



10th Codiac Achilles Open

Organized by : ASEA

Primary Contact : Peter Stuart , stuart@nbnet.nb.ca

Co-Host : MacNaughton High School

Date : Saturday May 9

Time: 9:00am - 4:30 pm

Location : Medavie Blue Cross Stadium

Classification: Outdoor Track and Field Meet

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Events : 80m, 100m, 150m, 200m, 300m, 400m, 800m, 1200m, 1500m, 2000m, 3000m, 80mh, 100mh, 110mh, 200mh, 300mh, 400mh, 1500ms/c, Long Jump, Triple Jump, High Jump, Shot Put, Discus, Javelin, Hammer

Registration: First event \$25.00. Second event \$15.00. All other events are \$10.00 each.

All athletes should be registered by Tuesday May 5 at 11:59pm. Late registration is on Wednesday May 6 at 11:59pm There will be no onsite registration.

Organized by Athlétisme Sud-Est / SouthEast Athletics (ASEA).
Sanctioned by Athletics New Brunswick (ANB) and School Sport NewBrunswick (SSNB). .

All events will be divided into SSNB , Middle School Open sections.

Organise par : ASEA

Contact primaire: Peter Stuart , stuart@nbnet.nb.ca

Date: Samedi le 9 mai

Quand: 9:00 - 4:30 pm

Location: Stade Medavie Croix Bleu

Classification: Outdoor Track and Field Meet

.

Evenements: 80m, 100m, 150m, 200m, 300m, 400m, 800m, 1200m, 1500m, 2000m, 3000m, 80mh, 100mh, 110mh, 200mh, 300mh, 400mh, 1500ms/c, Long Jump, Triple Jump, High Jump, Shot Put, Discus, Javelin, Hammer

Inscriptions: La premiere evement est 25.00\$. Deuxieme evenements

est 15.00\$. Les evenements additionale est 10.00\$

Tous les athlètes doivent être inscrits avant le mardi 5 mai à 23 h 59. Les inscriptions tardives auront lieu le mercredi 6 mai à 23 h 59. Aucune inscription ne sera possible sur place.

Organisé par Athlétisme Sud-Est / SouthEast Athletics (ASEA).

Approuvé par Athletics New Brunswick (ANB) et Sport scolaire Nouveau-Brunswick (SSNB).

Tentative Track Schedule (Horaire tentative du piste)

Female before male, younger age groups to older (Les femmes avant les hommes, les groupes d'âge les plus jeunes avant les plus âgés)

Groups might be combined depending on entries (Les groupes pourraient être combinés en fonction des inscriptions.

9:00am

4 x 400m - U18 & older Male, Female & Mixed
2000m - U14/U16 and older female
2000m - U14/U16 and older male
3000m - U18 and older female SSNB Female
3000m - U18 and older male SSNB Male
80m -finals - U12/U14 female U12U14 Male
100m finals - U16/U18/U20/open/ Masters female SSNB Female
100m finals - U16/U18/U20/open/ Masters male SSNB Male
800m - U14 and older female SSNB Female
800m - U14 and older male SSNB Male
200mh- U14/U16 female U14/U16 Male
300mh- SSNB Jr Female & Male
400mh finals - U18/ U20/Open Masters SSNB Sr Female & Male

Break (approx 12-12:30)

150m timed final - U12/U14 Female & Male
200m timed final - U16/U18/U20/open/ Masters female SSNB Female
200m timed final - U16/U18/U20/open/ Masters male SSNB Male
80m hurdles heats - U14/ U16 Female; U16 Female, Masters,
SSNB Jr Female
100m hurdles heats - U16 male, U18/U20/Open female, Masters
SSNB Sr Female SSNB Jr Male
110m hurdles heats - U18/U20/Open male, Masters SSNB SrMale
1200m - U14/ U16 female
1200m - U14/ U16 male
1500m - U18 and older female SSNB Female
1500m - U18 and older male SSNB Male
1500ms/c - U16 Female & Male
300m timed final - U12/U14/U16 female
300m timed final - U12/U14/U16 male
400m timed final - U18 and older female SSNB Female
400m timed final - U18 and older male SSNB Male
4 x 100m - U14 & older Female & Male SSNB Female & Male

Tentative Field Schedule (Horaire tentative)

9:00am - Female Shot Put

9:00am - Male Discus

9:00am -Male Long Jump

10:45am -Female triple (after male long jump)

10:15am - Male Shot Put

11:00am - Female Discus

After Break (should be at approx 12:00)

12:20 - All High Jump

12:20- Female Javelin

12:20 - Female long jump

2:00pm - Male Triple jump (after female long jump)

1:45pm - All Hammer

2:45pm - Male Javelin



