



SUMMIT SCHEDULE - APRIL 18

SAT APRIL 18	EVENT	NOTES
8:30 AM - 9:00AM	CHECK IN & WARM UP	Inside Dennis Fairall Fieldhouse
9:00AM - 10:45AM	SHOT PUT	
10:45AM - 11:00AM	BREAK	
11:00AM - 12:45PM	DISCUS	
12:45PM - 1:30PM	LUNCH	Bring your own lunch
1:30PM - 3:30PM	JAVELIN	
3:00 - 3:30	Intro to hammer & wt throw	
3:30PM	Networking, debrief, questions	