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# PRINCE GEORGE

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# OPEN

JUDO TOURNAMENT 2026



**APRIL 10-11, 2026**

**JUDO TOURNAMENT**

**Duchess Park Secondary School**

**April 10-11, 2026**

**U8, U10, U12, U14, U16, U18, U21, Senior & Kata**

**DIVISIONS**



# PG Open Judo Tournament

## April 10-11, 2026

### Introduction

Prince George Judo Club invites judokas of all ages to participate in the PG Open Judo Tournament April 10-11, 2026. We are excited to be hosting all competitive divisions at this event. Please note the following:

- For the U8, U10 and U12 divisions this is a friendly competition with no scores recorded or overall winner selected as per the Judo Canada Tournament Standards.

### Tournament Contacts

**Tournament Director:** Aline Strasdin – [strasdin.aline@gmail.com](mailto:strasdin.aline@gmail.com)

**Chief Referee:** Brian Deevy - [referee@judobc.ca](mailto:referee@judobc.ca)

**Kata Tournament Director:** John Morris – [kata@judobc.ca](mailto:kata@judobc.ca)

### Competition Site

Duchess Park Secondary School  
747 Winnipeg Street  
Prince George, BC

### Eligibility

All participants must be a member of a provincial judo association and Judo Canada

### EARLY BLOOMER

If an athlete would like to compete in an age division above their standard age division, an Early Bloomer waiver must be submitted during the registration. The Early Bloomer waiver must be signed by both a parent and a coach. The waiver will be available in the registration system.

- Birth Year of 2015 must complete and upload an early bloomer waiver to fight in U14
- Birth Year of 2013 must complete and upload an early bloomer waiver to fight in U16
- Birth Year of 2012 must complete and upload an early bloomer waiver to fight in U18, U21 or Senior

Deadline for early bloomer approval is same as regular entry deadlines. Please refer to the section called Entry Fees and Entry Deadlines for dates. For more information about the Early Bloomer clause please contact your club coach.

## Weigh-in

No weigh-in for U8, U10 and U12 but coaches are asked to verify weights on entry list

**Remote weigh-in on Thursday, April 9, 2026, from 5-6:30pm at the following dojos:**

- Prince George Judo Club
- Hart Judo Academy (PG)
- Mile Zero Judo Club (Dawson Creek)
- Kokoro Judo Club (100 Mile House)
- Other – Senseis please contact Aline Strasdin if you wish to host a remote weigh-in

## Schedule of Events

### Friday, April 10

5:15 pm – check-in for U8, U10 and U12

5:30 pm – Group warm up for U8, U10 and U12

6:00 pm – Opening ceremony

6:15 pm – Competition starts for U8, U10 and U12

~7:30 pm – Kata competition

### Saturday, April 11

8:00 am – warm up for U14 and Veterans

8:30 am – competition starts for U14 and Veterans

~11:00 am – U18 and U21

~1:00 pm - U16 and Senior

### Sunday, April 12

8:30-10:30 am – Provincial Team Practice for U14 and up, green belt and higher at Prince George Judo Club – 1371 Fourth Avenue

\*Preliminary schedule, subject to change. The final schedule will be confirmed after weigh-in is completed.

## OFFICIALS INFORMATION

### Referee, Kata Judge and Coaches meetings:

**Friday, April 10** – 5:00 pm - Children's event Referee and Coaches meeting

**Friday, April 10** - ~7 pm - Kata evaluators pre-competition meeting

**Saturday, April 11** - 8:00 am - Pre-shiai referee meeting (~25 min)

**Referee Eligibility U8, U10 and U12** - Provincial D and higher

**Referee Eligibility U14, U16, U18, U21, Senior and Veterans** - Provincial C and higher

**Referee Evaluations** - Provincial D only

**Kata Judge Evaluations:** Judges pre-meeting via Team on Wednesday, April 8, 2026, with John Morris

**Referees and Kata Judges** - please pre-register at:

<https://registration.judocanada.org/event/2026-PGOpenJudoTournament>

If you have any questions, please contact Chief Referee or Kata Tournament Director at [referee@judobc.ca](mailto:referee@judobc.ca) or [kata@judobc.ca](mailto:kata@judobc.ca). We appreciate if all certified referees and kata judges could help with this shiai. Thank you in advance for your support.

