



# 53<sup>RD</sup>

# CARIFTA GAMES

## TEAM MANUAL



**nacac**  
NORTH AMERICAN, CENTRAL AMERICAN AND CARIBBEAN ATHLETIC ASSOCIATION  
**ATHLETICS**

APRIL 4TH - 6TH  
KIRANI JAMES ATHLETICS STADIUM  
QUEEN'S PARK, ST. GEORGE'S,  
GRENADA





**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
4<sup>th</sup> – 6<sup>th</sup> April, 2026

## **CONTENTS**

<b>1. LOCAL ORGANIZING COMMITTEE .....</b>	<b>4</b>
<b>2. GRENADA ATHLETIC ASSOCIATION (GAA) BOARD OF DIRECTORS.....</b>	<b>5</b>
<b>3. NACAC COUNCIL.....</b>	<b>5</b>
<b>4. INTERNATIONAL DELEGATES.....</b>	<b>6</b>
<b>5. INTERNATIONAL REFEREES .....</b>	<b>6</b>
<b>6. INTERNATIONAL STARTER/PHOTO FINISH JUDGE.....</b>	<b>6</b>
<b>7. JURY OF APPEAL .....</b>	<b>7</b>
<b>8. ABOUT GRENADA.....</b>	<b>7</b>
<b>9. NATIONAL SYMBOLS .....</b>	<b>9</b>
<b>10. CARIFTA 2026 THEME, SLOGAN, LOGO &amp; MASCOT.....</b>	<b>11</b>
<b>11. HISTORY OF THE GAA.....</b>	<b>12</b>
<b>12. GENERAL INFORMATION.....</b>	<b>13</b>
<b>13. ACCOMMODATION.....</b>	<b>14</b>
<b>14. ACCREDITATION .....</b>	<b>19</b>
<b>15. OPENING CEREMONY.....</b>	<b>20</b>
<b>16. RULES OF COMPETITION.....</b>	<b>21</b>
<b>17. COMPETITION VENUE AND DATES .....</b>	<b>21</b>
<b>18. WARM-UP AND TRAINING FACILITIES.....</b>	<b>22</b>
<b>19. AGE CATEGORIES.....</b>	<b>23</b>
<b>20. TEAM SIZE.....</b>	<b>23</b>
<b>22. JURY OF APPEAL.....</b>	<b>25</b>
<b>23. PROTESTS.....</b>	<b>25</b>
<b>24. AWARDS CEREMONY .....</b>	<b>26</b>
<b>25. MEDICAL INFORMATION.....</b>	<b>26</b>
<b>26. DOPING CONTROL.....</b>	<b>27</b>
<b>27. INVITED COUNTRIES .....</b>	<b>27</b>
<b>28. NATIONAL FLAGS.....</b>	<b>28</b>
<b>29. EVENTS .....</b>	<b>28</b>



**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
4<sup>th</sup> – 6<sup>th</sup> April, 2026



<b>30. TECHNICAL MEETING .....</b>	<b>29</b>
<b>31. TECHNICAL INFORMATION CENTRE (TIC).....</b>	<b>29</b>
<b>32. CALL ROOM INFORMATION.....</b>	<b>30</b>
<b>33. DEADLINES.....</b>	<b>32</b>
<b>34. MEDIA.....</b>	<b>33</b>
<b>35. VIP/VVIP'S .....</b>	<b>33</b>
<b>36. CONTACTS.....</b>	<b>34</b>
<b>37. APPENDICES.....</b>	<b>34</b>
<b>APPENDIX I – INTENT TO PARTICIPATE .....</b>	<b>35</b>
<b>APPENDIX II – PRELIMINARY ENTRIES .....</b>	<b>36</b>
<b>APPENDIX III – NUMERICAL ENTRIES .....</b>	<b>37</b>
<b>APPENDIX IV - FINAL ENTRIES CONT'D. ....</b>	<b>42</b>
<b>APPENDIX IV - FINAL ENTRIES CONT'D. ....</b>	<b>44</b>
<b>APPENDIX IV - FINAL ENTRIES CONT'D. ....</b>	<b>46</b>
<b>APPENDIX V- REGISTRATION OF OFFICIALS.....</b>	<b>47</b>
<b>APPENDIX VI - ARRIVAL &amp; DEPARTURE FORMS.....</b>	<b>48</b>
<b>APPENDIX VII - SCHEDULE OF EVENTS.....</b>	<b>49</b>
<b>APPENDIX VIII - PROTEST FORM .....</b>	<b>58</b>
<b>APPENDIX IX - TECHNICAL MEETING.....</b>	<b>59</b>
<b>APPENDIX X - TECHNICAL MEETING QUESTIONS .....</b>	<b>60</b>
<b>APPENDIX XI - CARIFTA CONGRESS .....</b>	<b>61</b>
<b>APPENDIX XII - MEDIA ACCREDITATION.....</b>	<b>62</b>



**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
 4<sup>th</sup> – 6<sup>th</sup> April, 2026



## SPONSORS





**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
4<sup>th</sup> – 6<sup>th</sup> April, 2026



## **1. LOCAL ORGANIZING COMMITTEE**

Chairperson/Sponsorship	Veda Bruno Victor
Deputy Chairman	Aaron Moses
Secretary	Desiree Stephen
Finance	Claudia Francis
Operations	Conrad Francis
Technical	Abrel Patrick
Transportation	Prudence Lewis
Service Ambassadors	Royden Beharry
Medical/Anti-Doping	Dr. Sonia Phillip
Ceremonies	Tessa Mc Quilkin
Legal	Dia Forrester
Security	Maj. Nigel Noel
Media/Marketing	Kwame Hypolite
Accommodation	Nikoyan Roberts
Accreditation	Don-Holman Phillip
Protocol	Elizabeth Greenidge/Tonya Hyacinth
Liaison	Nzinga Mawuto
Cultural Experience	Georgia Emery
Advisor	Charles George



## **2. GRENADA ATHLETIC ASSOCIATION (GAA) BOARD OF DIRECTORS**

President	Conrad Francis
1 <sup>st</sup> Vice President	Johnell Mitchel
2 <sup>nd</sup> Vice President	Abrel Patrick
General Secretary	Desiree Stephen
Assistant General Secretary	Geraldine Thompson
Treasurer	Claudia Francis
Public Relations Officer	Kwame Hypolite
Coaches' Representative	Denise Williams
Athletes' Representative	Jelani Franklyn
Officials' Representative	Devon Layne

## **3. NACAC COUNCIL**

President	Mike Sands (BAH)
Vice President (Female)	Cydonie Mothersill (CAY)
Vice President (Male)	Garth Gayle (JAM)
Treasurer	Trevor Welch (BAR)
Chief Executive Officer	VACANT
Council Member	Edith Skippings (TKS)
Council Member	Gloria Ramos (ESP)
Council Member	Howard Cornelius (ANT)
Council Member	Brendan Williams (DMA)



## **4. INTERNATIONAL DELEGATES**

Organizational Delegate	Brendan Williams (DMA)
Technical Delegate	John Blackburn (USA)
Anti-Doping/Medical Delegate	Dr. Adrian Lorde (BAR)

## **5. INTERNATIONAL REFEREES**

John Andalcio (TTO)	WA Gold Referee
Janelle Edwards (TTO)	WA Silver Referee
Philcol Dowardson Jeffers (VIN)	WA Silver Referee/Video Referee
Patrick Mathurin (LCA)	WA Silver Referee
Eunice Greenaway (SKN)	WA Silver Referee
Walson Pacquette (DMA)	WA Silver Referee
Rosalind Leonard-Fahie (IVB)	WA Silver Referee

## **6. INTERNATIONAL STARTER/PHOTO FINISH JUDGE**

Paul Joseph Poiesz (USA)	WA Silver Starter
Mario Haughton (TTO)	WA Silver Photo-Finish Judge



## 7. JURY OF APPEAL

To be appointed at the Technical Meeting

## 8. ABOUT GRENADA



Grenada, Carriacou, Petite Martinique and its dependencies are located in the eastern Caribbean, south of the Windward Islands. Neighbouring islands St. Vincent and the Grenadines lie to the north and Trinidad and Tobago lie to the South.

Average temperatures range from 75 degrees F to 85 degrees F (24 degrees C to 30 degrees C), with a cool breeze. The lowest temperatures occur between November and



**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
4<sup>th</sup> – 6<sup>th</sup> April, 2026



February. Although the climate is warm all year round, we do experience some seasonal changes depending on altitude. The dry season is between January and May and the rainy season is from June to December.

Grenada gained its independence from the British on 7<sup>th</sup> February, 1974.

You can get to Grenada by air and sea. Many cruise lines dock in our capital city of St. George and international and regional flights arrive and depart from the Maurice Bishop International Airport (MBIA).

