

LMISSFTA Track League Meet #2 @ UBC

**Friday April 24th, 2026**

**ELECTRONIC TIMING\*** \*Coaches will need to pre-register athletes via Trackie

Coaches Meeting 11:00am (Finish Line)

**Track Event Schedule**

*Approximate Event Start Times*

Sprint Hurdles	11:15am	Gr. 11/12 Boys	110m @ 36" or 0.914m	RED □
		Gr. 9/10 Boys	100m @ 36" or 0.914m	Yellow □
		Gr. 11/12 Girls	100m @ 33" or 0.838m	Yellow □
		Gr. 8 Boys	100m @ 33" or 0.838m	Yellow □
		Gr. 9/10 Girls	80m @ 30" or 0.762m	Black O
		Gr. 8 Girls	80m @ 30" or 0.762m	Black O
800m	12:10pm	Gr. 8 Girls	Gr. 8 Boys	
		Gr. 9/10 Girls	Gr. 9/10 Boys	
		Gr. 11/12 Girls	Gr. 11/12 Boys	
100m	1:00pm	Gr. 8 Girls	Gr. 8 Boys	
		Gr. 9/10 Girls	Gr. 9/10 Boys	
		Gr. 11/12 Girls	Gr. 11/12 Boys	
Distance Hurdles Green △	1:30pm	Gr. 11/12 Boys	200m @ 36" or 0.840m (10 hurdles)	
		Gr. 11/12 Girls	200m @ 30" or 0.762m (10 hurdles)	
		Gr. 9/10 Boys	200m @ 33" or 0.840m (7 hurdles)	
		Gr. 9/10 Girls	200m @ 30" or 0.762m (7 hurdles)	
		Gr. 8 Girls	200m @ 30" or 0.762m (5 hurdles)	
		Gr. 8 Boys	200m @ 30" or 0.762m (5 hurdles)	
4x100m	2:00pm	Gr. 8 Girls	Gr. 8 Boys	
		Gr. 9/10 Girls	Gr. 9/10 Boys	
		Gr. 11/12 Girls	Gr. 11/12 Boys	
4x400m	2:30pm	Gr. 8 Girls	Gr. 8 Boys	
		Gr. 9/10 Girls	Gr. 9/10 Boys	
		Gr. 11/12 Girls	Gr. 11/12 Boys	

**Field Event Schedule**

<b>Discus</b>	11:15-12:15pm	Gr 8-10 Girls (3kg)	<b>Triple Jump</b>	11:15-12:30pm	Gr 8-10 Boys
	12:15-1:15pm	Senior Girls (4kg)		12:30-1:30pm	Senior Boys
<b>Javelin</b>	11:15-12:30pm	Senior Girls (600g)	<b>High Jump</b>	11:15-12:30pm	Senior Boys

	12:30-1:15pm	Gr 8-10 Girls (500g)		12:30-1:30pm	Gr. 8-10 Boys
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