



Waterloo Region  
2026

Ontario Summer Games  
Jeux d'été de l'Ontario

**Ontario Legion 2026 District F Track & Field Qualifier  
& Ontario Summer Games Qualifier  
Saturday June 13<sup>th</sup>, 2026**

In collaboration with Athletics Ontario, Eclipse Track & Field Club and Quinte Legion Track Club, the Legion District F competition will be used as the selection meet for the Ontario Summer Games Zone teams as well as the Legion District F Team that will compete in Sudbury in July 2026.

**Location:** Mary Ann Sills Park – Bruce Fauld Track  
Harder Driver and Palmer Road, Belleville Ontario

**Sanctioning:** Athletics Ontario

**Meet Director:** Catherine Barry @ [info@eclipsetrackandfieldclub.ca](mailto:info@eclipsetrackandfieldclub.ca)  
905-809-4888

**Deadline:** Regular Deadline is Wednesday June 10<sup>th</sup> by 11:59pm  
Late Deadline is June 11<sup>th</sup> by 12:00pm  
All entries must be done via Trackie only.

**Registration:** <https://www.trackie.com/event/royal-canadian-legion-district-f-ontario-provincial-qualifier-and-ontario-summer-games-qualifier/1036042/>

**Event Categories**

District F will have the following competition categories:

- U10/U12
- U14
- U16
- U18
- U20
- U25 Para (100m AB and 200 AB)



## Events for 2026 District F and OSG

	U10		U12		U14		U16		U18		U20	
	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male
Sprints	80m	80m	80m	80m	80m	80m	100m	100m	100m	100m	100m	100m
	150m	150m	150m	150m	150m	150m	200m	200m	200m	200m	200m	200m
	300m	300m	300m	300m	300m	300m	300m	300m	400m	400m	400m	400m
Hurdles			80m H	80m H	80m H	80m H	80m H	100m H	100m H	110m H	100m H	110m H
			200m H	200m H	200m H	200m H	200m H	200m H	400m H	400m H	400m H	400m H
Endurance	800m	800m	800m	800m	800m	800m	800m	800m	800m	800m	800m	800m
			1200m	1200m	1200m	1200m	1200m	1200m	1500m	1500m	1500m	1500m
							2000m	2000m	3000m	3000m	3000m	3000m
							1500m SC	1500m SC	2000m SC	2000 SC	2000 SC	2000 SC
							1500m RW	1500m RW	3000 RW	3000 RW	3000 RW	3000 RW
Jumps					High Jump	High Jump	High Jump	High Jump	High Jump	High Jump	High Jump	High Jump
					Long Jump	Long Jump	Long Jump	Long Jump	Long Jump	Long Jump	Long Jump	Long Jump
Throws					Shot Put	Shot Put	Shot Put	Shot Put	Shot Put	Shot Put	Shot Put	Shot Put
					Discus	Discus	Discus	Discus	Discus	Discus	Discus	Discus
					Javelin	Javelin	Javelin	Javelin	Javelin	Javelin	Javelin	Javelin

**Notes:** U25 Para - available events: 100m AB and 200 AM

Due to safety cage restrictions, the Hammer Throw will not be an event offered at the 2026 OSG and will not be offered at District F.

Volunteers: Volunteer and donate your time, please contact Catherine Barry @ [info@eclipsetrackandfieldclub.ca](mailto:info@eclipsetrackandfieldclub.ca)

Note: This meet is restricted to athletes residing within the District F boundaries, which include **LOSSA and COSSA**, and athletes outside of these boundaries will not be permitted to compete. Athletes may be required to provide proof of home address (e.g., health card) to confirm eligibility. This competition serves as the selection meet for the District F Legion Team, which will compete at the Ontario Legion Championships in Sudbury on July 10–11, 2026, and the same residency requirements apply for Ontario Summer Games qualification, meaning athletes must reside within the District F boundaries to be eligible for selection. Please refer to the link below for full boundary details.

<https://on.legion.ca/district-f/>



Officials: Will be provided by Clubs and Volunteers

Waivers: All Athletes must sign a waiver via Trackie to be able to participate in this meet.

Medals: Medals will be awarded for First, Second, Third in each event for Legion Qualifiers only – U16 and U18

Throws Implements: Athletes can supply their own implements (to be verified) however some will be provided by the meet hosts.

Warm Up Area for Athletes: Athletes can warm up on the in-field but must stay away from the track while events are in progress

Spectators and Parents: Must stay in the stands and not on the infield.

### Technical Information (IMPORTANT)

- All events will be run as timed finals, including all sprint and distance races.
- Maximum spike length is 6mm.
- Track events will be conducted in the following order unless otherwise noted:  
U10 Girls & Boys, U12 Girls & Boys, U14 Girls & Boys, U16 Girls & Boys, U18 Girls & Boys, and U20 Girls & Boys and Para U25
- The meet will be conducted under current World Athletics (formerly IAAF) rules and regulations.
- Starting blocks are optional for sprint events (80m, 100m, 200m, and 400m and Hurdles).
- Athletes who miss their track event **will not be permitted** to compete in that event.



- Track events take precedence over field events. Athletes must first check in at their field event to inform officials of any track conflicts. Once their track event is completed, they must return promptly to their field event.

Schedule: TBD

### ***Performance Standards & District F Team Selection:***

If you know ahead of time that you will not be able to compete at the Provincial meet, please advise us ahead of time.

The District F Team will compete at the Provincial RCL Championships in Sudbury, July 10–11.

- Athletes selected for the team must travel to the meet on the team bus (no exceptions). Travel to Sudbury may be on July 9th or 10th, this is TBD.
- All Athletes must stay in the team hotel (no exceptions).
- A maximum of three (3) entries per age group, per gender, per event is permitted.
- Each athlete may compete in up to three (3) events.

### **Selection Process for Team District F:**

Athletes will be selected by a Selection Committee using a points-based system. Performances from this meet will be compared to results from the Provincial Championships over the past five years.

- If an athlete's result from this meet would have placed 1st in any of those years, it earns one point.
- This comparison is done for each of the past five years and for each event entered.
- Athletes with the lowest point totals will be selected to the team.



Athletes may also be selected to compete in combined events (Pentathlon, Heptathlon, or Octathlon) at the discretion of the Selection Committee.

Up to 44 athletes **may be selected** for the District F Team.

#### Team Support

There will be no cost to team members for:

- Bus transportation
- Accommodation
- Friday supper, Saturday breakfast, Saturday lunch

Athletes should bring money for:

- Incidentals and snacks
- Thursday & Saturday meals
- Snacks for the go and return bus tr

