



**Ontario Legion 2026 District F Track & Field Qualifier  
& Ontario Summer Games Qualifier**

Presented by Eclipse Track & Field Club & Quinte Legion Track Club

Location: Mary Ann Sills Park – Bruce Faulds Track  
Harder Drive and Palmer Road, Belleville, Ontario

Date: Saturday June 13<sup>th</sup>, 2026

Facilitator /

Meet Director: Catherine Barry – [info@eclipsetrackandfieldclub.ca](mailto:info@eclipsetrackandfieldclub.ca)

Sanctioning: Athletics Ontario

Deadline: Wednesday June 10<sup>th</sup>, by 11:59pm via Trackie only. No same day entries will be allowed. You do not need to be part of Club to participate in this meet.

Meet Fees: 1<sup>st</sup> Event \$20, 2<sup>nd</sup> Event \$15, 3<sup>rd</sup> & 4<sup>th</sup> Event \$10

Age Classes: U12 (11 and under) Born 2015 or later  
U14 (13 and under) Born 2013 or later  
U16 (15 and under) Born 2011 or later  
U18 (17 and under) Born 2009 or later  
U20 (19 and under) Born 2007 or later

Volunteers: Volunteers are needed to run this meet, if you can

Volunteer and donate your time, please contact  
Catherine Barry @ [info@eclipsetrackandfieldclub.ca](mailto:info@eclipsetrackandfieldclub.ca)

**Note:** This meet is for athletes who are in the District F boundaries, which includes LOSSA and COSSA boundaries. Athletes not within the District F boundary will not be permitted to compete. Athletes must provide proof of home address (health card). Athletes will be chosen from this meet to represent the District F Legion Team which will compete at the Ontario Legion Meet in Sudbury on July 10 – 11, 2026. The same applies for Ontario Summer Games, you must be within the District F Boundaries. See the link below.

<https://on.legion.ca/district-f/>

**Officials:** Will be provided by Clubs and Volunteers

**Waivers:** All Athletes must sign a waiver via Trackie to be able to participate in this meet.

**Medals:** Medals will be awarded for First, Second, Third in each event for Legion Qualifiers only – U16 and U18

**Throws Implements:** Athletes can supply their own implements (to be verified) however some will be provided by the meet hosts.

**Warm Up Area for Athletes:** Athletes can warm up on the in-field but must stay away from the track while events are in progress

**Spectators and Parents:** Must stay in the stands and not on the infield.

**Registration:** <https://www.trackie.com/event/royal-canadian-legion-2026-district-f-qualifier-and-2026-ontario-summer-games-qualifier/1036042/>

## **Technical Information (IMPORTANT)**

- All events will be run as timed finals, including all sprint and distance races.
- Maximum spike length is 6mm.
- Track events will be conducted in the following order unless otherwise noted:  
U10 Girls & Boys, U12 Girls & Boys, U14 Girls & Boys, U16 Girls & Boys, U18 Girls & Boys, and U20 Girls & Boys.
- The meet will be conducted under current World Athletics (formerly IAAF) rules and regulations.
- Starting blocks are optional for sprint events (80m, 100m, 200m, and 400m).
- Athletes who miss their track event will not be permitted to compete in that event.
- Track events take precedence over field events. Athletes must first check in at their field event to inform officials of any track conflicts. Once their track event is completed, they must return promptly to their field event.

Schedule: TBD

## **Performance Standards & District F Team Selection**

The District F Team will compete at the Provincial RCL Championships in Sudbury, July 10–11.

- Athletes selected for the team must travel to the meet on the team bus (no exceptions). Travel to Sudbury may be on July 9th or 10th, this is TBD.
- All Athletes must stay in the team hotel (no exceptions).
- A maximum of three (3) entries per age group, per gender, per event is permitted.
- Each athlete may compete in up to three (3) events.

## **Selection Process for Team District F:**

Athletes will be selected by a Selection Committee using a points-based system. Performances from this meet will be compared to results from the Provincial Championships over the past five years.

- If an athlete's result from this meet would have placed 1st in any of those years, it earns one point.
- This comparison is done for each of the past five years and for each event entered.
- Athletes with the lowest point totals will be selected to the team.

Athletes may also be selected to compete in combined events (Pentathlon, Heptathlon, or Octathlon) at the discretion of the Selection Committee.

Up to 40 athletes **may be selected** for the District F Team.

### **Team Support**

There will be no cost to team members for:

- Bus transportation
- Accommodation
- Friday supper, Saturday breakfast, Saturday lunch

Athletes should bring money for:

- Incidentals and snacks
- Thursday & Saturday meals
- Snacks for the go and return bus trip

## Events by Age Group:

### **U10, U12 Girls and Boys:**

80m, 150m, 300m

800m, 1200m

### **U14 Girls and Boys (OSG Qualifier)**

80m, 150m, 300m

800m, 1200m, 2000m

80m Hurdles (0.762m), 200m Hurdles (0.762m)

800m RW

Long Jump, High Jump, Shot Put, Javelin (400g)

### **U16 Girls and Boys (District F and OSG Qualifier)**

100m, 200m, 300m,

800m, 1200m, 2000m,

1500m Racewalk,

1500m Steeplechase (0.762m) no water jump

80m Hurdles Girls (0.762m)

100m Hurdles Boys (0.840m)

200m Hurdles Girls & Boys (0.762m)

Long Jump, Triple Jump, High Jump, Pole Vault,

Shot Put (3Kg Girls and 4Kg Boys)

Javelin Girls (500g) & Boys (600g)

Discus (1kg)

### **U18 Girls and Boys (District F Qualifier)**

100m, 200m, 400m

800m, 1500m, 3000m

2000m Steeplechase Girls (0.762m)

2000m Steeplechase Boys (0.840m)

3000m Racewalk

100m Hurdles Girls (0.762m)

110m Hurdles Boys (0.914m)

400m Hurdles Girls (0.762m)

400m Hurdles Boys (0.840m)

Long Jump, Triple Jump, High Jump, Pole Vault

Shot Put (3kg Girls and 5kg Boys)

Javelin (700g Boys and 500g Girls)

Discus (1kg Girls and 1.5kg Boys)

## **U20 Girls and Boys**

100m, 200m, 400m

800m, 1500m, 3000m

100m Hurdles Girls (0.838m)

110m Hurdles Boys (0.991m)

400m Hurdles Girls (0.762m)

400m Hurdles Boys (0.914m)

Long Jump, Triple Jump, High Jump, Pole Vault

Shot Put (4kg Girls and 6kg Boys)

Javelin (800g Boys and 600g Girls)

Discus (1kg Girls and 1.75kg Boys)