

# ATLANTIC JUDO CHAMPIONSHIPS

MAY 1-2  
2026

TECHNICAL  
PACKAGE



HALIFAX  
NOVA SCOTIA



**Judo Nova Scotia is pleased to invite clubs and athletes from across Atlantic Canada and beyond to join us for the Atlantic Judo Championships, May 1-2, 2026 in Halifax, Nova Scotia.**

The Atlantic Championships brings together judoka of all ages and experience levels for a weekend of high-quality competition, sportsmanship, and community. The event will be conducted in accordance with **Judo Canada and IJF rules**, with appropriate modifications for youth divisions to ensure safety and positive athlete development.

We look forward to welcoming athletes, coaches, referees, and families to Halifax for an exciting event.

## **TOURNAMENT LOCATION**

### **Greenfoot Energy Centre**

61 Gary Martin Dr, Bedford, NS

## **TOURNAMENT CONTACTS**

Tournament Director and Registrar: Chris Cormier

Chief Referee: Fred Blaney



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# 01 ACCOMODATION

## Holiday Inn Express Bedford

980 Parkland Dr, Halifax, NS B3M 4X8

There are a limited number of rooms available at a special rate that can be reserved directly by calling 902-444-6700. You must name the group Judo Nova Scotia to get the rate. Rooms must be booked by April 8<sup>th</sup>.

\* Due to a recent flood, elevators, and the pool are unserviceable.

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# 02 REGISTRATION

Registration is to be done online via Trackie

Regular registration deadline is Friday, April 24, 2026 (5pm).

Late registration deadline is Tuesday, April 28, 2026 (5pm).

<https://www.trackie.com/event/2026-atlantic-judo-championships/1036074/>

Should tournament officials determine that a suitable competitive division cannot be offered for a judoka, the registration fee will be refunded.

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# 03 FEES

U8 FUNFEST	REGULAR REGISTRATION	LATE REGISTRATION	SECOND DIVISION
\$50	\$75	\$100	\$40

Athletes may compete in a **maximum of two (2) divisions**.

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# 04 AWARDS

In the U8 and U10 divisions, every competitor will receive a medal. For all other divisions, medals will be awarded for first, second and two third places in double elimination . All medal winners except U8 and U10 must win at least one match. Medals will be awarded throughout the event.

## 05 EVENT SCHEDULE

### Friday, May 1

**4:00 p.m. – 8:00 p.m.**

Kata Clinic

**7:00 p.m. – 9:00 p.m.**

Official/Unofficial Weigh Ins

### Saturday, May 2

**8:00 a.m.**

- Athlete Check - In
- Unofficial Weigh Ins

**9:00 a.m.**

- Official Weigh Scales Open

**10:00 a.m.**

- Tournament Begins

Following the U8 Funfest, all remaining divisions will begin competition. Match start times will be rolling and are dependent on the progression of earlier divisions.

Approximate bout times will be available through the Smoothcomp app. It is the responsibility of coaches to monitor the schedule and ensure athletes are present, properly prepared, and available when called to compete.

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## 06 COMPETITION FORMAT & PROCEDURES

- Divisions will be offered as **Official** or **Modified**, depending on athlete participation and entry numbers.
- In cases where insufficient entries exist to form a standard weight category, athletes may be grouped into **modified pools**, with a maximum **15% weight variance** between the lightest and heaviest competitors.
- **Awards** will be presented at designated times throughout the competition day.
- Competition will be conducted under **IJF rules**, along with applicable provisions of **Judo Canada's Tournament Sanctions Policy**. It is the responsibility of coaches to ensure that they and their athletes are familiar with these regulations.

- All participants must be registered members in good standing with a **provincial judo association, Judo Canada**, or an **IJF-recognized federation**. Athletes registered outside of Judo Canada must provide proof of valid membership upon request.

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## 07 COMPETITION DIVISIONS

Division offerings and formats are subject to change based on registration numbers.

<b>U8/LTAD</b>	<b>BORN 2019</b> <b>Divisions:</b> Mixed <b>Belts:</b> White, White/Yellow
<b>U10</b>	<b>BORN 2017 &amp; 2018</b> <b>DIVISIONS:</b> Female / Male <b>BELTS:</b> White, White/Yellow, Yellow
<b>U12</b>	<b>BORN 2015 &amp; 2016</b> <b>DIVISIONS:</b> Female / Male <b>BELTS:</b> Yellow and Up
<b>U14</b>	<b>BORN: 2013 &amp; 2014</b> <b>DIVISIONS:</b> Female / Male <b>BELTS:</b> Yellow and Up <b>WEIGHT CATEGORIES</b> Female: -30, -33, -36, -40, -44, -48, -52, -57, -63, +63 kg Male: <b>-32, -35, -38, -42, -46, -50, -55, -60, -66, +66 kg</b>
<b>U16*</b>	<b>BORN: 2011 - 2012 (EARLY BLOOMER 2013)</b> <b>DIVISIONS:</b> Female / Male <b>BELTS:</b> 2 Divisions: Yellow-Green & Blue Belt and Up <b>WEIGHT CATEGORIES</b> Female: -36, -40, -44, -48, -52, -57, -63, -70, +70 kg Male: -38, -42, -46, -50, -55, -60, -66, -73, +73 kg

