

Calgary Spring Challenge and Combined Event
Tentative Schedule Overview
Friday May 8, 2026

(as of March 29th, 2026)

Times Are Approximate - Please confirm with the OFFICIAL schedule

Track	Field	Long Jump #1	Long Jump #2	High Jump	Throws # 1	Throws #2	Throws #3	Pole Vault	Field
6:00pm	800m (Open/U18/U16)	5:45pm	OW Long Jump	U16 B	OW Discus				
		6:45pm			U18W Discus				
		7:00pm		U16 G					
7:30pm	1500m SC/2000m SC	7:30pm	U18M Long Jump						
		8:00pm			OM/U20M/Mst/U18B/U16B Hammer				

Saturday May 9, 2026

Track	Field	Long Jump #1	Long Jump #2	High Jump	Throws # 1	Throws #2	Throws #3	Pole Vault	Field
9:00am					Throw Pent Hammer	U18/U16 B Shot Put			
9:30am									
10:00am	Decathlon 100m (OM/U20/U18/Mst)				U16 W Discus				
	100m Hurdles U16B					Throw Pent Shot Put			
	100m Hurdles OW Hts						U12/U10 B T.Jav		10:30am
	Heptathlon 100m Hurdles		2 pits						
	100m Hurdles U18W Hts			W Heptathlon High jump					11:00am
	Heptathlon 80m Hurdles								
	80m Hurdles U16G Hts								11:15am
	80m Hurdles U14								
					Throw Pent Disus				11:30am
11:45am	1500m Timed Finals		U12/U10 B Long Jump			Decathlon Shot Put	U12/U10 G T.Jav		11:45am
			2 pits						
					U18 G Javelin				12:00pm
12:15pm	1200m Timed Finals U16								12:15pm
12:30pm	80m Hurdles Final U16G					OM/U20M/MstM Shot Put			12:30pm
	100m Hurdles Final U18W								12:45pm
	100m Hurdles Final OW								
	100m Hurdles Final U16B								
1:00pm	100m Timed Finals U14			Decathlon High Jump					
					Throw Pent Javelin			OW Pole Vault	1:00pm
						W Heptathlon Shot Put			
1:30pm	Lunch Break		U14G Long Jump				U14B Jav		1:30pm
			2 pits		U16 G Javelin				1:45pm
2:00pm	60m Timed Finals								2:00pm
2:15pm	100m Heats								2:15pm
			U18W Long Jump						
				OM/U18 M High Jump					2:30pm
					OW/MstW Javelin (S)				2:45pm
						Throw Pent Weight			3:00pm
3:15pm	Heptathlon 200m		U14B Long Jump				U14G Jav		3:15pm
3:30pm			2 pits					OM Pole Vault	3:30pm
3:45pm	Decathlon 400m								3:45pm
4:00pm	100m Finals					PARA Shot Put / Javelin			4:00pm
4:15pm	600m Timed Finals U12			OW/U18W High Jump	OW/U16G/U18W/MstW Hammer				
4:30pm	300m Timed Finals (U16/U10)								4:30pm
4:45pm									4:45pm
5:00pm	400m Timed Finals								5:00pm
									5:15pm
5:30pm	1200m Timed Finals U14								5:30pm
	4x100m Relay								5:45pm

Times are approximate and may be adjusted to accommodate the Combined Events Competition

Tentative Schedule Overview
Sunday May 10, 2026

(as of March 29th, 2026)

Times Are Approximate - Please confirm with the OFFICIAL schedule

Track	Field	Long Jump #1	Long Jump #2	High Jump	Throws #1	Throws #2	Throws #3	Pole Vault	Field
9:00am U16 2000m	9:00am				OM/U20/U18/Masters M Discus				
9:15am Open/U18 3000m	9:15am								
	9:30am		U12/U10 B ST.Long Jump			U16 G Shot Put	U12/U10 G Shot Put		
			2 pits						
10:00am 110m Hurdles OM/U20M Hts 110m Hurdles U18M Hts	10:00am				U16 M Discus				10:00am
Decathlon 110m Hurdles									
10:15am Pentathlon 100m Hurdles U16B Pentathlon 80m Hurdles U16G	10:15am								10:15am
	10:30am					U18 W Shot Put			10:30am
10:45am	10:45am				Decathlon Discus				10:45am
11:00am 110m Hurdles OM Final	11:00am	U16B Pentathlon Long Jump	U12/U10 G ST.Long Jump				U12/U10 B Shot Put		11:00am
110m Hurdles U18 & U20 M Final	11:15am		2 pits	U16G Pentathlon High Jump					11:15am
11:30am 200m Heats	11:30am					O/Mast W Shot Put			11:30am
	11:45am								11:45am
	12:00pm		U16B Long Jump		U18M/U16B/Masters Javelin (N)			Decathlon Pole Vault	12:00pm
12:15pm 200m Timed Finals U14 150m Timed Finals U12/U10	12:15pm	W Heptathlon Long Jump							12:15pm
	12:30pm					U16 B Pentathlon Shot Put			12:30pm
12:45pm	12:45pm								12:45pm
1:00pm	1:00pm								1:00pm
1:15pm	1:15pm			U16B Pentathlon High Jump	W Heptathlon Javelin	U16 G Pentathlon Shot Put			1:15pm
1:30pm LUNCH	1:30pm								1:30pm
1:45pm	1:45pm	OW/U18W/U16 Triple Jump							1:45pm
2:00pm 200m Finals	2:00pm			U14B High Jump		U14G Shot Put			2:00pm
2:15pm	2:15pm		U16G Pentathlon Long Jump						2:15pm
2:30pm 200m Hurdles	2:30pm								2:30pm
2:45pm 400m Hurdles	2:45pm		U16G Long Jump						2:45pm
3:00pm Heptathlon 800m	3:00pm				Decathlon Javelin				3:00pm
3:15pm 600m Timed Finals U10 1000m Timed Finals U12	3:15pm								3:15pm
3:30pm Pentathlon 1000m U16B Pentathlon 800m U16G	3:30pm	OM/U18/U16 Triple Jump		U14G High Jump		U14B Shot Put			3:30pm
3:45pm Decathlon 1500m	3:45pm								
4:00pm	4:00pm				OM Javelin				
4:15pm 4x200m Mixed Relay	4:15pm								
4:30pm 800m U14									
	4:45pm								

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