Banks are open from 8:00 a.m. to 2:00 p.m. Mondays through Thursdays and 8:00 a.m. to 4:00 p.m. on Fridays. Most supermarkets and shopping centres are usually open from 9:00 a.m. to 7:00 p.m. while a select few open on Sundays.

Shops generally open from 8:00 a.m. to 4:00 p.m. on Mondays through Fridays and 8:00 a.m. to 1:00 p.m. on Saturdays. Craft and souvenir shops open on Sundays and Public Holidays when cruise ships are docked. Government offices are generally open from 8:00 a.m. to 4:00 p.m. on Mondays through Fridays but may be closed at 1:00 p.m. for lunch. It is advised that you check business operating hours of local retailers as some may differ.

If you're looking to experience the Caribbean in its most authentic form, then Carriacou is the island to visit. A trip to Grenada is never complete without a trip to Carriacou. This island's charm lies in its laidback rejuvenating escape from the fast-paced world and the deeply-rooted traditions that are cherished by its citizens. Carriacou (Karry-a-cou) which means "Isle of Reefs" is just 90 minutes by ferry or 20 minutes by plane from the island of Grenada.

Carriacou is the second-largest island of this unique Caribbean gem (three islands, one destination), measuring just 13 square miles. The tiny island has some of the best dive spots in the world with clear waters, pristine coral reefs, and magical drifts. Carriacou is also the largest and last island in the spectacular sailing paradise of the Grenadines Island chain.

If you would like to continue on to our sister isles of Carriacou and Petite Martinique, you can take a short inter-island charter to Carriacou's Lauriston Airport or travel there by ferry aboard Osprey Lines Ltd. which departs from the Carenage in St. George's.



This 586-acre island which completes the tri-island destination is situated east, off the northern half of Carriacou. About 900 persons live on the island, most of whom derive their income from boat building and fishing. Petite Martinique (Pitty-Mar-Ti-Neek) has a strong culture and rich history manifested through its traditions and festivals. The highest point on the island, the Piton (750 feet high) was once the site of the island's maroon feast, known as the 'Sugaring of the Piton'. A hike up to the Piton offers sweeping, spectacular views of northern Petite Martinique as well as nearby Grenadine islands of Petit St. Vincent, Union Island, Palm Island, Mayreau, Canouan and Mustique. The Whitsuntide Regatta is a signature festival on the island.

Petite Martinique is also blessed with fine beaches — Sanchez Beach is great for sailing, surfing, diving, kayaking, snorkelling and fishing, while the calmer Mang Beach is great for swimming and family picnics.

The Petite Martinique Whitsuntide Regatta Festival is the best time to visit as it is one of the best sailing events on the calendar. It is rightly famous for its unique blend of local boat racing, on-shore activities and the hospitality of its people.

---

## **9. NATIONAL SYMBOLS**

### **National Bird – Grenada Dove (*Leptotila Wellsi*)**





**National Flower – Bougainvillea**



**National Dish – Oil down**





**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
4<sup>th</sup> – 6<sup>th</sup> April, 2026



## **10. CARIFTA 2026 THEME, SLOGAN, LOGO & MASCOT**

***CARIFTA Theme – PASSION DRIVES PERFORMANCE***

***CARIFTA Slogan – FEEL THE PASSION...CELEBRATE THE PERFORMANCE***

**CARIFTA Logo**



**CARIFTA Mascot**

**Meet Wellsa**





## **11. HISTORY OF THE GAA**

The Grenada Athletic Association was formed in 1924. It was known then, as the Grenada Amateur Athletic and Cycling Association. It became affiliated to the International Amateur Athletics Federations in 1970. Subsequently, the two sporting disciplines separated to form two (2) different bodies the Grenada Athletic Association and the Grenada Cycling Federation.

The Association has had a good track record in organizing local and regional competitions. Among the regional/international games hosted were the renowned Whitsuntide Games in the 1950s, 1960s, 1970s and early 1980s and the Texaco/OECS Games in the late 1980's, at which athletes from throughout the region participated in track and field and cycling.

Grenada became also the first Organization of Eastern Caribbean States (OECS) country to host the CARIFTA Games in 2000 and Central American and Caribbean (CAC) Senior Athletics Championship in 2003. The level of our organization and officiating merited excellent reviews from participants.

These games were very successful and because of this Grenada were awarded the 2005 CARIFTA Games. However, the passage of *Hurricane Ivan* in September 2004 ravaged the country and the stadium was completely destroyed. Much to our disappointment, we could not host the Games in 2005.

Since then, it has been a challenge for the Grenada Athletic Association to pursue its development programs. However, from the ruins, we were able to produce outstanding athletes at the CARIFTA level. Kirani James, our first IAAF World Outdoor Champion and Olympic Gold Medalist and Kurt Felix, Pan American Games Silver Medalist are products of that difficult period.

In December 2013, with the assistance of the People's Republic of China, the reconstruction of our National Stadium commenced and was completed in October 2015. The facility was awarded a Class 1 Certification from World Athletics.

In 2016 we proudly hosted the Games for a second time and again in 2024 for a third time. Since then, we have witnessed the emergence of Anderson Peters who won Gold at 2016 CARIFTA Games and went on to win back-to-back World Championships Gold



**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
4<sup>th</sup> – 6<sup>th</sup> April, 2026



Medals in Doha 2019, Oregon in 2022, Olympic bronze in Paris 2024 and Silver in Japan at the 2025 World Championships. Lindon Victor, was a Bronze medalist at Budapest World Championships in the Decathlon and Bronze medalist also at the Paris Olympics in 2024

When we were asked to host the 53<sup>rd</sup> games we cautiously agreed and was supported fully by our Government. It is with a great sense of pride and joy that we are hosting this 53<sup>rd</sup> Edition of the CARIFTA Games, appreciating the role that it has played in nurturing our athletes of the region. The Grenada Athletic Association is well prepared to deliver a memorable CARIFTA Games experience in our beautiful “Pure Grenada”, Spice of the Caribbean.

## **12. GENERAL INFORMATION**

### ***12.1 ARRIVAL AND DEPARTURE***

Delegations are requested to plan their arrival in Grenada for Thursday 2<sup>nd</sup> April and their departure for Tuesday 7<sup>th</sup> April, 2026. Be reminded that official CARIFTA Games accommodation will be provided only for those dates. Delegations arriving before 2<sup>nd</sup> April and departing after 7<sup>th</sup> April are required to inform the Organizing Committee no later than 14<sup>th</sup> March, 2026 so that the LOC can assist with pre and post Games accommodation. You are urged to book flights for your delegations **NOW** as the Easter holidays can be difficult to secure flights.

### ***12.2 AIRPORT***

The airport of entry into Grenada is the Maurice Bishop International Airport situated at Point Salines, St. George.

### ***12.3 ENTRY REQUIREMENT***

A valid passport is required as well as a valid return ticket. Only athletes and officials from Haiti require a visa.

### ***12.4 DEPARTURE TAX***

This is included in your ticket cost; hence, none will be collected at the airport on departure.



**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
4<sup>th</sup> – 6<sup>th</sup> April, 2026



## **12.5 BUSINESS**

The currency used in Grenada is the Eastern Caribbean Dollar (E.C Dollar). The United States Dollar is accepted by all businesses. Good Friday 3<sup>rd</sup> April and Easter Monday 6<sup>th</sup> April, are bank holidays. We advise teams to walk with cash - E.C\$ or US\$ or use the ATMs, which are available island wide.

Banks will exchange EC\$2.67 for US\$1.00 cash and EC\$2.68 for US\$1.00 in Travellers Cheques. You are advised to exchange currency at banks, as better exchange rates may not be found elsewhere.

Banks are open from 8:00 a.m. to 2:00 p.m. from Mondays through Thursdays and 8:00 a.m. to 4:00 p.m. on Fridays. Most supermarkets and shopping centers are usually open from 9:00 a.m. to 7:00 p.m., Monday through Saturday, while a select few open on Sundays. Shops generally open from 8:00 a.m. to 4:00 p.m. on Mondays through Fridays and 8:00 a.m. to 1:00 p.m. on Saturdays. Some Craft and Souvenir shops open on Sundays and Public Holidays when cruise ships are docked. Government offices are generally open from 8:00 a.m. to 4:00 p.m. on Mondays through Fridays but may be closed at 1:00 p.m. for lunch. It is advised that you check business operating hours of local retailers as some may differ.

## **12.6 COMMUNICATIONS**

Grenada's area code is 473. It is advised that you check with the hotel front desk if you want to make calls. Mobile services are available from the current local network providers; LIME and DIGICEL. Free Wi-Fi will be available at all CARIFTA hotels.

