



**Royal Canadian Legion Track and Field
District B Championships and Team Selection
Ontario Summer Games Zone 2 Team Selection
Saturday, June 27, 2026**

Technical Package for RCL District B

- Location:** Niagara Olympic Track and Field Center, St. Catharines
- Parking:** 76 Powerview Ave., St. Catharines, L2S 1X1
130 Louth St., St. Catharines, L2S 2T8
- Sanctioned by:** Royal Canadian Legion
Athletics Ontario
- Hosted by:** Niagara Olympic Club and Athletics Niagara
- Age groups:**
- | | | | |
|-----|-----------------------|--------------------|--------------------|
| U14 | District B exhibition | Born 2013 and 2014 | OSG team selection |
| U16 | District B | Born 2011 and 2012 | OSG team selection |
| U18 | District B | Born 2009 and 2010 | |
- Meet Directors:** Sharon Stewart sharon.noc@outlook.com
Wayne Rae athleticsniagara@gmail.com
- District B Legion Contact:** Rich Gelder track.dist.b@gmail.com
- Entries Chairperson:** Steve Moran steve@sportmadesimple.com
- Ontario Summer Games:** Angela Whyte angela.whyte@athleticsontario.ca

REGISTRATION and ENTRIES:

Deadline: Monday, June 22 @ 7:00pm Entries received after this date will not be accepted.

Fee: \$15.00 per athlete per event (plus service charges)
Athletes may compete independently of a school or club affiliation

Online Only: [TRACKIE - Online registration for events, tournaments, clubs and organizations...](#)

**Waivers and photography release form must be signed online with the registration process.
Performance lists and a final schedule will be posted on Trackie.**

Check-in Procedure:

- Athletes are to check in at the Start Line 15 minutes before the scheduled start time for the track event and at the field event 15 minutes before the scheduled start time for the event.

Awards: Medals will be awarded to the first three finishers in each event.

Facility: All-weather 8 lane rubberized surface. Maximum spike length 6 mm.
Concrete throwing circles.

Concession: on site

Facility Rules:

Only coaches, officials and meet volunteers will be permitted onto the competition areas. All others must go to the spectator viewing area. Meet organizers will provide passes for coaches.



RCL District B Track and Field Meet Regulations

Start Rule: WA No fault starts rule for U16 and U18.

Implements: Personal implements will be allowed, but must be checked in for certification.

Protests: All protest must be made as outlined in WA rule book. In all cases, protests must be filed within 30 minutes of the official announcement or release of the results. If no protest is received within the 30 minutes time limit, the result as released will stand. If a protest changes a result, 30 minutes will be allowed following the announcement or release of the decision for appeal to be brought forward. The decision of the referee may be appealed to the Jury of Appeal whose decision is final. The protest fee of \$50.00 will be returned if the protest is upheld.

There is a restriction of three (3) events per athlete. It is recommended that those athletes, interested in being considered for the multiple events, compete in the key elements of those events (hurdles, high jump, shot put, etc.) Athletes found representing the wrong District, or competing in multiple Districts, will only be included in the selection for the District Team if prior approval is received from both District Chairs and The Provincial Chair. Should approval not be obtained, participants will forfeit their further participation which could lead to being ineligible for other legion events. Information will be passed on to national coordinators to determine the outcome. Athletes who reside outside of the District B boundaries are welcome to compete, however inclusion to the Provincial meet must be pre-approved by **BOTH** District Chairs.

Royal Canadian Legion Ontario Track and Field Championships

Dates: July 10 -11 with team departure on July 9th

Location: Laurentian University, Sudbury

Selection: District B team selection is for U16 and U18 only.

Immediately after the last event, the District B team will be selected using the following criteria:

- All U16 and U18 top three finishers will be considered for the District B Team.
- The day-of results will be compared to the results of the last five years of the Legion Provincial Championships.
- Those selected will be notified by email or phone if the emails are not responded to.

Ontario Summer Games Athletics

Dates: July 31 – August 2

Location: Resurrection Catholic Secondary School, Waterloo Region

Selection: see the OSG technical package



Appendix A Waiver to be read and signed with online registration.

SANCTIONED AND REQUIRED BY:
THE ROYAL CANADIAN LEGION – DISTRICT B

RELEASE, WAIVER AND INDEMNITY

IN CONSIDERATION of the acceptance of my application and the permission to participate as an entrant or competitor in

The 2026 ROYAL CANADIAN LEGION District B Outdoor CHAMPIONSHIPS

I, for myself, my heirs, executors, administrators, successors and assigns
HEREBY RELEASE, WAIVE AND FOREVER DISCHARGE

**The Royal Canadian Legion – District B
Niagara Olympic Track and Field Club
Athletics Niagara
Athletics Ontario**

And all other associations, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, contractors, representatives, successors and assigns OF AND FROM ALL claims, demands, damages, costs, expenses, actions and causes of action, whether in law or equity, in respect of death, injury, loss or damage to my person or property HOWSOEVER CAUSED, arising or to arise by reason of my participation in the said event, whether as spectator, participant, competitor or otherwise; whether prior to, during or subsequent to the event AND NOTWITHSTANDING that same may have been contributed to or occasioned by the negligence of any of the aforesaid.

I FURTHER HEREBY UNDERTAKE to HOLD AND SAVE HARMLESS and AGREE TO INDEMNIFY all of the aforesaid from and against any and all liability incurred by any or all of those arising as a result of, or in any way connected with my participation in the said event.

BY SUBMITTING this ENTRY, I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND AGREED to the above WAIVER, RELEASE AND INDEMNITY.

(Please print carefully)

Date

Print Athlete Name

Signature

Date

Print Name

Signature of Parent, Legal Guardian or POA

Athlete's Date of Birth: _____ Health Card Number: _____

Athlete's Address: _____

Telephone Number: _____

Email Address: _____



Appendix B Photography Release to be read and signed with online registration.

I, the undersigned, grant to The Royal Canadian Legion, Ontario Provincial Command permission to use images of me photographed at the 2026 District B Track and Field Championships for purposes of display, ceremonies, publication and digital representation and other purposes in relation to the promotion of The Royal Canadian Legion and/or the Legion Provincial Track and Field Championships. I also give consent for the free use of my name and/or picture in any broadcast, telecast or other account of the above event.

(Please print carefully)

_____	_____	_____
Date	Print Athlete Name	Signature

_____	_____	_____
Date	Print Name	Signature of Parent, Legal Guardian or POA