



20th CAROLINA SPRING BREAK CAMP/CLASSIC

City of Carolina, Puerto Rico

Department of Sports of the City of Carolina

North America, Central America, and Caribbean Athletics Association – NACAC AA

Puerto Rico Athletic Federation – FAPUR

Puerto Rico Foundation for the Development of Athletics (FUPPDA)

March 13-14, 2026

Dear Coach, Dear WA Federation:

It is a pleasure to extend to you and to your Federation/University/Club an invitation for the 20th Annual Carolina Spring Break Classic sponsored by The Department of Sports of the City of Carolina, the WA-NACAC AA, the Puerto Rico Athletics Federation – FAPUR and the Puerto Rico Foundation for the Development of Athletics (FUPPDA).

SPECIAL TECHNICAL & ORGANIZATIONAL RULES AND REGULATIONS ESTABLISHED:

- Trails In the throwing events and in the horizontal jumps: athletes will have four trails, followed by two additional trails for the top three athletes.
- The meet will be for Senior International Athletes from WA National Federations, University Students-Athletes, High Performance Club Athletes & U18 local athletes that meet the standards within the top best marks of the projected number of entries for each event. For the selection of the participants at each event in the open division, we will take into consideration the marks of 2025 and/or any legit mark done in 2026. **The Meet Organizational Committee will have the absolute right to accept or not the individuals(s) entries.**



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(THE EVENTS AND MAXIMUM NUMBER OF ENTRIES FOR THIS YEAR'S EDITION ARE THE FOLLOWING)

EVENT(S)	GENDER	ENTRIES	CONFIRMED
100 meters	W	24	
100 meters	M	24	
200 meters	W	24	
200 meters	M	24	
300 meters	M	8	
	F	8	
400 meters	W	16	
400 meters	M	16	
600 meters	M	8	
800 meters	W	8	
800 meters	M	8	
1500 meters	W	21	
1500 meters	M	21	
5,000 meters	W	21	
5,000 meters	M	21	
3,000 meters Steeplechase	M	16	
100 meters Hurdles	W	16	
110 meters Hurdles	M	16	
400 meters Hurdles	W	16	
400 meters Hurdles	M	16	
4x100 meters Relay	W	8	
4x100 meters Relay	M	8	
4x400 meters Relay	W	8	
4x400 meters Relay	M	8	
Long Jump	W	12	
Long Jump	M	12	
Triple Jump	W	12	
Triple Jump	M	12	
High Jump	W	12	
High Jump	M	12	
Pole Vault	W	12	
Pole Vault	M	12	
Shot Put	W	12	
Shot Put	M	12	
Discus Throw	W	12	
Discus Throw	M	12	
Javelin Throw	W	12	
Javelin Throw	M	12	
Hammer Throw	W	12	
Hammer Throw	M	12	
10,000 meters Race Walk	W	12	
10,000 meters Race Walk	M	12	
TOTAL PARTICIPANTS OPEN DIVISION	--	652	



For invited participants from outside Puerto Rico, please let us know, as soon as possible, the following:

- 1. Confirmation of Participation.**
- 2. Send to us as soon as possible, date of arrival with all the details (airline, flight number, a breakdown of the number of participants (athletes-males and females, coaches, other support personnel, etc.)**
- 3. Information on departure.**
- 4. A detailed training schedule if you arrive before the competition days.**

Send the above information to us via email to Victor Lopez (Meet Organizer) victorlopezpgp@gmail.com and Sports Director of Carolina, Luis Reyes lreyes@carolina.pr.gov

The City of Carolina and the Organizing Committee are looking forward to hosting you and your athletes, therefore do not hesitate to contact us if you have any specific needs and questions.

