



SOUTHERN GAMES ORGANIZING COMMITTEE

Incorporated under the Companies Act 1995 of Trinidad and Tobago
c/o #7 Tulip Avenue, Plaisance Park, Pointe-a-Pierre, Claxton Bay
Tel. #778-3274, 681-6482 or 778-7032 E-mail address: jsdsmith4@gmail.com

2026 February 20

ATTENTION: All Athletic Clubs

The Southern Games Organizing Committee will like to invite your Club/School to participate in its 2026 edition of **SOUTHERN GAMES**. The Games are scheduled to take place at **Skinner Park, San Fernando** on **2026 March 21 Saturday (HEATS), from 9:30am**. **The Finals will be held on 2026 March 22 Sunday, starting at 1:30pm.**

All entries for the games must be submitted to the NAAA's office on or before **2026 March 13 Friday** via the NAAA email address or by hand.

Registration fees are to be forwarded along with the Registration Form to the NAAA's office, Ato Boldon Stadium, Couva on or before **2026 March 14 Saturday at 3:00pm**. **Fees are \$15.00 per Event and \$40.00 per Relay team.**

If you require any further information, kindly contact the NAAA's office or Mr. James Dedier at 681-6482.

Please find attached a copy of the Rules and Conditions for participation, in addition to a copy of the Entry Form.

Yours respectfully

Jacqueline Smith

Jacqueline Smith
Games Secretary

GAMES RULES

1. Juniors must furnish evidence of their date of birth, including a birth certificate if required by the Organizing Committee of the Games. Athletes in Junior Categories must not attain the ages of Under 20, 17 and 15 respectively during **2026**.
2. The Games Organizing Committee reserves the right to refuse entry, cancel any event or frame a new event should it become necessary to do so. All monies must be paid for any athletes registered. Registration fees are to be paid in full before participation of all athletes.
3. It is the responsibility of the competitor to be on the starting line on time, failing which he or she may be left out of the event.
4. Competitors will be allowed on the track only when participating in an event and officials have the right to disqualify any competitor from the meeting for infringement of this rule. Competitors may be disqualified from the meeting for misconduct.
5. Competitors facing the starters without properly secured numbers will not be allowed to start.
6. The Games Organizing Committee, the NAAATT will not be held liable for any injury suffered by any competitor, damage or theft of any competitor's equipment as a result of traveling to, participation in, presence at, or traveling from Southern Games 2026.
7. The Meeting will be run under the rules of the Southern Games Organizing Committee and the laws of competition of the NAAATT. Only competitors registered for the current year with those governing bodies mentioned will be permitted to compete. This includes all Masters Athletes.

All athletes must wear their 2026 registration numbers as issued by the National Association of Athletic Administrations of Trinidad and Tobago (NAAATT)

8. Betting among competitors is strictly prohibited.
9. A Programme of Events will be posted in the Competitor's Enclosure and it will be the competitor's responsibility to be on the starting line on time. Failing which he or she may be left out.

Competitors must report to the Competitor's Steward twenty (20) minutes prior to the scheduled starting time of their event. Failure to do so may result in the competitor being disqualified from their event.

SOUTHERN GAMES 2026
2026 March 21(Heats) March 22 (Finals)
Skinner Park, San Fernando

PROGRAMME OF ATHLETIC EVENTS

Events	Time	Events	Class
1		4 X 200m	Under 15 Mix
2		4 x 200m	Under 17 Mix
3		4 x 200m	Under 20 mix
4		4 x 200m	Open Mix
5		800m	Under 17 Girls
6		800m	Under 17 Boys
7		800m	Women
8		800m	Men
9		100m	Under 15 Girls
10		100m	Under 15 Boys
11		100m	Under 17 Girls
12		100m	Under 17 Boys
13		100m	Under 20 Girls
14		100m	Under 20 boys
15		100m	Women
16		100m	Men
17		100m	Masters Open
18		400m	Under 17 Girls
19		400m	Under 17 Boys
20		400m	Under 20 Girls
21		400m	Under 20 Boys
22		400m	Men
23		400m	Women
24		400m	Masters Open
25		200m	Under 15 Girls
26		200m	Under 15 Boys
27		4 x 400m	Under 17 Mix
28		4 x 400m	Under 20 Mix
29		4 x 400m	Open Mix