<b>U18*</b>	<b>BORN: 2009 - 2011 (EARLY BLOOMER 2012)</b> <b>DIVISIONS:</b> Female / Male <b>BELTS:</b> 2 Divisions: Yellow-Green & Blue Belt and Up <b>WEIGHT CATEGORIES</b> Female: -40, -44, -48, -52, -57, -63, -70, +70 kg Male: -50, -55, -60, -66, -73, -81, -90, +90 kg
<b>U21**</b>	<b>BORN: 2006 - 2011 (EARLY BLOOMER 2012)</b> <b>DIVISIONS:</b> Female / Male <b>BELTS:</b> 2 Divisions: Yellow-Green & Blue Belt and Up <b>WEIGHT CATEGORIES</b> Female: -48, -52, -57, -63, -70, -78, +78 kg Male: -60, -66, -73, -81, -90, -100, +100 kg
<b>SENIOR**</b>	<b>BORN: 2011 or EARLIER (EARLY BLOOMER 2012)</b> <b>DIVISIONS:</b> Female / Male <b>BELTS:</b> 2 Divisions: Yellow-Green & Blue Belt and Up <b>WEIGHT CATEGORIES</b> Female: -48, -52, -57, -63, -70, -78, +78 kg Male: -60, -66, -73, -81, -90, -100, +100 kg
<b>VETERAN***</b>	<b>BORN: 1996 or EARLIER</b> <b>DIVISIONS:</b> Pooled by weight, rank and gender <b>WEIGHT CATEGORIES</b> Female: -48, -52, -57, -63, -70, -78, +78 kg Male: -60, -66, -73, -81, -90, -100, +100 kg

\* Early-Bloomers may compete in higher age categories with Judo Canada approval

\*\* Early-Bloomers permitted from 2012 in accordance with Judo Canada policy

\*\*\* Age and weight divisions may be combined depending on the number of registered participants.

## 08 RULES

<b>U8/LTAD</b>	Start from the kneeling position 2-minute, continuous time matches Matches stop when time expires
<b>U10 - WHITE/YELLOW BELTS</b>	Matches start from the kneeling position 2-minute, continuous time matches
<b>U10 - YELLOW BELTS &amp; UP U12</b>	2-minute matches Win by 3 ippons or highest score

	Round-robin format
<b>U14</b> <b>U16</b>	Double elimination Round-robin if 5 or fewer athletes At least one win required for a medal
<b>U18</b> <b>U21</b> <b>SENIOR</b>	Modified double elimination Round-robin if 5 or fewer athletes At least one win required for a medal
<b>VETERAN</b>	Round-robin Double elimination Safety and appropriate matchups prioritized

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## 09 DRAWS, RESULTS & STREAMING

Draw sheets and competition results will be on: **TBA**

Live webcast will be available at: [www.youtube.com/@JudoNS](http://www.youtube.com/@JudoNS)

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## 10 KATA CLINIC

A kata clinic will be held on Friday, May 1, from 4:00 p.m. to 8:00 p.m. at Greenfoot Energy Centre, 61 Gary Martin Dr, Bedford, NS

\$30 per registrant

Registration can be done through the link below:

<https://www.trackie.com/event/2026-atlantics-kata-clinic/1036425/>

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## 11 VOLUNTEERS

The Atlantic Judo Championships rely on the support of volunteers to ensure a safe, well-run, and enjoyable event for all participants. We welcome volunteers from the judo community, including parents, club members, and supporters.

Volunteer roles may include:

Timekeepers and scorekeepers

Table officials

Athlete check-in and registration support

Weigh-in assistance  
Runners and mat support  
Awards and medal presentations  
General event support and logistics

No prior experience is required for many roles, and training or guidance will be provided where needed.

If you are interested in volunteering, please register online at <https://www.trackie.com/event/2026-atlantics-referees-and-volunteers/1036569/>

Even a few hours of support makes a meaningful difference and is greatly appreciated.

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## 12 GENERAL INFORMATION

### **Competition Attire**

Both white and blue judogis are permitted. If competitors are wearing the same colour, identifying sashes will be provided.

### **Conduct and Accreditation**

The Tournament Director reserves the right to revoke accreditation for any individual who demonstrates serious or repeated disregard for competition rules or procedures. Respectful conduct toward officials, referees, and volunteers is expected at all times. Any questions or concerns must be directed to the Tournament Director.

### **Accommodation**

Teams and officials are responsible for arranging their own accommodations, if required.

### **Contact Information**

For additional information or inquiries, please contact the Tournament Director:  
[chris.cormier@judonovascotia.com](mailto:chris.cormier@judonovascotia.com)