



SUMMIT SCHEDULE - APRIL 25

SAT APRIL 25	EVENT	NOTES
8:30 AM - 9:00AM	CHECK IN & WARM UP	
9:00AM - 10:30AM	SHOT PUT	
10:30AM - 10:45AM	BREAK	
10:45AM - 12:15PM	JAVELIN	
12:15PM - 1:00PM	LUNCH	Bring your own lunch
1:00PM - 2:30PM	DISCUS	
2:45PM	Coaches info session, practice planning, debrief, questions	
2:45PM	HAMMER	