD SCHEDULE

4:00 – 5:30 pm	Javelin	Female
4:00 – 5:30 pm	High Jump	Female
4:00 – 5:30 pm	Long Jump	Male
5:30 – 7:00 pm	Javelin	Male
5:30 – 7:00 pm	High Jump	Male
5:30 – 7:00 pm	Long Jump	Female

- Athletes must check in with the event marshals at the event at least **15 minutes** prior to the scheduled start of their field events.
- Field events are open during the times stated. Athletes can complete **3 throws or jumps** at any point during the stated time.