



OATF “REACH YOUR PEAK! 🏔️”
Thursday, July 9, 2026, 4:30-8:30pm
SSAP Track & Field Facility
(Updated 02.25.2026)

FACILITY:

- South Surrey Athletic Park Track – 14578 20 Ave ([Google MAP](#)).
- Open for bib pickup and warmup at 4:00pm
- Washrooms, no changerooms
- No concession

EVENTS:

- **Track:** JD Hurdles, Intermediate Hurdles, 2000m/3000m, 100m, 800m/600m, Second Chance 100m
- **Field:** Long Jump, High Jump, Shot Put, Javelin, Pole Vault (limit 2.0m to 4.0m)

ELIGIBILITY:

- JDs (U14 = 2017-2013)
- U16
- Open (U18, U20, Seniors, Masters)

REGISTRATION:

- [CLICK HERE TO REGISTER](#)
- Regular \$12 per event (until July 5, 2026, 11:59pm)
- No late entry
- No “DAY OF” entries!
- \$3 added for athletes that are not BC Athletics members

AWARDS:

- No awards to keep costs low.

RESULTS:

- Live results may be available (not guaranteed) – dependent on Internet connection ([LINK HERE](#)).
- Results will be posted on the Ocean Athletics [WEBSITE](#) by 5pm on July 10, 2026.
- Timing tent area is **OUT OF BONDS** for all athletes, parents and coaches during the meet.
- Track inquiries or protests must be brought to the Finish Line Marshal.
- Field event inquiries or protests must be brought to the Chief of the Field Event.
- Paperwork requests for records will only be completed at the conclusion of the meet.

SPECTATORS & COACHES:

- **ONLY** athletes and officials are permitted in competition areas (High Jump, Long Jump, Shot Put, Discus etc.).
- High Jump apron is **CLOSED** to all spectators and coaches – open for competitors and associated officials **ONLY**.
- High Jump spectators **AND** coaches must watch from outside of Lane 8.
- Access Pole Vault and Long Jump bleachers by walking outside of Lane 8 on the southern end of the track to the designated viewing area.

COMPETITION NOTES:

- **Schedule:**
 - Events will start on time but **CAN** run up to 30 minutes ahead of the posted schedule.
 - Arrive with enough time to complete your warmup and set any marks (as necessary).
 - This is a short evening meet – do not attempt too many events.
- **Implements:**
 - Personal implements may be used but must be weighed and certified before the competition.
 - Weigh in for all implements is 4:15-4:45pm in the green building at the southwest corner of the track.
- **Hurdles:**
 - Practice hurdles will be set up and available on the south end of the track.
 - Please do not remove or move hurdles to the western straightaway (Long Jump side).

COMPETITION SCHEDULE:

TRACK EVENTS:

- Events **CAN** run up to 30 minutes ahead of the posted schedule.
- Events run oldest to youngest with females going first in all groupings, except Hurdles

TIME	EVENT
5:30pm	JD Hurdles
6:00pm	Intermediate Hurdles (200mh/300mh/400mh)
6:30pm	2000m/3000m (6:45pm)
7:00pm	100m
7:45pm	800m/600m PRIME EVENT
8:15pm	2nd Chance 100m (Free to Athletes Registered in the Meet)

FIELD EVENTS:

TIME	EVENT	ATHLETES
4:30pm	POLE VAULT	2013, U16, U18, Senior combined (2.0m to 4.0m)
5:30pm	HIGH JUMP PIT #1 (Eastern Pit)	2017 Boys & Girls
7:00pm		U16, U18, U20 Mixed Men and Women
5:30pm	HIGH JUMP PIT #2 (Western Pit)	2015/2016 Boys & Girls
7:00pm		2013/2014 Boys & Girls, Master Men and Women
5:30pm	LONG JUMP PIT #1 (Northeast Pit)	2013/2014 Boys
6:30pm		2017/2016 Boys
7:45pm		2015 Boys
5:30pm	LONG JUMP PIT #2 (Southeast Pit)	2013/2014 Girls
6:30pm		2017/2016 Girls
7:45pm		2015 Girls
5:30pm	SHOT PUT	2017 Boys & Girls
6:00pm		U16 & Open (Mixed)
7:15pm		2013/2014/2015/2016 Boys & Girls
5:30pm	JAVELIN	2013/2014/2015/2016 Boys & Girls
7:00pm		U16 & Open (Mixed)