2026 Athletics NS Indoor Open - Final Schedule

Event	Gender	Age	Time	Event	Gender	Age	Time
60m	F	Tetrathlon	12:00:00	High Jump	M	All	9:00
60m	M	Tetrathlon	12:10:00	High Jump	F	All	10:30
60mH	F	U14(30") & Masters (30")	12:25:00				
60mH	F	U16 (30")	12:30:00	Long Jump	F	All	9:00
60mH	M	U16 (33") & U18 (36")	12:35:00	Long Jump	M	All	10:30
60mH	M	U20 (39") & Senior (42")	12:45:00				
60m	F	U14, U16, U18, U20, Open, Mas	12:55:00	Triple Jump	F/M	All	3:15
60m	M	U14, U16, U18, U20, Open, Mas	13:15:00				
1500m	F	U18, U20, Senior, Masters	13:50:00	Shot Put	M/F	Tetrathlon	12:30
1500m	M	U18, U20, Senior, Masters	14:00:00	Long Jump	M/F	Tetrathlon	1:45
1200m	M	U14, U16	14:20:00				
400m	F	U18, U20, Senior, Masters	14:30:00				
400m	M	U18, U20, Senior, Masters	14:35:00				
600m	F	Tetrathlon	14:45:00				
600m	M	Tetrathlon	14:50:00				
Track Break			14:55:00				
4x200m	F/M	All	15:30:00				
2000m	F	U14, U16	15:45:00				
2000m	M	U14, U16	16:00:00				
3000m	M	U18, U20, Senior, Masters	16:15:00				
200m	F	U14, U16, U18, U20, Open, Mas	16:35:00				
200m	M	U14, U16, U18, U20, Open, Mas	16:45:00				
150m	F	U14	17:10:00				
800m	F	U14, U16, U18, U20, Open, Mas	17:20:00				
800m	M	U14, U16, U18, U20, Open, Mas	17:25:00				