Cordially,

ORGANIZING COMMITTEE

Prof. Víctor López – Founder/ President of FUPPDA & Meet Organizer
Prof. Luis Reyes – Director of the Department of Sports / Co-Meet Organizer– City of Carolina
Prof. Luis Dieppa – President of FAPUR
Prof. Jessica de la Cruz – Coordinator of Recreational Activities – City of Carolina

Competition Dates: Friday, March 13, to Saturday, March 14, 2026
Location: University Ana G. Mendez Track Facilities, Turabo, Puerto Rico

Competition Divisions: University athletes from invited universities from USA and Puerto Rico and invited athletes from the Puerto Rico National Team and international athletes from the NACAC Area and other WA National federation.



U18 events from the four Carolina Clubs and FAPUR athletes, selected based on the national ranking. **This division is only for local athletes and controlled by the city of Carolina, P.R.**

Under no circumstances can any athlete have double participation (two different categories).

WACT/NACAC Challenger: This competition is a WACT/NACAC Challenger meeting where athletes competing in it will be awarded points for the World Ranking.

Rules of the Competition: World Athletics Rules will be applied to all events.

Local Transportation: The City of Carolina will provide local transportation to visiting universities from USA and invited international athletes, to and from the airport, to and from the hotel to training venues and to and from competition site with previous arrangement with the Organizing Committee. You must let us know your arrival and departure itinerary training program beforehand. The pickup and drop off must be within the City of Carolina jurisdiction.

Facilities: The University Ana G. Mendez Track Facilities has a 400 meters Beynon track, and seating capacity for 1,500 spectators with all field events facilities.

Parking: There are plenty of parking spaces at the facilities in the UAGM Sports Complex.

Medical Services: Paramedics will be on site for any emergency as well as an ambulance.

Warm up: Preliminary warm up will be done in the softball field and basketball arena and in the road behind the arena before reporting to the call room.

Trainers: Tents will be provided in the green areas outside lane eight and in the green area after the finish line.



Call Room: Athletes in running events must check in at least an hour before their event at the Secretariat and call room area for confirmation. Athletes that do not comply with this rule will be scratched from the event.

Weight in: All implements must be turned in and weighed in by the Technical Director at least two (2) hours before the start of the first throwing event each day for proper certification of such implements.

INTERNATIONAL CERTIFIED OFFICIALS:

WA/NACAC Technical Delegate: Prof. Michael A. Serralta
Area Silver Starter: Prof. Raul Torres
Officials: The AOAN will be officiating the competition.
Meet Management & Photo Finish: TIEMPO DE LLEGADA, INC.
Prof. Wilson Morales – Area Silver PF Judge
Prof. Noel Cedeño – Area Silver PF Judge
Prof. Tania Toro – Area Silver Referee
Competition Directors: Prof. John E. Sierra Castellanos – Area Silver Referee
Prof. Ana A. Sabala Sotomayor – Area Bronze Referee
Technical Director: Prof. Miguel Rodriguez – NACAC Technical Manager
Mr. Jeffrey Velez – NACAC Technical Manager

Since we are running heats against time it is a must that you enter a legit time for each competitor. Failing to do this means that your athlete will not be accepted in the meeting or will be running in the slowest heat if there is space.

Final Declarations: Final declarations and scratches in running events must be done at least two hours before the start or as soon as possible. This is compulsory, and the head coach must notify Prof. Noel Cedeño at the Secretariat. Field events participants must report directly to the competition site area.

Uniforms: Athletes must wear the official school or club uniform. Bib numbers will be issued to all athletes and must be used by all the athletes.



Awards: There will be prize money awarded for the first three places (\$500.00, \$300.00, \$200.00) in the Herminio Isaac Classic 600 m.

Results: Will be posted instantly on the following web page: tiempodellegada.com

Live Broadcast To be confirmed and announced.