# **13. ACCOMMODATION**

## **13.1 ACCOMMODATION**

Athletes and team officials will be accommodated at the following properties:

- Radisson Grenada Beach Resort
- Grooms Beach Villas & Resort
- Royalton Grenada Resort



**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
4<sup>th</sup> – 6<sup>th</sup> April, 2026



The Delegates, other International Officials and Jury of Appeal will be accommodated at the Royalton Grenada Resort and Blue Horizon Garden Resort. The NACAC CARIFTA family will have the option to be accommodated at the True-Blue Bay Boutique Resort, Mt. Cinnamon Beach & Wellness Resort or any one of the properties from the list of hotels provided.

Meals will be provided from dinner on 2<sup>nd</sup> April to breakfast on 7<sup>th</sup> April. Meals outside this time frame will be at the team's expense. We will advise on rooming list requirements shortly after we receive final entries.

### **13.2 ACCOMMODATION LEVY**

The accommodation levy is **USD\$250.00** per team member according to team size quotas. Teams traveling with officials above the specified quota will be required **to pay the hotel rate per day** if they wish to be accommodated with their teams. Failing this, extra officials will have to find their own accommodation.

The Organizing Committee will need to be notified by no later than 9<sup>th</sup> March, 2026 in order to ensure that any additional officials over the quota can be accommodated at the Games hotels.

***NB: TEAMS WHO HAVE REGISTERED ATHLETES THAT DO NOT SHOW UP FOR THE GAMES WOULD BE FINED US\$100 PER ATHLETE AT ACCREDITATION.***

### **13.3 PAYMENT OF ACCOMMODATION LEVY**

Payment for the Accommodation Levy can be done in either EC Dollars or US Dollars before or on arrival and before teams are checked into their CARIFTA hotels. Bank drafts and certified cheques must be made payable to the Grenada Athletic Association. If the wire transfer method is chosen, please contact the GAA for the wire transfer details.



### ***13.4 ADDITIONAL CHARGES***

Teams will be responsible for payment for:

- Any additional charges incurred such as laundry, printing, etc.
- Any damages sustained to hotel property by members of the delegation

### ***13.5 GAMES HTOEL***

#### **ROYALTON GRENADA**





**RADISSON BEACH RESORT**



**GROOMS BEACH VILLA & RESORT**





**TRUE BLUE BAY BOUTIQUE RESORT**



**BLUE HORIZON GARDEN RESORT**





## **MT CINNAMON BEACH & WELLNESS RESORT**



## **14. ACCREDITATION**

### ***14.1 ACCREDITATION CENTRE***

The Accreditation Centre will be located at **the Olympic House**, Morne Rouge St. George.

To facilitate the accreditation process, participating teams would be required to submit their team's information, including a passport size electronic photo, via an online link which would be shared by email along with the deadline by which all submissions should be done.

### ***14.2 REGISTRATION***

**Registration must be done online (Link would be provided via email)**

No Athlete can be accredited without their certified birthdates being presented - Passport, birth paper.



**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
4<sup>th</sup> – 6<sup>th</sup> April, 2026



Deadlines for Registrations are as follows:

Intent to Participate	<b><i>Midnight, Sunday 18<sup>th</sup> January, 2026</i></b>
Preliminary Entries	<b><i>Midnight, Sunday 25<sup>th</sup> January 2026</i></b>
Numerical Entries	<b><i>Midnight, Saturday 21<sup>st</sup> February 2026</i></b>
Final Entries:	<b><i>Midnight, Monday 16<sup>th</sup> March 2026</i></b>

### ***14.3 AGE VERIFICATION***

The ages of all competitors will be verified at the Accreditation Centre. Passports or travel documents of all competitors must be presented on arrival before the accreditation process can be completed.

Heads of delegations must finalize payment of the levy in EC dollars or US currency in order to complete the accreditation process and receive their room keys. Delegations will receive individual identification cards which must be worn for the duration of the Games. These cards will act as access passes to Games hotels, meals, transport, warmup area, competition arena and other facilities as indicated. Please note that charges for accommodation and meals of additional personnel must be paid at this time as well.

The loss or theft of an accreditation card must be reported immediately to the Accreditation Centre. *A replacement card will only be provided at a cost of EC\$20.00 after the LOC is satisfied with the explanation offered by the Head of Delegation of the particular team involved.*

**It is important that teams send the required information by the deadline dates** to minimize wait at the Accreditation Center.

## **15. OPENING CEREMONY**

The opening ceremony for the 53<sup>rd</sup> CARIFTA Games is planned for Saturday 4<sup>th</sup> April from 2:30 p.m. - 3:30 p.m. Delegations will be transported from Games hotels



**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
4<sup>th</sup> – 6<sup>th</sup> April, 2026



beginning at 1:30 p.m. The LOC requests that all delegations participate in the Opening Ceremony.

## **16. RULES OF COMPETITION**

The 53<sup>rd</sup> CARIFTA Games will be held in accordance with the rules and regulations of World Athletics (WA). All technical matters will be resolved according to the WA rules.

General matters not covered by these rules will be resolved by the Organizing Committee.

## **17. COMPETITION VENUE AND DATES**

The Competition Venue will be the **KIRANI JAMES ATHLETICS STADIUM (KJAS)** in St. George's. This facility has a seating capacity of 7,020; Main or West stand (1949), Secondary Stand or Eastern Stand (2321), Southern stand or Bleachers (2750). The Athletes Stand would be located in the Eastern Pavilion.

The competition arena accommodates an eight (8) lane BEYNON Track, two (2) Long and Triple Jump areas, High Jump, Shot Put, Javelin, Pole Vault area, and Discus and

Hammer areas. Spike length must not exceed 9mm except for the high jump and javelin throw where spike length must not exceed 12mm (WA rule 143.4).

Competition dates are Saturday 4<sup>th</sup> April to Monday 6<sup>th</sup> April, 2026. Note that a tentative schedule appears in this Manual.



## **18. WARM-UP AND TRAINING FACILITIES**

The warm-up track is adjacent to the competition arena. It is a four lane 200m track and has the same surface as the competition track.





**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
4<sup>th</sup> – 6<sup>th</sup> April, 2026



A training schedule for Thursday 2<sup>nd</sup> and Friday 3<sup>rd</sup> will be developed and shared with teams once all arrivals information is received. Teams arriving prior to Thursday 2<sup>nd</sup> and would need to use the facility would need to indicate so before arriving.

## **19. AGE CATEGORIES**

BOYS/GIRLS UNDER 20      Born in 2007, 2008, 2009

BOYS/GIRLS UNDER 17      Born 2010, 2011, 2012

***Ages are as of Midnight on 31<sup>st</sup> December 2026***

## **20. TEAM SIZE**

### ***20.1 NUMBER OF ATHLETES PER TEAM***

Each country is allowed a total of eighty (80) athletes. No more than two (2) athletes per country may be entered in any individual or combined event, and only one (1) team per country may be entered in any relay event.

In relay event, each country may declare a pool of six (6) athletes from their total of eighty (80) athletes and may utilize this pool of athletes as they deem appropriate in any round of competition.

If an event cannot be conducted due to insufficient participants, defined as having “not less than five (5) competitors of three (3) different countries” the Local Organising Committee shall notify immediately through fax or e-mail, those countries that had entered athletes for such an event or may consider the event an Exhibition.



**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
4<sup>th</sup> – 6<sup>th</sup> April, 2026



### **21.2 TEAM OFFICIALS' QUOTA**

A maximum number of twelve (12) officials will be allowed as follows:

01 – 06	Competitors	1 official except for teams with male and female athletes; then 2 officials will be accepted, 1 must be female.
07 – 12	Competitors	2 Officials
13 – 18	Competitors	3 Officials
19 – 24	Competitors	4 Officials
24 – 30	Competitors	5 Officials
31 – 36	Competitors	6 Officials
37 – 42	Competitors	7 Officials
43 – 48	Competitors	8 Officials
49 – 54	Competitors	9 Officials
55 – 61	Competitors	10 Officials
62 – 68	Competitors	11 Officials
69 - 80	Competitors	12 Officials

### **21.3 SAFEGUARDING OFFICER**

Each Team participating in the 53<sup>rd</sup> CARIFTA Games scheduled for St George, Grenada, 4 – 6 April, 2026, must include as part of its team, a Safeguarding Officer. This person will not be counted in the Team Quota as outlined in item 21.1.

The Safeguarding Officer must have successfully completed the World Athletics online Safeguarding Essential Course before travelling with their Member Federation to the Games. The link to the World Athletics Essential Course is:

<https://elearning.worldathletics.org/access/login>



**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
4<sup>th</sup> – 6<sup>th</sup> April, 2026



***Please note that anyone requiring to access the platform to participate in the course will be required to create an account.***

The Team's Safeguarding Officer should be an individual who will play an on-going role in the Member Federations safeguarding matters and would be required to attend the Safeguarding workshop to be held on Friday 3<sup>rd</sup> April, 2026.

## **22. JURY OF APPEAL**

The full Jury of Appeal will be announced at the Technical Meeting.

