



DINOS HIGH SCHOOL TRACK & FIELD CHALLENGE 2026 Volunteer & Procedures Guide

RED MEET	GOLD MEET
Saturday, May 2nd, 2026 9:00 am – 7:00 pm	Wednesday, May 6th, 2026 4:00 pm – 9:00 pm

VOLUNTEER REQUIREMENTS — RED MEET (SATURDAY)

Due to the large number of entries and events at the RED meet, all schools are asked to provide volunteers. Please email volunteer name(s) and school to:

matt.deans@ucalgary.ca - Deadline: **Thursday, April 24th, 2026**

Volunteer Notes:

- Volunteers can be parents, students, or teachers
- Volunteers should check in at the Clerk's Table at 8:15 am
- U of C Dinos will serve as lead volunteers and will help train school volunteers on the day
- Numbers below reflect full-day volunteer needs; if providing half-day volunteers, double the requested number
- Fewer volunteers may also be requested for the GOLD meet (request sent after entries are finalized)

Required Volunteer Numbers by School:

SCHOOL	VOLUNTEERS REQUIRED
Crescent Heights	3
Notre Dame	3
Western Canada	3
William Aberhart	3
Dr. EP Scarlett	2
Ernest Manning	2
Henry Wise Wood	2
John G. Diefenbaker	2
Nelson Mandela	2
All Other Participating Schools	1

BAD WEATHER POLICY

In the event of bad weather, the meet will be cancelled. Cancellation decisions and postings:

MEET	DECISION TIME & ANNOUNCEMENT
RED Meet	Decision by 8:00 am on day of meet Posted at calgarytrackcouncil.com
GOLD Meet	Decision by 1:00 pm on day of meet Posted at calgarytrackcouncil.com

**An email will also be sent to all coaches at the time of cancellation.*

Important: A 50% fee will be withheld from all registration fees if the meet is cancelled, as the Dinos rely on meet profits to support the program through the season. Thank you for your understanding.

FOOD

Food trucks will be on-site at the venue with food available for purchase.

INFIELD POLICY

For safety reasons, all coaches, spectators, and athletes must stay out of the infield unless actively competing in an infield event. Field events will be ongoing throughout the day.

!Please respect this boundary at all times!

TENT POLICY

Temporary tents and canopies are not supplied by the event. Schools wishing to set up their own tent must follow the guidelines below:

- The tent or canopy is used outside of the track area. They are not allowed in the infield or stands.
- Compliance with City of Calgary requirements regarding temporary outdoor tents and canopies, including:
 - Temporary outdoor tents and canopies must be “[a]dequately braced, weighted, or anchored to the ground as per the manufacturer’s instructions or designed to withstand the elements against collapse or wind uplift”.
 - **Groups are prohibited from staking anything into the ground or tying anything to the surrounding foliage.**
- For additional information regarding City of Calgary requirements, see <https://www.calgary.ca/content/dam/www/pda/pd/documents/building/advisories/b23-008-temporary-outdoor-tents-and-canopies.pdf> and [special-function-permits-tent-tip-sheet \(5\).pdf](#)
- A temporary tent or canopy may be required to be taken down if the tents erected result in a total combined area greater than the amount permitted by the City of Calgary.

Additional Tent Protocol:

- If you cannot secure your tent, do not set it up.
 - Tents on the south (McMahon stadium side) must be along the fence line. As well, the area from the entrance to the hurdle shed is particularly vulnerable to wind gusts. These areas pose the greatest risk for tents becoming airborne, so perhaps consider another location for your team tent.
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- Tents cannot be designated to no-tent zones, including (but not limited to) high-wind areas or where prohibited by event organizers.
- Schools are responsible for properly installing, maintaining, and supervising their tent(s) throughout the event.
- **Any tents not secured to the ground will be taken down or removed from the facility.**

If you cannot secure your tent, do not set it up.

Additional info on City of Calgary temporary tent requirements: calgary.ca

SPORT THERAPY

U of C Athletic Training Staff will be available just past the Finish Line. Schools are strongly encouraged to bring their own trainers and supplies.

ATHLETE PROCEDURES — TRACK EVENTS

30 Minutes Before Your Event:

- Assemble at the start line area of your event to confirm heat and lane assignments
- Heats may be combined to ensure full sections
- Track schedule may advance by up to 10 minutes if entries allow, so be ready early

ATHLETE PROCEDURES — FIELD EVENTS

20 Minutes Before Your Event:

- Check in at the competition site
- Athletes must be warmed up and ready to compete at the scheduled start time

Field Event Locations:

EVENT	LOCATION
Long Jump / Triple Jump	East side of the stadium, outside of the track
High Jump	North/South end of the infield
Pole Vault	East side of the stadium
Shot Put	Northeast corner of the stadium, outside of the track
Discus	Northeast corner of the infield
Javelin	South end of the infield

SPECIAL FIELD EVENT RULES

Due to large fields and limited time, the following special rules may apply:

- Pole Vault / High Jump: The '5 Alive' rule applies
- Horizontal Jumps & Throws (Long Jump, Triple Jump, Shot Put, Discus, Javelin): Flights of approximately 15 competitors will be posted
- Each competitor will receive up to 3 attempts
- For throwing events, only the best throw will be measured, to be measured at the end of the flight

Questions? Contact matt.deans@ucalgary.ca

Schedule & Updates: calgarytrackcouncil.com → Meets and Races – Outdoor