



Rose City Open

Track and Field Meet

Saturday, May 16, 2026

University of Windsor Stadium

Facility Eight lane track and jump approaches plus javelin runway are all Mondo Super X, resurfaced 2024, concrete throwing circles. All track events will be FAT (Finish Lynx) and will be run with assisting winds.

Directions University of Windsor Stadium is located at the corner of Huron Church Rd. and College Ave. (2555 College Ave. for your GPS) From Ontario take the 401 West to Huron Church and Huron Church to Ambassador Bridge – Stadium is on the right before entering the Ambassador Bridge. From the U.S. (via Ambassador Bridge) turn left at the first stop light off the bridge and Stadium is on the right hand side. You must have proof of citizenship and picture ID to enter Canada and again to re-enter the U.S.

Entry Fee Regular entry fee: \$20 for per event
Late entry fee: \$35 per event

All athletes must be registered with their provincial/state track and field association.

Post entries will be accepted at \$ 50 per athlete per event on the day of the meet and only if there is room in the event. Please read note below regarding schedule and possible cancellation of events.

Entries All entries are processed online only at:

www.trackie.com/event/2026-RoseCityOpen

Deadline Regular: Tuesday May 12th by 11:59 p.m.
Late: Thursday May 14th by 12:00 p.m.

Additional Information

Brett Lumley (519) 984-2779
bdlumley@gmail.com

Final Schedule:

All sprint events (up to 200m) will be contested with favourable tail winds.

A final schedule will be emailed to each school/club pre-entered into the meet based on the number of entries per event. Some events may be deleted if insufficient entries and the schedule condensed.

Note to all potential athletes who wish to post enter, check the final schedule on-line regarding potential schedule changes or cancellation of events prior to departing for the meet.

The final schedule will be posted on-line by Friday, May 16th by 12:00 p.m.

Age Class Specifications

We will be accommodating the following age class events with the associated specifications:

Shot Put - Men @ 5kg, 6kg, & 7.26kg; Women @ 4kg & 3kg
Hammer - Men @ 5kg, 6kg, & 7.26kg; Women @ 4kg & 3kg
Javelin - Men @ 800g, Women @ 600g
Hurdles - Men @ 39" & 42"; 400H @ 36" & 33"; Women @ 30"
Discus – Men @ 2kg, 1.75kg, 1.5; Women @ 1kg

Note: To ensure the correct weighted implement is available, providing your own is recommended.



Tentative Schedule of Events
Saturday, May 16, 2026

Track Events

2:00 p.m.	Women's 400mH Timed Final
2:10 p.m.	Men's 400mH Timed Final
2:25 p.m.	Women's 100m Heats
2:40 p.m.	Men's 100m Heats
2:50 p.m.	Women's 100mH Heats
3:00 p.m.	Men's 110mH Heats
3:10 p.m.	Women's 800m Timed Final
3:25 p.m.	Men's 800m Timed Final
3:45 p.m.	Women's 100m Final
3:50 p.m.	Men's 100m Final
4:00 p.m.	Men's 110mH Final
4:05 p.m.	Women's 100mH Final
4:15 p.m.	Women's 400m Timed Final
4:25 p.m.	Men's 400m Timed Final
4:40 p.m.	Women's 1500m Timed Final
5:05 p.m.	Men's 1500m Timed Final
5:20 p.m.	Women's 200m Timed Final
5:35 p.m.	Men's 200m Timed Final

Field Events

1:00 p.m.	Men's & Women's Hammer Women's Pole Vault
1:30 p.m.	Women's Long Jump Men's High Jump Men's Javelin Throw
2:15 p.m.	Men's & Women's Discus
3:00 p.m.	Men's Long Jump Women's High Jump Men's Pole Vault Women's Javelin Throw
4:30 p.m.	Men's & Women's Triple Jump Women's and Men's Shot Put