## **23. PROTESTS**

Protests concerning the result or conduct of an event must be made within 30 minutes of the official announcement of the results of that event (**WA Technical Rule TR8.2**).

Per **WA Technical Rule TR8.3**, protests shall be made orally to the Referee by an athlete, by someone acting on their behalf, or by an official representative of a team. Where the Referee is not accessible or available, the protest should be made to them through the Technical Information Centre. The Referee may decide on the protest or may refer the matter to the Jury of Appeal. If the Referee makes a decision, there shall be a right of appeal to the Jury. Such protest shall be accompanied by US\$ 100.00 fee

Any protest presented before the Jury of Appeal shall be in writing on the official forms provided by the Organizing Committee, signed by a responsible official on behalf of the athlete and accompanied by a deposit of US \$100.00, which shall be forfeited if the appeal is not allowed. (**WA Technical Rule TR8.7**) A photocopy of the protest shall be given to the official presenting the protest. The copy will detail the time and date of the protest and the payment of the above-mentioned fee.

The Jury of Appeal will give a written resolution to the protest as soon as possible. This resolution will be published in the TIC.



## **24. AWARDS CEREMONY**

Awards Ceremonies will take place as outlined in the schedule of events. Medallists will be held in the Ceremonies Room on the Ground floor of the West Stand. All athletes must be fully dressed in the official uniform of their respective National Federation (NF) for the ceremony. In accordance with IAAF Rules and Regulations, Awards will be distributed in the following manner:

### **Individual Events:**

- 1<sup>st</sup> Place: Gold Medal
- 2<sup>nd</sup> Place: Silver Medal
- 3<sup>rd</sup> Place: Bronze Medal

### **Relays:**

- 1<sup>st</sup> Place: Gold Medal for every participating member of the team
- 2<sup>nd</sup> Place: Silver Medal for every participating member of the team
- 3<sup>rd</sup> Place: Bronze Medal for every participating member of the team

### **The Austin Sealy Award:**

- For the most outstanding athlete at the 2026 CARIFTA Games

### **The Esther Maynard Award:**

- For the most outstanding official at the 2026 CARIFTA Games

## **25. MEDICAL INFORMATION**

Off-site medical services will be available at the General Hospital, located approximately 5 minutes from the Stadium, and 20 minutes from the Games Village Hotels.

On-site medical and physiotherapy services will be available at the stadium and on call medical service at the Games Village. An ambulance will be on call at the competition arena to deal with any emergency that may arise.



**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
4<sup>th</sup> – 6<sup>th</sup> April, 2026



It is expected that major medical treatment, if found necessary, will be borne by the individual and/or by the Association he/she represents.

The LOC is negotiating for a waiver of the Registration with the Health Practitioners Board for medical personnel accompanying teams. However, these personnel will only be able provide care to their team members or assist other teams as requested and may accompany their charges to the national hospital. They will not be allowed to practice in the General hospital in the event that the situation requires such medical attention.

Space will be available for physiotherapists of participating teams to care for their charges at the warm-up facility. Teams are asked to bring along their own massage tables.

## 26. DOPING CONTROL

Tests for doping will be conducted throughout the Competition in accordance with the WA Guidelines for Doping Control. The Doping Control area will be located on the Ground floor in the West Stand of the Stadium.

## 27. INVITED COUNTRIES

Participation is open to the following National Federations (NFs):



Anguilla (AIA)



Guyana (GUY)



Antigua & Barbuda (ANT)



Haiti (HAI)



Aruba (ARU)



Jamaica (JAM)



Bahamas (BAH)



Martinique (MTQ)



Barbados (BAR)



Montserrat (MNT)



**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
4<sup>th</sup> – 6<sup>th</sup> April, 2026



	Belize (BIZ)		St. Kitts & Nevis (SKN)
	Bermuda (BER)		St. Lucia (LCA)
	Bonaire (BES)		St. Maarten (SXM)
	British Virgin Islands (IVB)		St. Vincent & The Grenadines (VIN)
	Cayman Islands (CAY)		Suriname (SUR)
	Curacao (CUW)		Trinidad & Tobago (TTO)
	Dominica (DMA)		Turks & Caicos Islands (TKS)
	Guadeloupe (GPL)		US Virgin Islands (ISV)
	French Guiana/Cayenne (FGU)		<b>Grenada (GRN) - Host</b>

## 28. NATIONAL FLAGS

Each delegation is required to provide two (2) National Flags at accreditation. One will be used during the Opening Ceremony while the other will be flown at the Stadium for the duration of the competition. The flags must be 4' 0" x 6' 0".

## 29. EVENTS

### BOYS UNDER 20

100m, 200m, 400m, 800m, 1500m, 5000m; 110m Hurdles (0.99m), 400m Hurdles (0.914m); 4 x 100m, 4 x 400m; Shot Put (6.0kg), Discus (1.75kg), Javelin (800gm); High Jump, Long Jump, Triple Jump and Pole Vault; Decathlon:100m, Long Jump, shot Put, High Jump,400m Day2:110mh, Discus, Pole Vault, Javelin and 1500m

### GIRLS UNDER 20

100m, 200m, 400m, 800m, 1500m; 100m H, (0.84m); 400m H, (0.76m); 4 x 100m, 4 x 400m; Shot Put (4kg), Discus(1.0kg), Javelin, (600gm); High Jump, Long Jump, Triple Jump



**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
4<sup>th</sup> – 6<sup>th</sup> April, 2026



### **BOYS UNDER 17**

100m, 200m, 400m, 800m, 1500m, 3000m; 110m H, (0.914m); 400m H, (0.84m); 4 x 100m, 4 x 400m; Shot Put (5.0kg), Discus (1.5kg), Javelin (700gm); High Jump, Long Jump, Triple Jump; Octathlon- (2 consecutive days): Day 1 - 100m, Long Jump, Shot Put (6kgs), 400m. Day 2 - 110m H (99cm), High Jump, Javelin (700gm), 1500m

### **GIRLS UNDER 17**

100m, 200m, 400m, 800m, 1500m; 100mH (0.76m), 400mH (0.76m); 4 x 100m, 4 x 400m; Shot Put (3kg), Discus (1.0kg), Javelin (500gm); High Jump, Long Jump, Triple Jump;

### **OPEN EVENTS**

**Girls** - 3000m, Heptathlon (2 consecutive days): Day 1 - 100m H (0.84m), High Jump, Shot Put (4kgs), 200m. Day 2 - Long Jump, Javelin (600g), 800m. Girls Pole Vault

### **MIXED EVENTS**

4 X 400m

## **30. TECHNICAL MEETING**

This will be held on April 3<sup>rd</sup> at 6:00 p.m. at a venue to be determined. Countries may be represented by no more than two (2) delegates.

## **31. TECHNICAL INFORMATION CENTRE (TIC)**

The Technical Information Centre will be located at the Ground Floor of the West Stand.

TIC shall serve as the link between the Organizing Committee and the various delegations. Printing would be done on a needs basis

### **31.1 CONFIRMATION**

Upon arrival each team will be provided with a set of Confirmation of Entry sheets,



**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
4<sup>th</sup> – 6<sup>th</sup> April, 2026



which must be confirmed and submitted to the TIC.

Confirmation of entries for the first day of competition shall be submitted during the Technical Meeting. For the following days, **ONLY** the confirmation of omissions shall be submitted to the TIC by 6:00 p.m. on the day before the competition.

### **31.2 START LISTS AND OFFICIAL RESULTS**

Start Lists will be posted daily at the TIC and warm up area. A copy will be given to the Team Leader upon identification. Results will be posted once the events have been concluded. Information would be sent digitally also to managers and head coaches of teams. Start list and results can be accessed from QR codes which would be posted Through the stadium and warm up areas. It would be posted also on the Miles split website

## **32. CALL ROOM INFORMATION**

There would be two Call rooms, Call Room One (1) and Call Room Two (2). Call Room One (1) will be located in the vicinity of the warm-up area and would be clearly indicated by signage. Call Room Two (2) will be located in the Gym facility situated in the North Eastern end of the Stadium (See photo below)





**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
4<sup>th</sup> – 6<sup>th</sup> April, 2026



Information about these locations in or around the stadium will be available at the technical meeting. Athletes reporting to the call room must have their identification and competition number provided by the Organizing Committee. Clothing must be the approved uniform of their National Federation. The following items are not allowed in the call room: personal implements and electronic devices such as iPods, iPads, Cameras, Mobile Phones, Head-Sets. All items retained in the call room will be returned to the athletes after their event.

### **32.1 COMPETITION NUMBERS**

Numbers will be checked in the Call Room to ensure that they correspond with the athletes' names. They shall be worn visibly on the breast and back, (except for those competing in the high jump and pole vault).

Competitors in running events will be issued additional adhesive numbers, which shall be worn on the sides of their shorts.

