

2026 Bob Dailey Event Schedule

| Saturday, April 25 | | | |
|--------------------|---|---------|---|
| Time | Track | Time | Field |
| 9:30AM | Race Walk Track - 800m (7min) - 1500m (11min) Single heat only. All walk race distances go off at the same time. | | |
| 10:00AM | 400mH - 1 heat est. (5min) Hurdles in lanes 5-8 ONLY. - BC High School hurdle ages/heights for athletes aged 14+ - Boys 17-18 (36") - Girls 17-18 (30") | 10:00AM | Jumps - Long Jump (U10 Girls, Max 20 athletes) - High Jump (U14 Boys, Max 12 athletes) Throws - Discus (U12 Boys, Max 20 athletes) - Javelin (U16 Girls, Max 12 athletes) |
| 10:05AM | 1,200m - 2 heats (Male, Female), 15min total - Max heat size of 20 athletes | | |
| 10:25AM | 300mH - 2 heats est. (10min total) Hurdles in lanes 5-8 ONLY. - BC High School hurdle ages/heights for athletes aged 14+ - Boys 15-16 (33") - Girls 15-16 (30") | | |
| 10:35AM | 1,500m - 2 heats (Male, Female), (20min total) - Max heat size of 20 athletes | | |
| 10:55AM | 200mH - 2 heats est., (10min total) Hurdles in lanes 5-8 ONLY. Competition Hurdles - Boys 14 (30") - Girls 14 (30") | 11:00AM | Jumps - Long Jump (U12 Girls, Max 20 athletes) - High Jump (U16 Boys, Max 12 athletes) Throws - Discus (U14 Boys, Max 20 athletes) - Javelin (U18+ Women, Max 12 athletes) |
| 11:05AM | 1,000m - 2 heats (Male, Female), (15min total) | | |
| 11:20AM | 200mH (JD) - 2 heats est., 10min total Hurdles in lane 5-8 ONLY. Scissor Hurdles - 13yr olds (27") - 12yr olds (24") | | |
| 11:30AM | Track Officials Break Minimum 30min break in Track events schedule. | | |

Saturday, April 25

| | | | |
|----------------|--|----------------|--|
| 12:00PM | 2 x 100m Relay (Exhibition) - 45min total | 12:00PM | <p>Jumps</p> <ul style="list-style-type: none"> - Long Jump (U14 Girls, Max 20 athletes) - High Jump (U18+ Male, Max 12 athletes) <p>Throws</p> <ul style="list-style-type: none"> - Discus (U16 Boys, Max 12 athletes) - Javelin (U14 Girls, Max 20 athletes) |
| 12:45PM | 60m - 4 heats est., 15min total - U10, U12 | 1:00PM | <p>Jumps</p> <ul style="list-style-type: none"> - Long Jump (U16 Girls, Max 12 athletes) - High Jump (U12 Boys, Max 12 athletes) <p>Throws</p> <ul style="list-style-type: none"> - Discus (U18+ Male, Max 12 athletes) - Javelin (U12 Girls, Max 12 athletes) |
| 1:00PM | U-Steeple Too (Exhibition) - 2 heats (U10/U12, U14), 15min total - Approximate Distance - 500m - Barrier Heights - 18" (scissor hurdles) - Total number of barriers - 8 - Number of times through water feature - 2 - See event description and map in Meet Package | 2:00PM | <p>Jumps</p> <ul style="list-style-type: none"> - Long Jump (U18+ Women, Max 12 athletes) - High Jump (U10 Boys, Max 12 athletes) |
| 1:30PM | 200m - 9 heats est., 4min/heat (40min total) | | |

