

SSNS Pictou-Cumberland District Track & Field Meet Schedule

Wednesday May 13th, 2026

Track Events (will proceed once track is available)

80m hurdles (9:30am start time)	Finals	JG(30"), JB (30"), IG (30")
100m hurdles	Finals	SG (30"), IB (33")
110m hurdles	Finals	SB (36")
400m	Finals	JG, JB, IG, IB, SG, SB
100m Supported Athletes	Finals	SAJG, SAJB, SASG, SASB
Track Break for Officials		
100m (12:50pm start time)	Prelims	JG, JB, IG, IB, SG, SB
1500m ⁽³⁾	Finals	JB, JG, IG, IB, SG, SB
100m	Finals	JG, JB, IG, IB, SG, SB

Field Events

	<u>9:30</u>	<u>10:45</u>	<u>12:00</u>	<u>2:30</u>
Long Jump ⁽²⁾	IB & SAB	SAG	JB	SB
High Jump	JG		IG	SG
Triple Jump	IG		SG	JG
Shot Put ⁽⁴⁾	JB & SAG	SAB	SB	IB
Discus	SG		JG	IG
Javelin ⁽¹⁾	SB		IB	JB

NOTES

- (1) Javelin throw will take place on its regular runway.
- (2) Supported Athlete (SAG & SAB) long jump will take place in the south end sand pits.
- (3) Age classes may be combined depending on registration numbers.
- (4) Supported Athletes will throw shot put from the old discus cage area.

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Track Events (will proceed once track is available)

200 m (9:30am start time)	Prelims	JG, JB, IG, IB, Para, SG, SB
800 m	Finals	JG, JB, IG, IB, Para, SG, SB
4x100 Relay	Finals	JG, JB, IG, IB, SG, SB
Track Break for Officials		
200 m (1:50pm start time)	Finals	JG, JB, IG, IB, SG, SB
3000 m ⁽²⁾	Finals	JG, JB, IG, IB, SG, SB
4x400 m ⁽²⁾	Finals	JG, JB, IG, IB, SG, SB

Field Events

	<u>9:30</u>	<u>12:00</u>	<u>2:30</u>
Long Jump	IG	JG	SG
High Jump	SB	JB	IB
Triple Jump	JB	IB	SB
Shot Put	JG & Para	SG	IG
Discus	IB	SB	JB
Javelin ⁽¹⁾	SG	IG	JG

NOTES

- (1) The javelin will take place from the regular javelin runway.
- (2) Age classes may be combined depending on registration numbers.