### **32.2 REPORTING TIME TO CALL ROOM FOR EVENTS**

<b>NO.</b>	<b>EVENT</b>	<b>FIRST CALL</b>	<b>LAST CALL</b>	<b>ARRIVE AT THE EVENT SITE</b>
1	Sprints	30 mins	10 mins	6 mins
2	Hurdles	35 mins	15 mins	9 mins
3.	Middle and Long Distance	35 mins	15 mins	9 mins
4.	Relays	35 mins	15 mins	9 mins
5.	High Jump	70 mins	50 mins	45 mins
6.	Pole Vault	70 mins	50 mins	45 mins
7.	Long and Triple Jumps	70 mins	50 mins	45 mins
8.	Throws	60 mins	40 mins	35 mins

Call room officials will accompany athletes when they enter and leave the competition arena. There will be two calls for the athletes to report before they enter the competition arena; then athletes will be taken to the relevant competition site after the second call.



**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
4<sup>th</sup> – 6<sup>th</sup> April, 2026



Under no circumstance will athletes be allowed to enter the competition arena if they fail to comply with the above-mentioned rules.

***Starting and successive heights for High Jump and Pole Vault:***

**High Jump – Under 17 Girls:**

Starting at 1.55m, with increments of 5cm to 1.65m, 3cm to 1.77m, and 2cm thereafter.

**High Jump – Under 17 Boys:**

Starting at 1.70m, with increments of 5cm to 2.0m, 3cm to 2.09m, and 2cm thereafter.

**High Jump – Under 20 Girls:**

Starting at 1.60m, with increments of 5cm to 1.70m, 3cm to 1.76m, and 2cm thereafter.

**High Jump – Under 20 Boys:**

Starting at 1.80m, with increments of 5cm to 2.05m, 3cm to 2.14m, and 2cm thereafter.

**Pole Vault – Open:**

Starting at 3.00m, with increments of 10cm to 4.00m, and 5cm thereafter.

## **33. DEADLINES**

**18<sup>th</sup> January 2026** Intent to Participate must be sent to [grenadacarifta2024@gmail.com](mailto:grenadacarifta2024@gmail.com) and copied to [grn@mf.worldathletics.org](mailto:grn@mf.worldathletics.org)

**25<sup>th</sup> January 2026** Preliminary entries (possible team size) must be sent to [grenadacarifta2024@gmail.com](mailto:grenadacarifta2024@gmail.com) and copied to [grn@mf.worldathletics.org](mailto:grn@mf.worldathletics.org)

**21<sup>st</sup> February 2026** Numerical entries must be sent to [grenadacarifta2024@gmail.com](mailto:grenadacarifta2024@gmail.com) and copied to [grn@mf.worldathletics.org](mailto:grn@mf.worldathletics.org)



**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
4<sup>th</sup> – 6<sup>th</sup> April, 2026



- 21<sup>st</sup> February 2026** Registration on approved form of VIPs, with full titles and electronic passport size picture must be sent to [grenadacarifta2024@gmail.com](mailto:grenadacarifta2024@gmail.com) and copied to [grn@mf.worldathletics.org](mailto:grn@mf.worldathletics.org)
- 16<sup>th</sup> March 2026** Final Entries must be submitted via online platform. The link will be shared via email.
- 16<sup>th</sup> March 2026** Application for accreditation of athletes and quota officials must be done via an online portal. The link to access the portal is: <https://carifta26.sportity.io/register/teams>
- 16<sup>th</sup> March 2026** Request for the registration, on approved form, of over quota officials with designation along with electronic passport size picture must be sent to [grenadacarifta2024@gmail.com](mailto:grenadacarifta2024@gmail.com) and copied to [grn@mf.worldathletics.org](mailto:grn@mf.worldathletics.org)
- 23<sup>rd</sup> March 2026** Travel schedule on approved form sent to [grenadacarifta2024@gmail.com](mailto:grenadacarifta2024@gmail.com) and copied to [grn@mf.worldathletics.org](mailto:grn@mf.worldathletics.org)

## **34. MEDIA**

Media accreditation forms can be found in the Appendices. Completed forms must be received by on or before midnight on the 7<sup>th</sup> March 2026. Please ensure that applications from media houses in your country are stamped by your Federation.

## **35. VIP/VVIP'S**

You are all VIPs; however, delegations with accompanying Government Ministers and other Officials or other VVIPs are required to notify the Local Organizing Committee with full details by the 7<sup>th</sup> March 2026. This is to facilitate the necessary protocols.

Please note that no more than two (2) VIPs per country would be accommodated in the VIP Tribune due to limited seating capacity.



## **36. CONTACTS**

- Local Organizing Committee Chairperson, Veda Bruno Victor - (473) 405-5074
- Local Organising Committee Secretary, Desiree Stephen - (473) 415-0065
- Competition Director, Johnell Mitchell - (473) 456-0772
- Technical Manager, Abrel Patrick - (473) 456 1920
- President GAA, Conrad Francis - (473) 420-2727
- Accommodation Chairperson, Nikoyan Roberts - (473) 405 4010

## **37. APPENDICES**

1. Numerical Team Entry Form
2. Final Entries Form
3. Registration of Officials Form
4. Arrival/Departure Form
5. Schedule of Events
6. Technical Meeting Agenda
7. Technical Meeting Question Form
8. Protest Form
9. CARIFTA Congress Agenda
10. Media Accreditation Form



**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
4<sup>th</sup> – 6<sup>th</sup> April, 2026



**APPENDIX I – INTENT TO PARTICIPATE**

*To be submitted to the Local Organizing Committee no later than midnight on Sunday 18<sup>th</sup> January, 2026*

The \_\_\_\_\_ express its intent to participate in the 53rd Edition of the CARIFTA Games to be held at the Kirani James Athletics Stadium in St. George's, Grenada, during the period Saturday 4<sup>th</sup> April to Monday 6<sup>th</sup> April, 2026.

Signature: \_\_\_\_\_  
President/General Secretary

Date: \_\_\_\_\_





**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
4<sup>th</sup> – 6<sup>th</sup> April, 2026



**APPENDIX II – PRELIMINARY ENTRIES**

**COUNTRY:** \_\_\_\_\_

*To be submitted to the Local Organizing Committee no later than midnight on Sunday 25<sup>th</sup>  
January, 2026*

CATEGORY	GENDER		TOTAL
	MALE	FEMALE	
Under 17			
Under 20			
<b>TOTAL</b>			

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

President/General Secretary





**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
 4<sup>th</sup> – 6<sup>th</sup> April, 2026



**APPENDIX III – NUMERICAL ENTRIES**

**COUNTRY:** \_\_\_\_\_

*To be submitted to the Local Organizing Committee no later than midnight on Saturday 21<sup>st</sup> February, 2026*

EVENT	U17	U17		U20 G	U 20 B		TOTAL
100M							
200M							
400M							
800M							
1500M							
3000M							
5000M							
100/110M Hurdles							
400M Hurdles							
HIGH JUMP							
LONG JUMP							
TRIPLE JUMP							
POLE VAULT							
SHOT PUT							
JAVELIN							
DISCUS							
HEPTATHLON							
OCTATHLON							
TEAM OFFICIALS							

Signature: \_\_\_\_\_

Date: \_\_\_\_\_





**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
 4<sup>th</sup> – 6<sup>th</sup> April, 2026



President / General Secretary

**APPENDIX IV - FINAL ENTRIES**

**COUNTRY:** \_\_\_\_\_

*To be submitted to the Local Organizing Committee no later than midnight Monday 16<sup>th</sup> March, 2026 via online link*

**UNDER 17 GIRLS**

<b>Event</b>	<b>Surname</b>	<b>First Name</b>	<b>Date of Birth</b>			<b>Personal Best</b>
			<b>Yr</b>	<b>Mth</b>	<b>Day</b>	
<b>100M</b>						
<b>200M</b>						
<b>400M</b>						
<b>800M</b>						
<b>1500M</b>						
<b>100M Hurdles</b>						
<b>400M Hurdles</b>						
<b>High Jump</b>						
<b>Long Jump</b>						
<b>Triple Jump</b>						
<b>Shot Put</b>						
<b>Javelin</b>						
<b>Discus</b>						





**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
4<sup>th</sup> – 6<sup>th</sup> April, 2026



<b>4 x 100M Relay</b>						
<b>4 x 400M Relay</b>						





**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
 4<sup>th</sup> – 6<sup>th</sup> April, 2026



**APPENDIX IV – FINAL ENTRIES CONT'D.**

**COUNTRY:** \_\_\_\_\_

*To be submitted to the Local Organizing Committee no later than midnight Monday 16<sup>th</sup> March, 2026*