2026 Bob Dailey Event Schedule

| Sunday, April 26 | | | |
|------------------|---|---------|---|
| Time | Track & Trail | Time | Field |
| 9:00AM | 110mH, 100mH, 80mH, 60mH - 10 heats est., 5min/heat, 50min total | 9:00AM | Jumps - Long Jump (U10 Boys, Max 20 athletes) - High Jump (U14 Girls, Max 12 athletes) Throws - Javelin (U16 Boys, Max 12 athletes) - Discus (U12 Girls, Max 20 athletes) |
| 9:50AM | 3,000m - 1 heat, 15min total Combined event. Max heat size of 20. U14 age and older. | 10:00AM | Jumps - Long Jump (U12 Boys, Max 20 athletes) - High Jump (U16 Girls, Max 12 athletes) Throws - Discus (U14 Girls, Max 20 athletes) - Javelin (U18+ Male, Max 12 athletes) |
| 10:05AM | 800m/600m - 8 heats est., 45min total | | |
| 10:50AM | 100m - 15 heats est., 60min total | 11:00AM | Jumps - Long Jump (U14 Boys, Max 20 athletes) - High Jump (U18+ Women, Max 12 athletes) Throws - Discus (U16 Girls, Max 12 athletes) - Javelin (U14 Boys, Max 20 athletes) |
| 11:50AM | Track Officials Break Minimum 30min break in Track events schedule. | 12:00PM | Jumps - Long Jump (U16 Boys, Max 12 athletes) - High Jump (U10 Girls, Max 12 athletes) Throws - Discus (U18+ Women, Max 12 athletes) - Javelin (U12 Boys, Max 20 athletes) |
| 12:20PM | 400m/300m - 6 heats est., 30min total | 1:00PM | Jumps - Long Jump (U18+ Male, Max 12 athletes) - High Jump (U12 Girls, Max 12 athletes) |

Schedule/Event Notes

| Event Area | Details |
|--|---|
| Track Events | |
| - General | <p>Schedule designed to reduce burden on Officials and volunteers, both for running events and for set-up and take-down.</p> <p>We should be finished early Sunday afternoon to give people more time to get home.</p> |
| - Race Walk | <p>Single race only. All walkers (gender, age, distance) start at the same time.</p> <p>Distances will be 800m & 1500m</p> |
| - Long Hurdles & Saturday Middle Distance Events | <p>Alternating hurdles events and middle distance events on track to reduce movement of Starter's podium. (400mH - 1,200m, 300mH - 1,500m, 200mH - 1,000m)</p> <p>Hurdles events will use lanes 5-8 only (4 lane track), allowing space for Middle Distance events to run between hurdle races.</p> <p>Reduces Starter's Podium movement.</p> <p>Next Hurdles distance set while Middle Distance races run; reducing natural delay with traditional hurdles schedule.</p> |
| - 2 x 100m Relay (Exhibition) | <p>Fun event requiring less officiating coverage (only need to monitor a single exchange zone).</p> <p>Will fill more lanes (double lanes used for the same number of athletes) making it feel more competitive.</p> <p>Easier to put a team of 2 together than a team of 4. Will allow more athletes to participate.</p> |

| Event Area | Details |
|-------------------------------------|---|
| <p>- U-Steeple Too (Exhibition)</p> | <p>Steeple concept for kids (U10, U12, U14). About 500m total distance.</p> <ul style="list-style-type: none"> - 2 “lap” race - Athletes start at 100m finish line running clockwise (reverse to all other track events). - Athletes run over 2 x 18” scissor hurdles on the way to the water feature. - Athletes enter the water feature running down the incline into the water before rounding a buoy and running back up out of the water. - Athletes run back towards the finish line where they run around the cones to start lap 2. - 4 barriers cleared per lap for a total of 8. |
| <p>Field Events</p> | |
| <p>- General</p> | <p>Events offered this year include: Long Jump, High Jump, Discus, Javelin</p> <p>Field Sizes will be capped to ensure that we remain on schedule.</p> <ul style="list-style-type: none"> - High Jump (all sessions will have a maximum of 12 athletes) - Long Jump (U10, U12, U14 fields will be limited to 20 total jumpers. U16+ will have field sizes limited to 12 jumpers.) - Discus & Javelin (U10, U12, U14 fields will be limited to 20 total throwers. U16+ sessions will be limited to 12 throwers.) |