



SPRING BREAK SPRINTS/HURDLES TRAINING CAMP

March 23rd – 27th 2026 | Kelowna, BC

We are pleased to be able to offer an intensive week of specialized sprints and hurdles training. This camp offers a high-performance environment for competitive athletes looking to kickstart their outdoor season.

Detail	Information
Location	Apple Bowl, 1555 Burtch Road, Kelowna BC V1Y
Eligibility	Ages 14+ with 2026 BC Athletics competitive membership
Track Schedule	Daily: 9:00 AM – 10:30 AM & 3:00 PM – 5:00 PM
Pool Sessions	2 sessions at Parkinson Recreation Centre Pool (Times TBD)
Cost	\$275 + GST
Registration	www.trackie.com