For more information, contact:

Prof. Víctor López
Founder/ President of FUPPDA & Meet Organizer
victorlopezpgp@gmail.com
Tel. (787) 367-1421

Prof. Michael Serralta
NACAC Technical Delegate
mserralta.nacac@gmail.com
Tel. (787) 402-7130

Prof. Noel Cedeño
Meet Management & Competition Secretariat
cede2671@gmail.com
Tel. (787) 617-1414



20th CAROLINA SPRING BREAK CAMP/CLASSIC

SCHEDULE OF EVENTS – DAY 1 – FRIDAY, MARCH 13, 2026

UAGM TRACK FACILITIES, TURABO, PR

NUMBER	EVENTS	TIME	WOMEN	MEN	DAY
101	Hammer Throw – Open	9:00 a.m.	X		Friday
102	Hammer Throw – Open	11:00 a.m.		X	Friday
103	High Jump (U18) Carolina/Atletismo Futuro	3:00 p.m.	X		Friday
104	Long Jump (U18) Carolina/Atletismo Futuro	3:00 p.m.	X		Friday
105	4 X 100 meters Relay (U18) – Carolina	3:30 p.m.	X		Friday
106	4 X 100 meters Relay (U18) – Carolina	3:40 p.m.		X	Friday
107	4 X 100 meters Relay – Open	4:00 p.m.	X		Friday
108	4 X 100 meters Relay – Open	4:10 p.m.		X	Friday
109	Pole Vault (starting height: 2.70 meters)	4:15 p.m.	X		Friday
110	Discus Throw – Open	4:15 p.m.		X	Friday
111	High Jump (U18) – Carolina/ Atletismo Futuro	4:30 p.m.		X	Friday
112	400m hurdles (U18)-Carolina/ Atletismo Futuro	4:35 p.m.		X	Friday
113	Triple Jump – Open	4:35 p.m.		X	Friday
114	800 meters (U18) – Carolina	4:50 p.m.	X		Friday
115	800 meters (U18) – Carolina	4:55 p.m.		X	Friday
116	100 meters (U18) – Carolina	5:10 p.m.	X		Friday
117	100 meters (U18) – Atletismo Futuro	5:15 p.m.	X		Friday
118	100 meters (U18) – Carolina	5:20 p.m.		X	Friday
119	100 meters (U18) – Atletismo Futuro	5:25 p.m.		X	Friday
120	400 meters (U18) - Carolina	5:45 p.m.	X		Friday
120	Discus Throw – Open	6:00 p.m.	X		Friday
121	Pole Vault (starting height: 3.70 meters)	6:00 p.m.		X	Friday
122	High Jump – Open (starting height: 1.40 meters)	6:00 p.m.	X		Friday
123	Long Jump – Open	6:00 p.m.	X		Friday
124	400 meters (U18) – Atletismo Futuro	6:00 p.m.	X		Friday
125	400 meters (U18) – Carolina	6:05 p.m.		X	Friday
126	400 meters (U18) – Atletismo Futuro	6:10 p.m.		X	Friday
127	100 meters hurdles (U18) – Carolina	6:30 p.m.	X		Friday
128	1,500 meters (U18) – Carolina	6:45 p.m.	X		Friday
129	1,500 meters (U18) – Carolina	6:55 p.m.		X	Friday
130	200 meters (Heat – 1) – Open	7:10 p.m.	X		Friday
131	200 meters (Heat – 2) – Open	7:20 p.m.	X		Friday
132	200 meters (Heat – 3) – Open	7:30 p.m.	X		Friday
133	Long Jump (U18) – Carolina/ Atletismo Futuro	7:30 p.m.		X	Friday
134	200 meters (Heat – 1) – Open	7:40 p.m.		X	Friday
135	200 meters (Heat – 2) – Open	7:50 p.m.		X	Friday
136	200 meters (Heat – 3) – Open	8:00 p.m.		X	Friday
137	200 meters (U18) – Carolina	8:05 p.m.	X		Friday
138	200 meters (U18) – Carolina	8:10 p.m.		X	Friday
139	5,000 meters – Open	8:20 p.m.	X		Friday



