

Coquitlam Classic Invitational Race Notice

When: Thursday, April 23th, 2026

Where: Town Centre, 1299 Pinetree Way, Coquitlam BC

Registration: will be available in Trackie Reg. This is an invitational meet for High Schools in SD43, SD42 and select schools in BNWSAA. If your school is interested in participating, please contact Richard Cooper at rcooper@sd43.bc.ca

Entry Deadline: Friday, April 17th, 2026. There will be no entries accepted on the day of the meet.

Cost: \$7/athlete. Cheques payable to Archbishop Carney, ***please have it prepared on the day of the Meet.***

Things you need to know

1. Athletes must be accompanied by a school coach throughout the track meet.
2. Athletes must wear their school uniform to compete.
3. Coaches can pick up bibs, available at the timing tent at the start of the meet.
4. Bibs must be worn on the front during competition.
5. We aim to run on time; **the meet can run ahead by up to 30 minutes.**
6. Track events should check in **30 min prior** to the event at the Marshalling area.
7. Field athletes should warm up and/or get their marks **30 min prior to event** at the event venue.
8. Blocks will be provided. ***It is not compulsory that athletes use them but are encouraged to use them.***
9. Field events – participants in throws and jumps will get a maximum of 3 throws.
10. Please check with the schedule for the weights of Javelin, Shot Put and Discus.
11. Athletes may register in **3 events and 2 relays only.**
12. Girls High Jump: Starting height = 1.00m; increase by 5cm. Warm-ups start at 3:30
13. Boys High Jump: Starting height = 1.300m; increase by 5cm. Warm-ups start at 5:15 (or when girls HJ finishes)

Coquitlam Classic Track and Field Meet - April 23rd, 2026

Percy Perry Stadium, Town Centre, Coquitlam

Track Event Schedule

TIME	EVENT/CATEGORIES
3:30	Coaches Meeting
3:45	110 mH (36") Sr Boys 100 mH (36") JrB 100 mH (33") SrG, Gr8B 80 mH (30") Gr8G, JrG
4:15	60M Unified Athletes
4:30	4x100m Relay Timed Final Gr8B, Gr8G, JrB, JrG, SrB, SrG
5:30	3000 m Open Boys, Open Girls
6:15	200m Timed Final Gr8B, Gr8G, JrB, JrG, SrB, SrG
7:15	4X400M Gr8B, Gr8G, JrB, JrG, SrB, SrG

Field Event Schedule

Time	Long Jump	High Jump	Shot Put	Discus	Javelin
3:45	Sr Boys (Pit A) Sr Girls (Pit B)	Gr8/Jr/Sr Girls	Unified Athletes	Gr8/Jr/Sr Boys (1,1.5,1,75 kg)	Gr8/Jr/Sr Girls (500,500,600 kg)
5:00	Gr. 8 Boys (Pit A) Gr. 8 Girls (Pit B)				
5:15			Gr8/Jr/Sr Boys (3,4,4 kg)		
5:30		Gr8/Jr/Sr Boys		Gr 8/Jr/Sr Girls (1 kg)	Gr8/Jr/Sr Boys (600,700,800 kg)
5:45	Jr Boys (Pit A) Jr Girls (Pit B)		Gr8/Jr/Sr Girls (3,4,4 kg)		
6:00					
6:30					

*Girls High Jump: Starting height = 1.00m; increase by 5cm. Warm-ups start at 3:15

*Boys High Jump: Starting height = 1.300m; increase by 5cm. Warm-ups start at 5:00 (or when girls' HJ finishes)

Long jump and all throws will have 3 attempts