**UNDER 17 BOYS**

<b>Event</b>	<b>Surname</b>	<b>First Name</b>	<b>Date of Birth</b>			<b>Personal Best</b>
			<b>Yr</b>	<b>Mth</b>	<b>Day</b>	
<b>100M</b>						
<b>200M</b>						
<b>400M</b>						
<b>800M</b>						
<b>1500M</b>						
<b>100M Hurdles</b>						
<b>400M Hurdles</b>						
<b>High Jump</b>						
<b>Long Jump</b>						
<b>Triple Jump</b>						
<b>Shot Put</b>						
<b>Javelin</b>						
<b>Discus</b>						
<b>4 x 100M Relay</b>						





**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
4<sup>th</sup> – 6<sup>th</sup> April, 2026



<b>4 x 400M Relay</b>						
<b><u>Octathlon</u></b>						





**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
 4<sup>th</sup> – 6<sup>th</sup> April, 2026

**APPENDIX IV - FINAL ENTRIES CONT'D.**

**COUNTRY:** \_\_\_\_\_

*To be submitted to the Local Organizing Committee no later than midnight Monday 16<sup>th</sup> March, 2026*

**UNDER 20 GIRLS**

<b>Event</b>	<b>Surname</b>	<b>First Name</b>	<b>Date of Birth</b>			<b>Personal Best</b>
			<b>Yr</b>	<b>Mth</b>	<b>Day</b>	
<b>100M</b>						
<b>200M</b>						
<b>400M</b>						
<b>800M</b>						
<b>1500M</b>						
<b>100M Hurdles</b>						
<b>400M Hurdles</b>						
<b>High Jump</b>						
<b>Long Jump</b>						
<b>Triple Jump</b>						
<b>Shot Put</b>						
<b>Javelin</b>						
<b>Discus</b>						
<b>4 x 100M Relay</b>						





**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
4<sup>th</sup> – 6<sup>th</sup> April, 2026

<b>4 x 400M Relay</b>						





**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
 4<sup>th</sup> – 6<sup>th</sup> April, 2026

**APPENDIX IV - FINAL ENTRIES CONT'D.**

**COUNTRY:** \_\_\_\_\_

*To be submitted to the Local Organizing Committee no later than midnight Monday 16<sup>th</sup> March, 2026*

**UNDER 20 BOYS**

<b>Event</b>	<b>Surname</b>	<b>First Name</b>	<b>Date of Birth</b>			<b>Personal Best</b>
			<b>Yr</b>	<b>Mth</b>	<b>Day</b>	
<b>100M</b>						
<b>200M</b>						
<b>400M</b>						
<b>800M</b>						
<b>1500M</b>						
<b>110m Hurdles</b>						
<b>400M Hurdles</b>						
<b>High Jump</b>						
<b>Long Jump</b>						
<b>Triple Jump</b>						
<b>Shot Put</b>						
<b>Javelin</b>						
<b>Discus</b>						
<b>4 x 100M Relay</b>						





**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
4<sup>th</sup> – 6<sup>th</sup> April, 2026

<b>4 x 400M Relay</b>						
<b>Decathlon</b>						





**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
 4<sup>th</sup> – 6<sup>th</sup> April, 2026

**APPENDIX IV - FINAL ENTRIES CONT'D.**

**COUNTRY:** \_\_\_\_\_

*To be submitted to the Local Organizing Committee no later than midnight Monday 16<sup>th</sup> March, 2026*

**GIRLS OPEN**

<u>Event</u>	<u>Surname</u>	<u>First Name</u>	<u>Date of Birth</u>			<u>Personal Best</u>
			<u>Yr</u>	<u>Mth</u>	<u>Day</u>	
<b>3000M</b>						
<b>Heptathlon</b>						

**Open Relay**

<u>Event</u>	<u>Surname</u>	<u>First Name</u>	<u>Date of Birth</u>			<u>Personal Best</u>
			<u>Yr</u>	<u>Mth</u>	<u>Day</u>	
<b>Mixed Relay</b>						





**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
 4<sup>th</sup> – 6<sup>th</sup> April, 2026

**APPENDIX V- REGISTRATION OF OFFICIALS**

**COUNTRY:** \_\_\_\_\_

*To be submitted no later than midnight Saturday 21<sup>st</sup> February, 2026*

**TEAM OFFICIALS**

NO. OF OFFICIALS	NAME		FUNCTION
	SURNAME	FIRST NAME	
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			

**VIPS**

NO. OF OFFICIALS	NAME		FUNCTION
	SURNAME	FIRST NAME	
1			
2			
3			
4			

**VVIPS**

NO. OF VVIPS	NAME		TITLE
	SURNAME	FIRST NAME	
1			
2			
3			
4			





**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
4<sup>th</sup> – 6<sup>th</sup> April, 2026

**APPENDIX VI - ARRIVAL & DEPARTURE FORMS**

**ARRIVAL**

DATE	FLIGHT	TIME	N PAX

**DEPARTURE**

DATE	FLIGHT	TIME	N PAX





**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
 4<sup>th</sup> – 6<sup>th</sup> April, 2026

**APPENDIX VII - SCHEDULE OF EVENTS**

SATURDAY APRIL 4, 2026 – DAY 1 MORNING SESSION				
EVENT #	TIME	EVENT	ROUND	HEAT
101	09:00	Boys' U20 Decathlon (E1) 100m	Final	1
102	09:00	Girls' U17 High Jump	Final	1
101	09:05	Boys' U20 Decathlon (E1) 100m	Final	2
103	09:10	Boys' U17 Javelin Throw (700g)	Final	1
104	09:10	Boys' U17 Octathlon (E1) 100m	Final	1
105	09:15	Girls' U17 Shot Put (3kg)	Final	1
106	09:23	Girls' U17 400m	Semi-Final	1
	09:31	Girls' U17 400m	Semi-Final	2
107	09:40	Boys' U20 Decathlon (E2) Long Jump	Final	1
108	09:40	Boys' U17 400m	Semi-Final	1
	09:48	Boys' U17 400m	Semi-Final	2
	09:56	Boys' U17 400m	Semi-Final	3
109	10:04	Girls' U20 400m	Semi-Final	1
	10:12	Girls' U20 400m	Semi-Final	2
	10:20	Girls' U20 400m	Semi-Final	3
110	10:28	Boys' U20 400m	Semi-Final	1
	10:36	Boys' U20 400m	Semi-Final	2
	10:44	Boys' U20 400m	Semi-Final	3
111	10:51	Girls' U17 100m	Semi-Final	1
	10:58	Girls' U17 100m	Semi-Final	2
	11:05	Girls' U17 100m	Semi-Final	3
112	11:10	Girls' U20 Javelin Throw (600g)	Final	1
113	11:12	Boys' U17 100m	Semi-Final	1
114	11:15	Boys' U17 Octathlon (E2) Long Jump	Final	1



**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
 4<sup>th</sup> – 6<sup>th</sup> April, 2026

<b>113</b>	<b>11:19</b>	<b>Boys' U17 100m</b>	<b>Semi-Final</b>	<b>2</b>
<b>115</b>	<b>11:20</b>	<b>Boys' U20 Decathlon (E3) Shot Put (6kg)</b>	<b>Final</b>	<b>1</b>
<b>113</b>	<b>11:26</b>	<b>Boys' U17 100m</b>	<b>Semi-Final</b>	<b>3</b>
	<b>11:33</b>	<b>Boys' U17 100m</b>	<b>Semi-Final</b>	<b>4</b>
<b>116</b>	<b>11:40</b>	<b>Girls' U20 100m</b>	<b>Semi-Final</b>	<b>1</b>
	<b>11:47</b>	<b>Girls' U20 100m</b>	<b>Semi-Final</b>	<b>2</b>
	<b>11:54</b>	<b>Girls' U20 100m</b>	<b>Semi-Final</b>	<b>3</b>
<b>117</b>	<b>12:01</b>	<b>Boys' U20 100m</b>	<b>Semi-Final</b>	<b>1</b>
	<b>12:08</b>	<b>Boys' U20 100m</b>	<b>Semi-Final</b>	<b>2</b>
	<b>12:15</b>	<b>Boys' U20 100m</b>	<b>Semi-Final</b>	<b>3</b>
	<b>12:22</b>	<b>Boys' U20 100m</b>	<b>Semi-Final</b>	<b>4</b>

