



2026 DAVID McKENDRICK MTA INDOOR CHAMPIONSHIPS

HOSTED BY: United Tamil Sports Club

DATE: April 11- 12, 2026

TIME: 9:00 a.m.

LOCATION: Toronto Track & Field Centre, 231 Ian MacDonald Blvd, Toronto, Ont.

SANCTIONED BY: Minor Track Association of Ontario

MEET DIRECTOR: Siva Kandiah skanpung@gmail.com

MEET COORDINATOR: Thanujah Balasingham bthanujah@yahoo.com

FEES: First Event: \$20 Subsequent Events: \$15 Relay team: \$25
An Additional \$5 processing fee applies to all late entries.

ENTRY INFORMATION:

- > Entries and payment to be completed online at: www.trackie.com/event/MTA-Indoor-Championships
- > Entry deadline will be on **Tuesday, April 7, 2026 at 11:59 pm (EST)**
Wednesday, April 8, 2026 at 12:00 pm (EST) - Late Entry Deadline

AWARDS: Medals: 1st to 3rd and Ribbons: 4th to 8th

MINOR TRACK ASSOCIATION (MTA) AGE DIVISIONS WITH EVENT ASSIGNMENTS

Category	Peewee	Mite	Tyke	Atom	Senior	Intermediate	Youth
YOB	2020-2021	2018-2019	2016-2017	2014-2015	2012-2013	2010-2011	2008-2009
60m	X	X	X	X	X	X	X
200m		X	X	X	X	X	X
400m		X	X	X	X	X	X
800m		X	X	X	X	X	X
1200m			X				
1500m				X	X	X	X
2000m					X		
60mH		X	X	X	X	X	X
800m Race Walk				X	X	X	X
Long Jump	X (3 attempts)	X	X	X	X	X	X
Shot Put		X	X	X	X	X	X
High Jump			X	X	X	X	X
Triple Jump				X	X	X	X
Relay 4x200m		X	X	X	X	X	X
Sprint Medley Relay 200x200x400x800			X	X	X	X	X

COMPETITION INFORMATION – GENERAL

- The competition duration on any given day or both days may be delayed or accelerated by 30 to 45 minutes.
- This is a closed event for MTA clubs & their members. Only athletes registered with an MTA-registered club may compete.
- All Clubs must have their athletes registered and the annual administration fee paid before the entry deadline.

MTA BY-LAW 14: CHAMPIONSHIP MEETS RE: TRACK EVENTS

- Length of spikes for sprint and running footwear must not exceed 6mm.

ADVANCEMENT TO FINALS

- If there are six (6) heats, the eight (8) fastest times will advance.
 - If there are seven (7) or more heats, two finals will be an A and B. Top 16 times move on to the finals and awards will be given between the A and B finals.
- Over the two-day competition period, athletes may compete in four (4) individual events in addition to the relays. However, athletes are limited to competing in a maximum of three (3) field events or three (3) track events.

COMPETITION INFORMATION RE: FIELD EVENTS

- In the throwing and jumping events athletes will have three (3) attempts after which the top eight (8) ranked athletes will have two (2) additional attempts.
 - Competition in all field events requires that footwear be worn at all times.
 - If a field event starts before a track event, athletes competing in both events at coinciding times must inform one of the field officials before reporting to their track event. For younger athletes (e.g. Peewees and Mites), a club coach is responsible for doing so.
- MTA will provide throwing implements.

COMPETITION INFORMATION RE: SPECIFICATIONS

60M - Hurdle Standards				Category	Shot Put
Category	Height	To 1st Hurdle	Between Hurdles		Weight (Girls/Boys)
Mite	12"	11m	7m	Mite	1.5kg/1.5kg
Tyke	18"	11m	7m	Tyke	2kg/2kg
Atom	24"	11m	7m	Atom	2.73kg/2.73kg
Senior	27"	11.5m	7.5m	Senior	3kg/3kg
Intermediate Girls	30"	12m	8m	Intermediate	3kg/4kg
Intermediate Boys	33"	13m	9.14m	Youth	4kg/5kg
Youth Girls	30"	13m	8.5m		
Youth Boys	36"	13.72m	9.14m		

MEET DETAILS

- To avoid unnecessary waiting times, registered coaches are requested to meet their athletes outside the Registration Area to ensure they receive their entry wristbands. No coach or athlete will be admitted without a wristband.
- A Coach's wristband will be issued to each coach registered with MTA for 2026. The wristband must be worn for both days.
- Only Officials, Volunteers, registered coaches, and athletes competing are permitted into the Fieldhouse. Parents and supporters must watch the meet from the spectator gallery upstairs
- Waiver forms must be completed online at Trackie.
- Track events will run PG – PB – MG – MB – TG – TB – AG – AB – SG – SB – IG – IB -YG-YB.
- Hurdles events will run PG – PB – MG – MB – TG – TB – AG – AB – SG – SG-IG-YG-IB-YB
- Athletes cannot make up their trial that they missed while competing in another event after the third round.
- Athletes in high jump events, must compete in the height at the time of the event, bar cannot be lowered.
- Athletes in long jump (peewee, mite, tyke, atom), will use a 1 meter take off zone.
- Athletes in long jump (senior, intermediate, youth), must use the take off board as per the rules.
- On-site First Aid will be available

EVENTS TENTATIVE SCHEDULE

SATURDAY APRIL 11, 2026 – Day 1

(Rolling Schedule: Each event will start after the previous event)

