

2026 Bob Dailey Event Schedule

Saturday, April 25			
Time	Track	Time	Field
9:30AM	Race Walk Track - 800m (7min) - 1500m (11min) Single heat only. All walk race distances go off at the same time.		
10:00AM	400mH - 1 heat est. (5min) Hurdles in lanes 5-8 ONLY. - BC High School hurdle ages/heights for athletes aged 14+ - Boys 17-18 (36") - Girls 17-18 (30")	10:00AM	Jumps - Long Jump (U10 Girls, Max 20 athletes) - High Jump (U14 Boys, Max 12 athletes) Throws - Discus (U12 Boys, Max 20 athletes) - Javelin (U16 Girls, Max 12 athletes)
10:05AM	1,200m - 2 heats (Male, Female), 15min total - Max heat size of 20 athletes		
10:25AM	300mH - 2 heats est. (10min total) Hurdles in lanes 5-8 ONLY. - BC High School hurdle ages/heights for athletes aged 14+ - Boys 15-16 (33") - Girls 15-16 (30")		
10:35AM	1,500m - 2 heats (Male, Female), (20min total) - Max heat size of 20 athletes		
10:55AM	200mH - 2 heats est., (10min total) Hurdles in lanes 5-8 ONLY. Competition Hurdles - Boys 14 (30") - Girls 14 (30")	11:00AM	Jumps - Long Jump (U12 Girls, Max 20 athletes) - High Jump (U16 Boys, Max 12 athletes) Throws - Discus (U14 Boys, Max 20 athletes) - Javelin (U18+ Women, Max 12 athletes)
11:05AM	1,000m - 2 heats (Male, Female), (15min total)		
11:20AM	200mH (JD) - 2 heats est., 10min total Hurdles in lane 5-8 ONLY. Scissor Hurdles - 13yr olds (27") - 12yr olds (24")		
11:30AM	Track Officials Break Minimum 30min break in Track events schedule.		

Saturday, April 25

12:00PM	2 x 100m Relay (Exhibition) - 45min total	12:00PM	Jumps - Long Jump (U14 Girls, Max 20 athletes) - High Jump (U18+ Male, Max 12 athletes) Throws - Discus (U16 Boys, Max 12 athletes) - Javelin (U12 Girls, Max 20 athletes)
12:45PM	60m - 4 heats est., 15min total - U10, U12	1:00PM	Jumps - Long Jump (U16 Girls, Max 12 athletes) - High Jump (U12 Boys, Max 12 athletes) Throws - Discus (U18+ Male, Max 12 athletes) - Javelin (U14 Girls, Max 12 athletes)
1:00PM	U-Steeple Too (Exhibition) - 2 heats (U10/U12, U14), 15min total - Approximate Distance - 500m - Barrier Heights - 18" (scissor hurdles) - Total number of barriers - 8 - Number of times through water feature - 2 - See event description and map in Meet Package	2:00PM	Jumps - Long Jump (U18+ Women, Max 12 athletes) - High Jump (U10 Boys, Max 12 athletes)
1:30PM	200m - 9 heats est., 4min/heat (40min total)		

2026 Bob Dailey Event Schedule

Sunday, April 26			
Time	Track & Trail	Time	Field
9:00AM	110mH, 100mH, 80mH, 60mH - 10 heats est., 5min/heat, 50min total	9:00AM	Jumps - Long Jump (U10 Boys, Max 20 athletes) - High Jump (U14 Girls, Max 12 athletes) Throws - Javelin (U16 Boys, Max 12 athletes) - Discus (U12 Girls, Max 20 athletes)
9:50AM	3,000m - 1 heat, 15min total Combined event. Max heat size of 20. U14 age and older.	10:00AM	Jumps - Long Jump (U12 Boys, Max 20 athletes) - High Jump (U16 Girls, Max 12 athletes) Throws - Discus (U14 Girls, Max 20 athletes) - Javelin (U18+ Male, Max 12 athletes)
10:05AM	800m/600m - 8 heats est., 45min total		
10:50AM	100m - 15 heats est., 60min total	11:00AM	Jumps - Long Jump (U14 Boys, Max 20 athletes) - High Jump (U18+ Women, Max 12 athletes) Throws - Discus (U16 Girls, Max 12 athletes) - Javelin (U12 Boys, Max 20 athletes)
11:50AM	Track Officials Break Minimum 30min break in Track events schedule.	12:00PM	Jumps - Long Jump (U16 Boys, Max 12 athletes) - High Jump (U10 Girls, Max 12 athletes) Throws - Discus (U18+ Women, Max 12 athletes) - Javelin (U14 Boys, Max 20 athletes)
12:20PM	400m/300m - 6 heats est., 30min total	1:00PM	Jumps - Long Jump (U18+ Male, Max 12 athletes) - High Jump (U12 Girls, Max 12 athletes)

Schedule/Event Notes

Event Area	Details
Track Events	
- General	<p>Schedule designed to reduce burden on Officials and volunteers, both for running events and for set-up and take-down.</p> <p>We should be finished early Sunday afternoon to give people more time to get home.</p>
- Race Walk	<p>Single race only. All walkers (gender, age, distance) start at the same time.</p> <p>Distances will be 800m & 1500m</p>
- Long Hurdles & Saturday Middle Distance Events	<p>Alternating hurdles events and middle distance events on track to reduce movement of Starter's podium. (400mH - 1,200m, 300mH - 1,500m, 200mH - 1,000m)</p> <p>Hurdles events will use lanes 5-8 only (4 lane track), allowing space for Middle Distance events to run between hurdle races.</p> <p>Reduces Starter's Podium movement.</p> <p>Next Hurdles distance set while Middle Distance races run; reducing natural delay with traditional hurdles schedule.</p>
- 2 x 100m Relay (Exhibition)	<p>Fun event requiring less officiating coverage (only need to monitor a single exchange zone).</p> <p>Will fill more lanes (double lanes used for the same number of athletes) making it feel more competitive.</p> <p>Easier to put a team of 2 together than a team of 4. Will allow more athletes to participate.</p>

Event Area	Details
- U-Steeple Too (Exhibition)	<p>Steeple concept for kids (U10, U12, U14). About 500m total distance.</p> <ul style="list-style-type: none"> - 2 “lap” race - Athletes start at 100m finish line running clockwise (reverse to all other track events). - Athletes run over 2 x 18” scissor hurdles on the way to the water feature. - Athletes enter the water feature running down the incline into the water before rounding a buoy and running back up out of the water. - Athletes run back towards the finish line where they run around the cones to start lap 2. - 4 barriers cleared per lap for a total of 8.
Field Events	
- General	<p>Events offered this year include: Long Jump, High Jump, Discus, Javelin</p> <p>Field Sizes will be capped to ensure that we remain on schedule.</p> <ul style="list-style-type: none"> - High Jump (all sessions will have a maximum of 12 athletes) - Long Jump (U10, U12, U14 fields will be limited to 20 total jumpers. U16+ will have field sizes limited to 12 jumpers.) - Discus & Javelin (U10, U12, U14 fields will be limited to 20 total throwers. U16+ sessions will be limited to 12 throwers.)