



SUDBURY SUMMIT SCHEDULE

SAT MAY 9	EVENT	
8:30AM - 9:00AM	CHECK IN, WARM UP	
9:00AM - 10:45AM	SHOT PUT	
10:45AM - 11:00AM	BREAK	
11:00AM - 12:45PM	DISCUS	
12:45PM - 1:30PM	LUNCH	
1:30PM - 3:30PM	JAVELIN	
2:30PM - 3:30PM	HAMMER & WEIGHT THROW	
3:30PM	COMPETITION SHOT PUT	
4:00PM	COMPETITION DISCUS	
4:30PM	COMPETITION JAVELIN	