## Entry Fees and Entry Deadlines

Division	Regular Fee March 24, 2026	Late Fee March 31, 2026
U8, U10 and U12	\$45	\$50
Kata (Uke and Tori must register separately)	\$30 per person	\$35 per person
U14, U16, U18, U21, Seniors and Veterans	\$65	\$75
2 <sup>nd</sup> division entered including Kata	\$30	\$40

Weight division changes can be made free of charge up to two days prior to weigh-in date (9pm Tuesday, April 7, 2026). If an athlete fails to make their registered weight, there will be a charge of \$10 per category.

All registrations must be submitted and paid online at:

<https://registration.judocanada.org/event/2026-PGOpenJudoTournament>

All participants must pre-register by the deadlines posted. This includes coaches, referees, kata judges and athletes.

**NO REFUNDS will be issued after April 5, 2026, unless the competition is cancelled by Judo BC due to unforeseen circumstances such as government pandemic closures.**

## Draws

Draw sheets and competition results will be posted on [live.judobc.ca](http://live.judobc.ca).

To see a list of entries prior to the draw, please view the event information and registration site:

<https://registration.judocanada.org/event/2026-PGOpenJudoTournament>

## Division Information

U8	<p><b>BORN IN 2019 – compete Friday pm</b>          WHITE AND YELLOW BELTS  <b>DEMONSTRATION ONLY</b></p>
U10	<p><b>BORN IN 2017 and 2018 – compete Friday pm</b>          Yellow belt minimum</p>
U12	<p><b>BORN IN 2015 and 2016 – compete Friday pm</b>          Yellow belt minimum</p>
U14	<p><b>BORN IN 2013 and 2014 (early bloomer 2015)</b>          NOVICE (Yellow and Orange)          ADVANCED (Green and above)          MALE: -32kg, -35kg, -38kg, -42kg, -46kg, -50kg, -55kg, -60kg, -66kg, +66kg          FEMALE: -30kg, -33kg, -36kg, -40kg, -44kg, -48kg, -52kg, -57kg, -63kg, +63kg</p>
U16	<p><b>BORN IN 2011 and 2012 (early bloomer 2013)</b>          NOVICE (Yellow and Orange)          ADVANCED (Green and above)          MALE: -38kg, -42kg, -46kg, -50kg, -55kg, -60kg, -66kg, -73kg, +73kg          FEMALE: -36 kg, -40 kg, -44 kg, -48 kg, -52 kg, -57 kg, -63 kg, -70kg, +70 kg</p>
U18	<p><b>BORN IN 2009 to 2011 (early bloomer 2012)</b>          NOVICE (Yellow and Orange)          ADVANCED (Green and above)          MALE: -50kg, -55kg, -60kg, -66kg, -73kg, -81kg, -90kg, +90 kg          FEMALE: -40 kg, -44 kg, -48 kg, -52 kg, -57 kg, -63 kg, -70 kg, +70 kg</p>
U21	<p><b>BORN IN 2006 to 2011</b>          NOVICE (Yellow and Orange)          ADVANCED (Blue and above)          *Green belts will compete in Senior Intermediate          MALE: -60 kg, -66 kg, -73 kg, -81 kg, -90 kg, -100 kg, +100 kg          FEMALE: -48 kg, -52 kg, -57 kg, -63 kg, -70 kg, -78 kg, +78 kg</p>
Senior	<p><b>BORN IN 2011 AND EARLIER</b>          NOVICE (Yellow and Orange)          INTERMEDIATE (Green and Blue)          ADVANCED (Brown and Black)          MALE: -60 kg, -66 kg, -73 kg, -81 kg, -90 kg, -100 kg, +100 kg          FEMALE: -48 kg, -52 kg, -57 kg, -63 kg, -70 kg, -78 kg, +78 kg</p>
Veterans	<p><b>BORN IN 1996 AND EARLIER</b>          (*Distribution of the age and weight categories will be based on the number of participants registered)  <u>No Golden Score</u> in all Veterans categories          NOVICE (Yellow and Orange)          INTERMEDIATE (Green and Blue)          ADVANCED (Brown and Black)          MALE: -60kg, -66 kg, -73kg, -81 kg, -90kg, -100kg, +100kg          FEMALE: -48kg, -52kg, -57 kg, -63kg, -70 kg, -78kg, +78 kg</p>
Kata	<p>Nage No Kata (3 sets) / Nage No Kata (5 sets) / Ju No Kata</p>

**Please note:** All weight divisions may be combined to create competition opportunities for divisions with low registration. This will be done at the discretion of the Tournament Director in accordance with the Judo Canada Tournament Standards. If you have questions or concerns about this, please contact your club coach who will then contact the Tournament Director.

## RULES

Format of all age divisions as per current Judo Canada Tournament Policy unless specified below. Any modification to the recommended format must be approved by Judo Canada in advance.