SCHEDULE OF EVENTS – DAY 2 – SATURDAY, MARCH 14, 2026
UAGM TRACK FACILITIES, TURABO, PR

NUMBER	EVENTS	TIME	WOMEN	MEN	DAY
201	Race Walk 10K – Open	7:00 a.m.	X	X	Saturday
202	Javelin Throw – Open	2:00 p.m.		X	Saturday
203	Shot Put – Open	2:00 p.m.	X		Saturday
204	Long Jump – Open	2:00 p.m.		X	Saturday
205	400 meters hurdles (Heat – 1) – Open	2:00 p.m.	X		Saturday
206	400 meters hurdles (Heat – 2) – Open	2:05 p.m.	X		Saturday
207	400 meters hurdles (Heat – 1) – Open	2:15 p.m.		X	Saturday
208	400 meters hurdles (Heat – 2) – Open	2:20 p.m.		X	Saturday
209	100 meters (Heat – 1) – Open	2:45 p.m.	X		Saturday
210	100 meters (Heat – 2) – Open	2:50 p.m.	X		Saturday
211	100 meters (Heat – 3) – Open	2:55 p.m.	X		Saturday
212	100 meters (Heat – 1) – Open	3:00 p.m.		X	Saturday
213	100 meters (Heat – 2) – Open	3:05 p.m.		X	Saturday
214	100 meters (Heat – 3) – Open	3:10 p.m.		X	Saturday
215	800 meters – Open	3:25 p.m.	X		Saturday
216	800 meters – Open	3:30 p.m.		X	Saturday
217	Javelin Throw (Open)	3:30 p.m.	X		Saturday
218	Shot Put – (Open)	3:30 p.m.		X	Saturday
219	High Jump – Open (starting height: 1.70 meters)	3:30 p.m.		X	Saturday
220	400 meters (Heat – 1) – Open	3:35 p.m.	X		Saturday
221	400 meters (Heat – 2) – Open	3:40 p.m.	X		Saturday
222	400 meters (Heat – 1) – Open	3:45 p.m.		X	Saturday
223	400 meters (Heat – 2) – Open	3:50 p.m.		X	Saturday
224	100 meters hurdles (Heat – 1) – Open	4:15 p.m.	X		Saturday
225	100 meters hurdles (Heat – 2) – Open	4:20 p.m.	X		Saturday
226	Triple Jump – Open	4:30 p.m.	X		Saturday
227	110 meters hurdles (Heat – 1) – Open	4:40 p.m.		X	Saturday
228	110 meters hurdles (Heat – 2) – Open	4:45 p.m.		X	Saturday
229	300 meters “Elite Runners”	5:00 p.m.	X		Saturday
229	300 meters “Elite Runners”	5:05 p.m.		X	Saturday
230	600 meters “Herminio Isaac Classic”	5:10 p.m.		X	Saturday
231	1,500 meters (Heat – 1) – Open	5:15 p.m.	X		Saturday
232	1,500 meters (Heat – 2) – Open	5:25 p.m.	X		Saturday
233	1,500 meters (Heat – 1) – Open	5:35 p.m.		X	Saturday
234	1,500 meters (Heat – 2) – Open	5:45 p.m.		X	Saturday
235	5,000 meters – Open	5:55 p.m.		X	Saturday
236	4 X 400 meters Relay – Open	6:20 p.m.	X		Saturday
237	4 X 400 meters Relay – Open	6:30 p.m.		X	Saturday
238	4 X 400 meters Relay (U18)	6:40 p.m.	X		Saturday
239	4 X 400 meters Relay (U18)	6:50 p.m.		X	Saturday



Notes:

1. **Entries:** Entries must be done online no later than Monday, March 9th, 2026, to Prof. Noel Cedeño using the official entry site:
<https://trackie.com/event/carolinaspringbreak2026>
2. **NCAA institutions** must make their entries by:
<https://www.directathletics.com>
3. **Entry Deadline:** Monday, March 9, 2026, at 11:59hrs. No late entries will be accepted. Any request from the open division must be approved by the Technical Delegate.
4. Any request regarding the U18 must be addressed to the following people:
U18: Jessica De La Cruz – jesik400@yahoo.com
5. Schedule may be subject to change depending on confirmations and / or weather conditions. Therefore, we request that athletes be at the venue two hours before their event.