

2026 Regina Indoor Games - 06/02/26 to 07/02/26**Regina Fieldhouse****Session Report**

Session: 1 Friday Track

Day 1 - Friday 06/02/26 - Starts at 05:00 PM

Event		Round
5:00 PM	#11 Girls 14-15 200 Meter Dash U16	Finals
5:16 PM	#12 Boys 14-15 200 Meter Dash U16	Finals
5:24 PM	#13 Girls 16-17 200 Meter Dash U18	Finals
5:36 PM	#14 Boys 16-17 200 Meter Dash U18	Finals
5:55 PM	#17 Women 18-19 200 Meter Dash U20	Finals
5:58 PM	#18 Men 18-19 200 Meter Dash U20	Finals
6:01 PM	#15 Women 35-99 200 Meter Dash Masters	Finals
6:04 PM	#16 Men 35-99 200 Meter Dash Masters	Finals
6:07 PM	#19 Women 20-34 300 Meter Dash Senior	Finals
6:10 PM	#20 Men 20-34 300 Meter Dash Senior	Finals
6:50 PM	#60 Men 20-34 60 Meter Hurdles 1.07m Senior	Prelims
6:55 PM	#58 Men 18-19 60 Meter Hurdles .99m U20	Prelims
7:00 PM	#54 Boys 16-17 60 Meter Hurdles .91m U18	Prelims
7:05 PM	#57 Women 18-19 60 Meter Hurdles .84m U20	Prelims
7:10 PM	#52 Boys 14-15 60 Meter Hurdles .84m U16	Prelims
7:10 PM	#56 Men 35-99 60 Meter Hurdles .84m Masters	Prelims
7:15 PM	#53 Girls 16-17 60 Meter Hurdles .76m U18	Prelims
7:20 PM	#51 Girls 14-15 60 Meter Hurdles .76m U16	Prelims
7:30 PM	#55 Women 35-99 60 Meter Hurdles .76m Masters	Prelims
7:35 PM	#60 Men 20-34 60 Meter Hurdles 1.07m Senior	Finals
7:40 PM	#58 Men 18-19 60 Meter Hurdles .99m U20	Finals
7:45 PM	#54 Boys 16-17 60 Meter Hurdles .91m U18	Finals
7:50 PM	#57 Women 18-19 60 Meter Hurdles .84m U20	Finals
7:55 PM	#52 Boys 14-15 60 Meter Hurdles .84m U16	Finals
8:00 PM	#56 Men 35-99 60 Meter Hurdles .84m Masters	Finals
8:05 PM	#53 Girls 16-17 60 Meter Hurdles .76m U18	Finals
8:10 PM	#51 Girls 14-15 60 Meter Hurdles .76m U16	Finals
8:15 PM	#55 Women 35-99 60 Meter Hurdles .76m Masters	Finals
8:25 PM	#33 Girls 12-13 1200 Meter Run U14	Finals
8:25 PM	#34 Boys 12-13 1200 Meter Run U14	Finals
8:33 PM	#35 Girls 14-15 1200 Meter Run U16	Finals
8:40 PM	#36 Boys 14-15 1200 Meter Run U16	Finals
8:48 PM	#37 Girls 16-17 1500 Meter Run U18	Finals
8:48 PM	#39 Women 18-19 1500 Meter Run U20	Finals
8:48 PM	#41 Women 20-34 1500 Meter Run Senior	Finals
8:56 PM	#38 Boys 16-17 1500 Meter Run U18	Finals
8:56 PM	#40 Men 18-19 1500 Meter Run U20	Finals
8:56 PM	#42 Men 20-34 1500 Meter Run Senior	Finals
9:05 PM	#141 Men 35-99 1 Mile Run 1 Mile Masters	Finals
9:05 PM	#140 Women 35-99 1 Mile Run 1 Mile Masters	Finals
9:15 PM	#139 Men 20-34 1 Mile Run 1 Mile Senior	Finals

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Session: 2 Friday Throws

Day 1 - Friday 06/02/26 - Starts at 05:00 PM

	Event	Round
5:00 PM	#91 Girls 14-15 Shot Put 3kg U16	Finals
5:00 PM	#95 Women 35-99 Shot Put 4kg Masters	Finals
6:45 PM	#93 Girls 16-17 Shot Put 3kg U18	Finals
6:45 PM	#97 Women 18-19 Shot Put 4kg U20	Finals
6:45 PM	#99 Women 20-34 Shot Put Senior	Finals
8:30 PM	#92 Boys 14-15 Shot Put 4kg U16	Finals
8:30 PM	#94 Boys 16-17 Shot Put 5kg U18	Finals
8:30 PM	#98 Men 18-19 Shot Put 7.26kg U20	Finals
8:30 PM	#100 Men 20-34 Shot Put Senior	Finals

