



2026 Van Ryswyk Invitational 2026 U16 to Masters BC Indoor Championship FINAL FIELD SCHEDULE (March 3, 2026)



Friday Field (March 6)

Time	Pole Vault	Shot Put	Weight Throw	Triple Jump
3:00 PM	Below 3.00m (14)	W Mast (7)		
4:15 PM		M Mast (13)		M 10-Mast (8)
5:30 PM			W U16-Mast (10)	W 10-Mast (8)
6:15 PM				
6:30 PM	3.00m and Above (8)			
7:00 PM			M U16-Mast (18)	
8:00 PM	End of Day			

Saturday Field (March 7)

Time	Long Jump	High Jump	Shot Put
8:00 AM	G 9-13 (17)		
9:00 AM		M U16/Mast (4)	W U16-Sr (12)
9:30 AM	B 9-13 (10)		
10:00 AM		G 9-13 (8)	
10:30 AM	W U18 (11)		B 9-13 (6)
11:00 AM			
11:30 AM		M U18-Sr (7)	G 9-13 (10)
12:00 PM	W U16/U20/SR/Mast (13)		
12:45 PM		B 9-13 (5)	M U16-Sr (9)
1:00 PM			
1:45 PM	M U20-Mast (13)	W U16-Mast (9)	
2:30 PM			
3:00 PM	M U16-U18 (13)		
4:00 PM	End of Day		



2026 Van Ryswyk Invitational

2026 U16 to Masters BC Indoor Championship

FINAL TRACK SCHEDULE (as of March 2, 2026)



Friday Track (as of March 2)

Time	Event	Group	Number
3:30 PM	3000m	Men Mast	7
3:45 PM	3000m	Women U18/U20	5/1
4:00 PM	3000m	Men U18/U20/Sr	7/2/1
4:15 PM	2000m	Women U16	5
4:30 PM	2000m	Men U16	4
4:45 PM	4x800m Relay		
5:00 PM		END OF DAY	

Track events (except hurdles) will run in the following order:
 Alternating females then males from oldest to youngest,
 slowest to fastest

Hurdle races order: TBD

Heat & Finals:

60m races with 8 or fewer entries will run as a final at
 the scheduled heat time

****All Masters running events will be TIMED FINALS****

Saturday Track Schedule (as of Mar 2)

Time	Event	Group	Number	Type
9:00 AM	60m Prelim	Men Senior	9	2 heats
9:06 AM	60m Prelim	Men U20	12	2 heats
9:12 AM	60m Prelim	Women U18	20	3 heats
9:21 AM	60m Prelim	Men U18	18	3 heats
9:30 AM	60m Prelim	Women U16	13	2 heats
9:36 AM	60m Prelim	Men U16	11	2 heats
9:45 AM	1500m	Men Mast	8	
9:52 AM	1500m	Women U18/U20/Sr/Mast	8/1/0/2	Full
9:59 AM	1500m	Men U18/U20/Sr	8/3/1	Full
10:06 AM	1200m	Women U16	3	
10:11 AM	1200m	Men U16	4	

Saturday Track Schedule (as of Mar 2)

Time	Event	Group	Number	Type
10:16 AM	1200m	Boys/Girls U14	1/3	Mixed
10:21 AM	1000m	Boys/Girls 10-11	2/1	Mixed
10:26 AM	200m Timed Final	Women Mast (W60-74)	4	
10:29 AM	200m Timed Final	Women Mast (W35-59)	5	
10:32 AM	200m Timed Final	Men Mast (M65-89)	6	Full
10:35 AM	200m Timed Final	Men Mast (M45-59)	5	
10:38 AM	200m Timed Final	Men Mast (M35-44)	5	
10:41 AM	200m Timed Final	Women Senior	4	
10:44 AM	200m Timed Final	Men Senior	6	
10:47 AM	200m Timed Final	Women U20	6	Full
10:50 AM	200m Timed Final	Men U20	6	
10:53 AM	200m Timed Final	Women U18	14	3 sect
11:02 AM	200m Timed Final	Men U18	11	2 sect
11:08 AM	200m Timed Final	Women U16	12	3 sect
11:17 AM	200m Timed Final	Men U16	10	2 sect
11:23 AM	200m Timed Final	Girls 13	4	
11:26 AM	200m Timed Final	Boy 13	6	Full
11:29 AM	200m Timed Final	Girls 12	5	
11:32 AM	200m Timed Final	Boys 12	2	
11:35 AM	200m Timed Final	Boys/Girls 11	1/3	
11:45 AM	60m Timed Final	Women Mast	8	Full
11:48 AM	60m Timed Final	Men Mast (M65-M89)	7	
11:51 AM	60m Timed Final	Men Mast (M55-M64)	5	
11:54 AM	60m Timed Final	Men Mast (M50-M54)	6	
11:57 AM	60m Timed Final	Men Mast (M35-M49)	7	
12:00 PM	60m Timed Final	Women Senior	4	
12:03 PM	60m Final	Men Senior	8	Full
12:06 PM	60m Final	Women U20	6	
12:09 PM	60m Final	Men U20	8	Full
12:12 PM	60m Final	Women U18	8	Full

Saturday Track Schedule (as of Mar 2)

Time	Event	Group	Number	Type
12:15 PM	60m Final	Men U18	8	Full
12:18 PM	60m Final	Women U16	8	Full
12:21 PM	60m Final	U16 Men	8	Full
12:24 PM	60m Final	Girls 13	4	
12:27 PM	60m Final	Girls 12	5	
12:30 PM	60m Final	Boys 12-13	8	full
12:33 PM	60m Final	Girls 11	7	
12:36 PM	60m Final	Boys 10-11/Girls 9-10	2/3	
12:40 PM		Lunch Break		
1:10 PM	60mH Final	Men U20/Sr	2/3	
1:15 PM	60mH Final	Men U18	6	
1:20 PM	60mH Final	Men U16	7	
1:25 PM	60mH Final	Women U20/Sr	4/2	
1:30 PM	60mH Final	Women U18	11	2 sect
1:40 PM	60mH Final	Women U16	5	
1:50 PM	60mH Final	Boys/Girls 13/Mast W	1/1/2	
1:55 PM	60mH Final	Boys/Girls 12	1/5	
2:00 PM	60mH Final	Girls 10-11	4	
2:20 PM	400m Final	Women Mast	4	
2:25 PM	400m Final	Men Mast (M55-M84)	4	
2:30 PM	400m Final	Men Mast (M35-M54)	6	
2:35 PM	400m Final	Men Sr/U20	1/8	2 sect
2:42 PM	400m Final	Women Sr	1	
2:45 PM	400m Final	Women U20/U18	2/8	2 sect
2:55 PM	400m Final	Men U18	7	2 sect
3:05 PM	300m	Women U16	1	
3:10 PM	300m	Men U16	4	
3:15 PM	300m	Boys/Girls 12-13	1/1/2	
3:25 PM	800m	Men Mast	7	
3:30 PM	800m	Women U20	3	

Saturday Track Schedule (as of Mar 2)

Time	Event	Group	Number	Type
3:35 PM	800m	Men U20/Sr	2/4	
3:40 PM	800m	Women U18	7	
3:45 PM	800m	Men U18	9	
3:50 PM	800m	Women U16	4	
3:55 PM	800m	Men U16	7	
4:05 PM	800m	Boys/Girls 12-13	2/3	
4:08 PM	600m	Boys/Girls 10-11	3/4	
4:15 PM	4x200m		?	
4:20 PM	4x400m	Men/Women U18/U20/Mast	1+	
4:30 PM	End of Day			