<b>SATURDAY APRIL 4, 2026 – DAY 1 AFTERNOON SESSION</b>				
<b>EVENT #</b>	<b>TIME</b>	<b>EVENT</b>	<b>ROUND</b>	<b>HEAT</b>
	<b>14:30</b>	<b>OPENING CEREMONY</b>		
	<b>16:00</b>	<b>MEDAL CEREMONY</b>		
<b>118</b>	<b>16:15</b>	<b>Girls' U17 400m</b>	<b>Final</b>	<b>1</b>
<b>119</b>	<b>16:15</b>	<b>Boys' U17 Triple Jump</b>	<b>Final</b>	<b>1</b>
<b>120</b>	<b>16:15</b>	<b>Boys' U20 Discus Throw (1.75kg)</b>	<b>Final</b>	<b>1</b>
<b>121</b>	<b>16:23</b>	<b>Boys' U17 400m</b>	<b>Final</b>	<b>1</b>
<b>122</b>	<b>16:25</b>	<b>Boys' U20 Decathlon (E4) High Jump</b>	<b>Final</b>	<b>1</b>
<b>123</b>	<b>16:30</b>	<b>Girls' U20 400m</b>	<b>Final</b>	<b>1</b>
<b>124</b>	<b>16:37</b>	<b>Boys' U20 400m</b>	<b>Final</b>	<b>1</b>
<b>125</b>	<b>16:40</b>	<b>Boys' U17 Octathlon (E3) Shot Put (6kg)</b>	<b>Final</b>	<b>1</b>



**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
 4<sup>th</sup> – 6<sup>th</sup> April, 2026

126	16:44	Girls' U17 1500m	Final	1
127	16:54	Boys' U17 1500m	Final	1
128	17:04	Girls' U20 1500m	Final	1
129	17:14	Boys' U20 1500m	Final	1
17:20		<b>MEDAL CEREMONIES</b>		
130	17:35	Girls' Special Olympics 100m	Final	1
131	17:40	Girls' Open Pole Vault	Final	1
132	17:42	Boys' Special Olympics 100m	Final	1
133	17:50	Girls' U17 100m	Final	1
134	17:58	Boys' U17 100m	Final	1
135	18:00	Girls' U20 Triple Jump	Final	1
136	18:06	Girls' U20 100m	Final	1
137	18:14	Boys' U20 100m	Final	1
18:19		<b>MEDAL CEREMONIES</b>		
138	18:39	Boys' U17 Octathlon (E4) 400m	Final	1
139	18:46	Boys' U20 Decathlon (E5) 400m	Final	1
	18:53	Boys' U20 Decathlon (E5) 400m	Final	2
140	19:00	Mixed Open 4x400m Relay	Final	1
	19:10	Mixed Open 4x400m Relay	Final	2

SUNDAY APRIL 5, 2026 – DAY 2 MORNING SESSION				
EVENT #	TIME	EVENT	ROUND	HEAT



**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
 4<sup>th</sup> – 6<sup>th</sup> April, 2026

201	09:00	Boys' U20 Decathlon (6) 110m Hurdles (0.991m)	Final	1
202	09:05	Girls' U20 Shot Put (4kg)	Final	1
201	09:10	Boys' U20 Decathlon (6) 110m Hurdles (0.991m)	Final	2
203	09:10	Boys' U20 Long Jump	Final	1
204	09:20	Boys' U17 Octathlon (5) 110m Hurdles (0.914m)	Final	1
205	09:35	Boys' U20 Decathlon (E7) Discus Throw (1.75kg)	Final	1
206	09:37	Girls' Open Heptathlon (E1) 100m Hurdles (0.838m)	Final	1
	09:44	Girls' Open Heptathlon (E1) 100m Hurdles (0.838m)	Final	2
207	09:55	Boys' U17 Octathlon (6) High Jump	Final	1
208	10:05	Girls' U20 400m Hurdles (0.76m)	Semi-Final	1
	10:13	Girls' U20 400m Hurdles (0.76m)	Semi-Final	2
209	10:23	Boys' U20 400m Hurdles (0.91m)	Semi-Final	1
	10:31	Boys' U20 400m Hurdles (0.91m)	Semi-Final	2
210	10:46	Girls' U17 200m	Semi-Final	1
	10:53	Girls' U17 200m	Semi-Final	2
	11:00	Girls' U17 200m	Semi-Final	3
211	11:00	Boys' U20 Decathlon (E8) Pole Vault	Final	1
212	11:00	Girls' U17 Discus Throw (1kg)	Final	1
213	11:00	Girls' Open Heptathlon (E2) High Jump	Final	1
214	11:07	Boys' U17 200m	Semi-Final	1



**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
 4<sup>th</sup> – 6<sup>th</sup> April, 2026

	11:14	Boys' U17 200m	Semi-Final	2
	11:21	Boys' U17 200m	Semi-Final	3
	11:28	Boys' U17 200m	Semi-Final	4
215	11:35	Girls' U20 200m	Semi-Final	1
	11:42	Girls' U20 200m	Semi-Final	2
	11:49	Girls' U20 200m	Semi-Final	3
	11:56	Girls' U20 200m	Semi-Final	4
216	12:03	Boys' U20 200m	Semi-Final	1
	12:10	Boys' U20 200m	Semi-Final	2
	12:17	Boys' U20 200m	Semi-Final	3
	12:24	Boys' U20 200m	Semi-Final	4
	12:31	Boys' U20 200m	Semi-Final	5

SUNDAY APRIL 5, 2026 – DAY 2 AFTERNOON SESSION				
EVENT #	TIME	EVENT	ROUND	HEAT
	16:00	<b>MEDAL CEREMONIES</b>		
217	16:15	Girls' U17 4x100m Relay	Semi-Final	1
218	16:20	Girls' Open Heptathlon (E3) Shot Put (4kg)	Final	1
219	16:25	Boys' U17 Octathlon (E7) Javelin (700g)	Final	1
217	16:25	Girls' U17 4x100m Relay	Semi-Final	2
220	16:25	Boys' U17 High Jump	Final	1
221	16:30	Girls' U17 Long Jump	Final	1



**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
 4<sup>th</sup> – 6<sup>th</sup> April, 2026

222	16:35	Boys' U17 4x100m Relay	Semi-Final	1
	16:45	Boys' U17 4x100m Relay	Semi-Final	2
223	16:55	Girls' U20 4x100m Relay	Semi-Final	1
	17:05	Girls' U20 4x100m Relay	Semi-Final	2
224	17:15	Boys' U20 4x100m Relay	Semi-Final	1
	17:25	Boys' U20 4x100m Relay	Semi-Final	2
225	17:33	Girls' U17 800m	Semi-Final	1
	17:41	Girls' U17 800m	Semi-Final	2
	17:49	Girls' U17 800m	Semi-Final	3
226	17:57	Boys' U17 800m	Semi-Final	1
<b>227</b>	<b>18:00</b>	<b>Boys' U17 Shot Put (5kg)</b>	<b>Final</b>	<b>1</b>
226	18:05	Boys' U17 800m	Semi-Final	2
	18:13	Boys' U17 800m	Semi-Final	3
<b>228</b>	<b>18:15</b>	<b>Boys' U20 Decathlon (E9) Javelin (800g)</b>	<b>Final</b>	<b>1</b>
229	18:21	Boys' U20 800m	Semi-Final	1
	18:29	Boys' U20 800m	Semi-Final	2
	18:37	Boys' U20 800m	Semi-Final	3
	<b>18:40</b>	<b>MEDAL CEREMONIES</b>		
230	18:55	Girls' U17 400m Hurdles (0.76m)	Final	1
231	19:03	Girls' U20 400m Hurdles (0.76m)	Final	1
232	19:11	Boys' U17 400m Hurdles (0.84m)	Final	1
233	19:19	Boys' U20 400m Hurdles(0.91m)	Final	1



**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
 4<sup>th</sup> – 6<sup>th</sup> April, 2026

19:25		MEDAL CEREMONIES		
234	19:30	Boys' U20 High Jump	Final	1
235	19:35	Boys' U20 Javelin Throw (800g)	Final	1
236	19:40	Girls' U20 Long Jump	Final	1
237	19:40	Girls' Open 3000m	Final	1
238	19:55	Boys' U17 3000m	Final	1
20:10		MEDAL CEREMONIES		
239	20:25	Girls' Open Heptathlon (E4) 200m	Final	1
	20:31	Girls' Open Heptathlon (E4) 200m	Final	2
240	20:37	Boys' U17 Octathlon (E8) 1500m	Final	1
241	20:47	Boys' U20 Decathlon (E10) 1500m	Final	1
242	20:57	Girls' U17 4x100m Relay	Final	1
243	21:07	Boys' U17 4x100m Relay	Final	1
244	21:17	Girls' U20 4x100m Relay	Final	1
245	21:27	Boys' U20 4x100m Relay	Final	1

MONDAY APRIL 6, 2026 – DAY 3 MORNING SESSION				
EVENT #	TIME	EVENTS	ROUND	HEAT
301	09:00	Girls' Open Heptathlon (E5) Long Jump	Final	1
302	09:05	Girls' U17 Javelin Throw (500g)	Final	1
303	09:10	Girls' U20 High Jump	Final	1
304	09:20	Girls' U20 100m Hurdles (0.838m)	Semi-Final	1