### U8, U10, U12

- Weigh-in: Honor System (Provided by the parents, checked by club instructors), the list will be sent to coaches one week prior the event.
- There will be a scale for spot checks should concerns arise. We ask that Club Instructors verify the athlete's weights. Discrepancies between reported weights and actual weights may result in disqualification without refund.
- Tournament format: round robin of 4 athletes per pool (max 5),
  - Demonstration only for U8 – take turns throwing to hold down
  - 2 min running time (U10), 2 Ippons
  - 2 min of stopped time (U12), 1 Ippon
  - No golden score
- Competitors will be placed in groups up to 5, by age, weight, and belt level, as entries permit.
- Contest Rules, Match Times, and Divisions: As per Judo Canada tournament sanctioning policy. Matches will be officiated, and scores called but not recorded. Wins will be recognized.

### U14, U16, U18, U21, Senior and Veterans

- Modified double elimination format will be used
- In weight categories with seven (7) or fewer competitors, pool system format will be used
- In weight categories with five (5) or fewer competitors, round-robin format will be used

### Veterans

- Time Duration: 3 minutes for age divisions 1 through 6 (30-59 years old)
- Time Duration: 2 minutes for age division 7 (+60 years old and older) (no chokes allowed)
- No Golden Score in all Veterans categories

### Kata

- The tournament will follow Judo Canada and the 2025 IJF rules and regulations:
- [https://78884ca60822a34fb0e6-082b8fd5551e97bc65e327988b444396.ssl.cf3.rackcdn.com/up/2025/01/IJF\\_KATA\\_EVALUATION\\_Jan\\_2025-E-1737012784.pdf](https://78884ca60822a34fb0e6-082b8fd5551e97bc65e327988b444396.ssl.cf3.rackcdn.com/up/2025/01/IJF_KATA_EVALUATION_Jan_2025-E-1737012784.pdf)

## AWARDS

In the U8, U10 and U12 divisions every competitor will receive a medal.

For all other divisions, medals will be awarded for first, second and third place according to the Judo Canada Tournament Standards. All medal winners must win at least one match. Medalists are required to wear their WHITE judogi on the podium.

## HOTELS

### Best Western Plus Prince George

Gianina Gaspar Arbizu | General Manager  
3387 Highway 16 West, Prince George, BC V2N 5P8  
250-964-8833

[gm@bestwesternpluspg.com](mailto:gm@bestwesternpluspg.com)

- Standard room with 2 queen beds \$167-\$175 per night plus tax
- Included: Parking, Wifi, breakfast, coffee station, business center, 2 self-serve washer/dryers (uses coins)
- Pool and hot tub open daily 6am-10pm (waterslide should be operational by April)
- Pet friendly rooms available - \$20 per night
- Link for Direct bookings:
- [https://www.bestwestern.com/en\\_US/book/hotel-rooms.62136.html?groupId=5K3GB3N5](https://www.bestwestern.com/en_US/book/hotel-rooms.62136.html?groupId=5K3GB3N5)
- Cancellation policy: 24 hours before the arrival date
- Book by March 25, 2026, to receive the rate above.

### Ramada Plaza by Wyndham

Lindsay Dagenais | 250-561-5679  
[ldagenais@ramadaprincegeorge.com](mailto:ldagenais@ramadaprincegeorge.com)  
444 George Street, Prince George BC V2L 1R6  
Telephone: 250-563-0055

- \$105 per night plus taxes – 2 queen beds
- Breakfast coupon - \$15 per person (book in advance)

### Sandman Hotel

[Sandman Hotel and Suites Prince George](#) | 1650 Central St E, Prince George

Restaurants: Denny's (onsite) and Moxies

**BLOCK CODE: PGCJUDO26**

- Standard Room, 1 Queen Bed - \$113/night
- Standard Room, 2 Double Beds - \$122/night
- Studio Suite, 2 Double Beds, Kitchen - \$134/night
- Studio Suite, 1 Queen Bed, Sofa Bed, Kitchen - \$143/night

Please refer to Block Code **PGCJUDO26** and **639296**, when your group calls our Central Reservation at 1800-SANDMAN (726-3626 ) or Front Desk at **250-563-8131** to book their room.

To book via Sandman Hotel Website:

- Visit [www.sandmanhotels.com](http://www.sandmanhotels.com)
- Select the Sandman Hotel and Suites Prince George, Date and click "Book Now"
- Click the "Add Code" and select "Web Group Code".
- Type **PGCJUDO26** click "ADD"
- Click "Select & Go to the next step"
- Choose and book your preferred room type