Morning Track Session				
9:30 am	1200 m	Timed Final	Tyke	Girls
9:40 am	1200 m	Timed Final	Tyke	Boys
9:50 am	1500 m	Timed Final	Atom / Senior / Intermediate / Youth	Girls
10:20 am	1500 m	Timed Final	Atom / Senior / Intermediate / Youth	Boys
11:00 am	60 m	Timed Final	Peewee	Girls
11:05 am	60 m	Timed Final	Peewee	Boys
11:10 am	60 m	Heats	Mite / Tyke / Atom / Senior / Intermediate / Youth	Girls
11:50 am	60 m	Heats	Mite / Tyke / Atom / Senior / Intermediate / Youth	Boys
LUNCH BREAK (Approx 12:30-1:30 pm)				
Afternoon Track Session				
1:30 pm	400 m	Timed Final	Mite / Tyke / Atom / Senior / Intermediate / Youth	Girls
2:15 pm	400 m	Timed Final	Mite / Tyke / Atom / Senior / Intermediate / Youth	Boys
3:00 pm	60 m	Finals	Mite / Tyke / Atom / Senior / Intermediate / Youth	Girls
3:20 pm	60 m	Finals	Mite / Tyke / Atom / Senior / Intermediate / Youth	Boys
3:45 pm	800 m Racewalk	Timed Final	Atom / Senior / Intermediate / Youth	All Girls and Boys COMBINED
4:00 pm	Sprint Medley Relay	Timed Final	Mite / Tyke / Atom / Senior / Intermediate / Youth	Girls
4:30 pm	Sprint Medley Relay	Timed Final	Mite / Tyke / Atom / Senior / Intermediate / Youth	Boys

Field Events				
Time	High Jump	Horizontal Jumps Pit 1	Horizontal Jumps Pit 2	Shot Put
9:00 am	Warm-ups open	Warm-ups open	Warm-ups open	Warm-ups open
9:30 am	All BOYS	Peewee Boys Long Jump	Peewee Girls Long Jump	Mite Girls
10:00 am				
10:30 am		Mite Boys Long Jump	Mite Girls Long Jump	Tyke Girls
11:00 am				
11:30 am				Intermediate Girls Youth Girls
12:00 pm		Tyke Boys Long Jump	Tyke Girls Long Jump	
12:30 pm				Senior Girls
1:00 pm				
1:30 pm	All GIRLS	Atom Boys Long Jump		Atom Girls
2:00 pm				Intermediate and Youth Boys
2:30 pm				Senior Boys
3:00 pm		Senior Boys Long Jump	Intermediate Boys Youth Boys Long Jump	
3:30 pm				Mite Boys Tyke Boys
4:00 pm				Atom Boys

EVENTS TENTATIVE SCHEDULE

Sunday APRIL 12, 2026 - Day 2

(Rolling Schedule: Each event will start after the previous event)

Morning Track Session				
9:15 am	2000 m	Timed Final	Senior	Girls
9:30 am	2000 m	Timed Final	Senior	Boys
9:45 am	3000 m	Timed Final	Intermediate / Youth	Girls
10:00 am	3000 m	Timed Final	Intermediate / Youth	Boys
10:20 am	200 m	Timed Final	Mite / Tyke / Atom / Senior / Intermediate / Youth	Girls
11:00 am	200 m	Timed Final	Mite / Tyke / Atom / Senior / Intermediate / Youth	Boys
11:45 am	60 m Hurdles	Timed Final	Mite / Tyke / Atom / Senior / Intermediate / Youth	Girls Then Boys in Each Category (ie. Mite Girls, Mite Boys, Tyke Girls, Tyke Boys)
LUNCH BREAK (Approx 12:30-1:30 pm)				
Afternoon Track Session				
1:30 pm	800 m	Timed Final	Mite / Tyke / Atom / Senior / Intermediate / Youth	Girls
2:15 pm	800 m	Timed Final	Mite / Tyke / Atom / Senior / Intermediate / Youth	Boys
3:00 pm	4x 200 m Relay	Timed Final	Mite / Tyke / Atom / Senior / Intermediate / Youth	Girls
3:45 pm	4x 200 m Relay	Timed Final	Mite / Tyke / Atom / Senior / Intermediate / Youth	Boys

Time	Horizontal Jumps Pit 1	Horizontal Jumps Pit 2
9:00 am	Warm-ups open	Warm-ups open
9:30 am	Atom Girls Long Jump	Intermediate Girls Youth Girls Long Jump
10:00 am		
10:30 am		
11:00 am	Senior Girls Long Jump	
11:30 am		
12:00 pm		
12:30 pm	Atom Girls Triple Jump	Atom Boys Triple Jump
1:00 pm		
1:30 pm		
2:00 pm	Senior Girls Triple Jump	Senior Boys Triple Jump
2:30 pm		
3:00 pm		
3:30 pm	Intermediate Girls Youth Girls Triple Jump	Intermediate Boys Youth Boys Triple Jump
4:00 pm		

Note: Schedule is tentative / approximate / estimated based on expected number of entries and length of time required to run the event. An updated and final schedule WILL be communicated prior to the meet based on the actual entries and heats/flights required and may, in some cases, change significantly. Every effort will be made to keep events on the same days as indicated here. If there is need to change anything then we will provide as much notice as possible.