**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
 4<sup>th</sup> – 6<sup>th</sup> April, 2026

	09:30	Girls' U20 100m Hurdles (0.838m)	Semi-Final	2
305	09:40	Boys' U20 110m Hurdles (0.991m)	Semi-Final	1
	09:50	Boys' U20 110m Hurdles (0.991m)	Semi-Final	2
306	10:00	Boys' U17 Long Jump	Final	1
307	10:10	Boys' U17 4x400m Relay	Semi-Final	1
	10:20	Boys' U17 4x400m Relay	Semi-Final	2
308	10:30	Boys' U20 4x400m Relay	Semi-Final	1
	10:40	Boys' U20 4x400m Relay	Semi-Final	2

MONDAY APRIL 6, 2026 – DAY 3 AFTERNOON SESSION				
EVENT #	TIME	TRACK EVENTS	ROUND	HEAT
15:00		MEDAL CEREMONIES		
309	15:15	Girls' U20 Discus Throw (1kg)	Final	1
310	16:00	Girls' U17 100m Hurdles (0.762m)	Final	1
311	16:10	Girls U20 100m Hurdles (0.838m)	Final	1
312	16:10	Boys' Open Pole Vault	Final	1
313	16:15	Girls' U17 Triple Jump	Final	1
314	16:20	Boys' U20 Shot Put (6kg)	Final	1
315	16:20	Boys' U17 110m Hurdles (0.914m)	Final	1
316	16:25	Girls' Open Heptathlon (E6) Javelin Throw (600g)	Final	1
317	16:30	Boys' U20 110m Hurdles (0.991m)	Final	1
16:35		MEDAL CEREMONIES		



**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
 4<sup>th</sup> – 6<sup>th</sup> April, 2026

318	17:00	Girls' U17 800m	Final	1
319	17:08	Boys' U17 800m	Final	1
320	17:16	Girls' U20 800m	Final	1
321	17:24	Boys' U20 800m	Final	1
<b>17:30</b>		<b>MEDAL CEREMONIES</b>		
322	17:50	Girls' Special Olympics 200m	Final	1
323	17:55	Boys' U20 Triple Jump	Final	1
324	17:55	Boys' U17 Discus Throw (1.5kg)	Final	1
325	17:57	Boys' Special Olympics 200m	Final	1
326	18:04	Girls' U17 200m	Final	1
327	18:11	Boys' U17 200m	Final	1
328	18:18	Girls' U20 200m	Final	1
329	18:25	Boys' U20 200m	Final	1
<b>18:30</b>		<b>MEDAL CEREMONIES</b>		
330	18:50	Boys' U20 5000m	Final	1
331	19:10	Girls' Open Heptathlon (E7) 800m	Final	1
332	19:20	Girls' U17 4x400m Relay	Final	1
333	19:30	Boys' U17 4x400m Relay	Final	1
334	19:40	Girls' U20 4x400m Relay	Final	1
335	19:50	Boys' U20 4x400m Relay	Final	1
<b>20:00</b>		<b>MEDAL CEREMONIES</b>		
<b>20:30</b>		<b>CLOSING CEREMONIES</b>		



**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
4<sup>th</sup> – 6<sup>th</sup> April, 2026

**APPENDIX VIII - PROTEST FORM**

(PRESENT TO REFEREE OR TECHNICAL INFORMATION CENTER)

**ATHLETE NAME:** \_\_\_\_\_

**COUNTRY:** \_\_\_\_\_ **EVENT:** - \_\_\_\_\_

**TEAM REPRESENTATIVE NAME:** \_\_\_\_\_

**CATEGORY:**      **U-17:**  GIRLS  BOYS      **U-20:**  GIRLS  BOYS

**WA RULE NUMBER:** \_\_\_\_\_

**PROTEST:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**FEE: US \$100:00**

**SIGNATURE:** \_\_\_\_\_ **DESIGNATION:** - \_\_\_\_\_

**ACCREDITATION NO:** - \_\_\_\_\_

**LOC ONLY**

**DATE/TIME:** - \_\_\_\_\_

**SIGNATURE:-** \_\_\_\_\_

**DESIGNATION:** - \_\_\_\_\_





**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
4<sup>th</sup> – 6<sup>th</sup> April, 2026

**APPENDIX IX - TECHNICAL MEETING**

**Friday 3<sup>rd</sup> April 2026 – 6:00 p.m.**

**AGENDA**

Distribution of team packages:

1. Welcome / Invocation
2. Introductions:
  - ✓ WA REPRESENTATIVES
  - ✓ NACAC REPRESENTATIVES
  - ✓ INTERNATIONAL OFFICIALS
  - ✓ MANAGEMENT OFFICIALS
    - Competition Director
    - Technical Manager
    - Meet Manager Field
    - Meet Manager Track
  - ✓ COMPETITION OFFICIALS
3. General Information:
  - ✓ EVENT SCHEDULE
  - ✓ QUALIFYING ROUNDS
  - ✓ STARTING HEIGHTS AND PROGRESSIONS
  - ✓ PROTESTS
  - ✓ DOPING CONTROL
  - ✓ BUS SCHEDULE
  - ✓ AWARDS PRESENTATION
  - ✓ OPENING / CLOSING CEREMONIES
  - ✓ QUESTIONS ANSWERED
4. Closing Remarks



**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
4<sup>th</sup> – 6<sup>th</sup> April, 2026

**APPENDIX X - TECHNICAL MEETING QUESTIONS**

**TO BE SUBMITTED NO LATER THAN 11:00 A.M. FRIDAY 3<sup>rd</sup> April 2026 to the Game Office or by mail: [grenadacarifta2026@gmail.com](mailto:grenadacarifta2026@gmail.com) and copied to [grn@mf.worldathletics.org](mailto:grn@mf.worldathletics.org), [bvawilliams@yahoo.com](mailto:bvawilliams@yahoo.com) and [john@techfish.com](mailto:john@techfish.com)**

**COUNTRY:** -.....

QUESTION 1: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

QUESTION 2: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

QUESTION 3: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Team Official** \_\_\_\_\_ **Date** \_\_\_\_\_





**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
4<sup>th</sup> – 6<sup>th</sup> April, 2026

**APPENDIX XI - CARIFTA CONGRESS**

**CARIFTA Congress is scheduled for Monday 6<sup>th</sup> April, 2026 at 1:00 p.m. at the National Cricket Stadium**

**CONGRESS MEETING**

**MONDAY 6<sup>th</sup> APRIL, 2026**

- ✓ Roll Call
- ✓ Invocation
- ✓ Welcome and Remarks - President, Grenada Athletics Association
- ✓ Welcome and Remarks – Minister for Youth & Sports
- ✓ Remarks - WA Representative
- ✓ Minutes of last Congress/Acceptance
- ✓ Matters Arising from Minutes
- ✓ Reports:
  - NACAC
  - 53rd CARIFTA Games LOC
- ✓ Presentation – Bids to host 54<sup>th</sup> (2027) 55<sup>th</sup> (2028) and 56<sup>th</sup> (2029) CARIFTA
- ✓ AOB
- ✓ Adjournment



**53<sup>rd</sup> CARIFTA GAMES**  
**KIRANI JAMES ATHLETICS STADIUM**  
**QUEEN'S PARK, ST. GEORGE'S, GRENADA**  
4<sup>th</sup> – 6<sup>th</sup> April, 2026

**APPENDIX XII - MEDIA ACCREDITATION**

***THIS FORM MUST BE COMPLETED AND RETURNED TO THE ORGANIZING COMMITTEE ON OR BEFORE MIDNIGHT 7<sup>TH</sup> MARCH 2026. IT MUST BE SIGNED AND STAMPED BY THE LOCAL FEDERATION.***

Media Person's Name (separate form for each person): \_\_\_\_\_

Address: \_\_\_\_\_

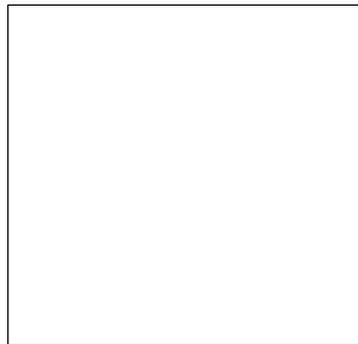
Country: \_\_\_\_\_

Media House: \_\_\_\_\_

Type of company (on-line paper, on-line sports magazine, TV): \_\_\_\_\_

Type of Accreditation (Journalist, Cameraman, Photographer): \_\_\_\_\_

Please attach a digital passport photo.



Once application is received the LOC will confirm by email. Accreditation Cards will be available at the Secretariat

Signature of Applicant (electronic): \_\_\_\_\_

**STAMP AND SIGNATURE OF ATHLETIC FEDERATION:**

\_\_\_\_\_





**Carifta**  
GRENADA 2026

G  
A  
M  
E  
S

**4-6**  
**APRIL**  
**2026**

**KIRANI JAMES**  
**ATHLETICS STADIUM**

