



## JENNIFER ROGERS SWAN MEMORIAL MEET

MAY 2-3, 2026

Gerry and Jane Swan Track at Rotary Stadium  
32470 Haida Drive, Abbotsford, BC

Jennifer Rogers Swan, daughter of Gerry and Jane Swan, was a member of the Valley Royals Track & Field Club from its inaugural year (1980). She was a 400m Hurdle Specialist winning the BC High school event with a time of 62.12 seconds. She attended BYU where she earned her teaching degree. We lost Jennifer on February 10, 2014 in a car accident. For more information, please visit [www.valleyroyals.ca](http://www.valleyroyals.ca) where you can find a biography written by her father, Gerry and a "Remembering Jennifer Rogers Swan" page with notes from many of her family and friends.

### SIGNATURE EVENT

**This meet will feature a 400m Hurdle race in honour of Jennifer for U18, U20 & Open Categories**

This is a BC Athletics Sanctioned meet with events open to all ages with some restrictions with respect to distances and implement weights at certain ages (see Schedule). **MASTERS Athletes may compete in the Open Category**

Valley Royals reserve the right to limit entries.

|                |               |  |
|----------------|---------------|--|
| Meet Director: | Tom Norton    | <a href="mailto:secretary@valleyroyals.ca">secretary@valleyroyals.ca</a>         |
|                | Paul Trustham | <a href="mailto:vicepresident@valleyroyals.ca">vicepresident@valleyroyals.ca</a> |
| Meet Managers: | Dawn Driver   | <a href="mailto:ddrivertrack@gmail.com">ddrivertrack@gmail.com</a>               |
|                | Debbie Foote  | <a href="mailto:debbie@valleyroyals.ca">debbie@valleyroyals.ca</a>               |

Age Groups: JD 9 (2017), JD 10 (2016), JD 11 (2015), JD 12 (2014), JD 13 (2013), U16 (2011-2012), U18 (2009-2010), U20 (2007-2008), Open (2006 and earlier). Masters welcome to enter in Open categories. Hurdles will be age appropriate height and distance.

Events offered: Hammer (JD 12 – Open), Discus (JD10 – Open), Shot Put (JD 9 – Open), Javelin (U16-Open), High Jump (JD 9 – Open), Long Jump (JD 9 – Open), Triple Jump (JD13-Open), Pole Vault (JD13-Open) 1500m Steeplechase (U16), 2000m Steeple Chase (U18), 3000m Steeple Chase (U20-Open) Sprint hurdles (JD - Open), 60m (JD 9 – 11), 100m (JD 12 – Open), 300m Hurdles (U16, masters W50+, M60+) 400m Hurdles (U18 – Open), 600m (JD 9 – 11), 800m (JD 12 – Open), 200m (JD 11 – Open), 300m (JD 12 – U16), 400m (U18 – Open), 1000m (JD9-11), 1200m (JD 12 – U16), 1500m (U18 – Open), 2000m (U16), 3000m (U18 – Open), 1500m Race walk (U16-Open), Men Decathlon (U18-Open), Women Heptathlon (U18-Open)

Special Olympics events: Long jump, standing long jump, shot put, 100m, 200m, 400m, 800m

Para Athletes are welcome to register in age group and results can be done in Para category.

Wheelchair events offered: Seated Shotput and Discus, Wheelchair 100m, 400m and 800m.

|                  |                     |                    |
|------------------|---------------------|--------------------|
| Saturday: Track: | First event 9:00 am | Last Event 2:30 pm |
| Field:           | First event 9:00 am | Last Event 2:30 pm |

Sunday: Track: First event 9:00 am Last Event starts: 2:30 pm  
Field: First event 9:00 am Last Event starts: 2:30 pm

**Entry Deadline:** Monday April 27, 11:59 pm.

Register, in advance, before the Entry Deadline at

Link will be available at [www.valleyroyals.ca](http://www.valleyroyals.ca)

Non BC Athletics Members must register online subject to one day fee - \$5.00 per athlete and must also sign/approve a waiver, which will be linked on trackie. Bibs will not be available for pick up unless the non-member waiver has been signed. **There will be no exceptions to this rule.**

Special Olympics register as follows:

- ! Please email [ddrivertrack@gmail.com](mailto:ddrivertrack@gmail.com) to register.
- ! E-transfer email for entry fees will be sent once Dawn receives your registration.
- ! If special arrangements required, please email to discuss.
- ! Please provide the following details in your email:
  - o Name (first/last), Birthdate, Club, Male or Female, Events, and seed marks if you have them.

**No Late Registration: No day of meet registration.**

**Entry Fee:** \$12.00 – per event except for:  
\$60 – Decathlon,  
\$45 - Heptathlon  
\$20.00 Flat Fee for Special Olympics

**Awards:** Ribbons for 1<sup>st</sup> 8 places.

**Conflicting Events:** IF TWO EVENTS OCCUR AT THE SAME TIME FOR AN ATHLETE the athlete or the parent/coach should notify the field event organizer AND the track event marshal of the situation at the time that each event is marshalled.  
A short time before the track event is run, the athlete must notify the field event officials and go to the race.  
COMPETITION WILL NOT BE PUT ON HOLD UNTIL ATHLETES RETURN and Athletes cannot catch up on missed rounds of throws/jumps.  
The athlete will enter the competition at the point that it has reached when they return.  
This situation is a common occurrence at track and field meets.

**Schedule:** A copy of the Schedule can be found attached to this document  
Up-to date schedule available Online at [www.valleyroyals.ca](http://www.valleyroyals.ca)  
Events may run up to 30 minutes ahead of schedule.  
**Schedule is subject to change – please review carefully**  
All changes to posted results will be made in consultation with the Track or Field Referee and Meet Director.

**Event Check-in**

**Marshalling:** TRACK EVENTS - marshalled at the applicable start line – please check in 20-30 minutes prior to start  
FIELD EVENTS – Please check in 20 – 30 minutes prior to the start.  
NOTE: Please pay attention. The schedule can change and events may move up.

**Registration Packages:** Registration packages, including athletes' numbers, will be available for pick up at the check-in table by coaches/ Or team reps at 8:00. a.m. on Saturday.  
Numbers must be worn for all running events on the front of athlete's singlet.  
Numbers may be worn on front or back of singlet for field events  
**Athletes must wear their assigned bib number.** Athletes using another athlete's number will be disqualified from participating in the rest of the meet.

**Additional Notes:**

- ! EACH CLUB IS RESPONSIBLE FOR THE SUPERVISION AND CONDUCT OF THEIR ATHLETES.
- ! **Coaches, athletes and spectators are not allowed on the infield.** All coaches and spectators must stay out of the areas designated as competition areas.
- ! Coaching must take place from an area designated by the chief official.
- ! Athletes who are competing must stay within the competition area with the other competitors.
- ! Proper footwear must be worn for all events.