Session: 3 Friday Horizontal Jumps

Day 1 - Friday 06/02/26 - Starts at 05:00 PM

	Event	Round
	Pit A - Outside Track	
5:00 PM	#137 Girls 12-13 Long Jump U14	Finals
	Pit B	
5:00 PM	#138 Boys 12-13 Long Jump U14	Finals
	Pit B	
6:40 PM	#123 Girls 14-15 Triple Jump U16	Finals
	Pit A	
6:40 PM	#82 Boys 14-15 Long Jump U16	Finals
	Pit B	
8:10 PM	#125 Girls 16-17 Triple Jump U18	Finals
8:10 PM	#127 Women 18-19 Triple Jump U20	Finals
8:10 PM	#129 Women 20-34 Triple Jump Senior	Finals
	Pit A	
8:20 PM	#84 Boys 16-17 Long Jump U18	Finals

Session: 4 Friday Vertical Jumps

Day 1 - Friday 06/02/26 - Starts at 05:00 PM

	Event	Round
5:15 PM	#65 Girls 16-17 High Jump U18	Finals
5:15 PM	#68 Women 18-19 High Jump U20	Finals
6:45 PM	#63 Girls 14-15 High Jump U16	Finals
7:00 PM	#72 Boys 14-15 Pole Vault U16	Finals
7:00 PM	#74 Boys 16-17 Pole Vault U18	Finals
7:00 PM	#76 Men 35-99 Pole Vault Masters	Finals
7:00 PM	#78 Men 18-19 Pole Vault U20	Finals
7:00 PM	#80 Men 20-34 Pole Vault Senior	Finals

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Session: 5 Saturday Morning Track

Day 2 - Saturday 07/02/26 - Starts at 08:30 AM

Event		Round
8:50 AM	#111 Triathlon: #1 Girls 5-11 60 Meter Dash T12S	Finals
8:53 AM	#112 Triathlon: #1 Boys 5-11 60 Meter Dash T12S	Finals
9:00 AM	#113 Triathlon: #1 Girls 10-11 600 Meter Run T12E	Finals
9:05 AM	#114 Triathlon: #1 Boys 10-11 600 Meter Run T12E	Finals
9:15 AM	#135 Girls 12-13 60 Meter Dash U14	Prelims
9:26 AM	#136 Boys 12-13 60 Meter Dash U14	Prelims
9:33 AM	#1 Girls 14-15 60 Meter Dash U16	Prelims
9:49 AM	#2 Boys 14-15 60 Meter Dash U16	Prelims
9:56 AM	#3 Girls 16-17 60 Meter Dash U18	Prelims
10:03 AM	#4 Boys 16-17 60 Meter Dash U18	Prelims
10:13 AM	#7 Women 18-19 60 Meter Dash U20	Prelims
10:16 AM	#8 Men 18-19 60 Meter Dash U20	Prelims
10:22 AM	#9 Women 20-35 60 Meter Dash Senior	Prelims
10:25 AM	#10 Men 20-35 60 Meter Dash Senior	Prelims
10:31 AM	#5 Women 35-99 60 Meter Dash Masters	Prelims
10:34 AM	#146 Women 10-99 60 Yard Dash Wheelchair	Finals
10:37 AM	#135 Girls 12-13 60 Meter Dash U14	Finals
10:40 AM	#136 Boys 12-13 60 Meter Dash U14	Finals
10:43 AM	#1 Girls 14-15 60 Meter Dash U16	Finals
10:46 AM	#2 Boys 14-15 60 Meter Dash U16	Finals
10:49 AM	#3 Girls 16-17 60 Meter Dash U18	Finals
10:52 AM	#4 Boys 16-17 60 Meter Dash U18	Finals
10:55 AM	#7 Women 18-19 60 Meter Dash U20	Finals
10:58 AM	#8 Men 18-19 60 Meter Dash U20	Finals
11:01 AM	#9 Women 20-35 60 Meter Dash Senior	Finals
11:04 AM	#10 Men 20-35 60 Meter Dash Senior	Finals
11:10 AM	#5 Women 35-99 60 Meter Dash Masters	Finals
11:15 AM	#142 Women 20-34 600 Yard Run Senior	Finals
11:20 AM	#143 Men 20-34 600 Yard Run Senior	Finals
11:25 AM	#23 Girls 12-13 800 Meter Run U14	Finals
11:31 AM	#24 Boys 12-13 800 Meter Run U14	Finals
11:37 AM	#25 Girls 14-15 800 Meter Run U16	Finals
11:37 AM	#30 Men 35-99 800 Meter Run Masters	Finals
11:43 AM	#26 Boys 14-15 800 Meter Run U16	Finals
11:49 AM	#27 Girls 16-17 800 Meter Run U18	Finals
11:49 AM	#31 Women 18-19 800 Meter Run U20	Finals
11:55 AM	#28 Boys 16-17 800 Meter Run U18	Finals
11:55 AM	#32 Men 18-19 800 Meter Run U20	Finals
11:59 AM	#148 Women 10-99 200 Yard Dash Wheelchair	Finals

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Session: 6 Saturday Morning Throws
Day 2 - Saturday 07/02/26 - Starts at 08:45 AM

	Event	Round
8:45 AM	#144 Girls 12-13 Shot Put U14	Finals
8:45 AM	#145 Boys 12-13 Shot Put U14	Finals
9:40 AM	#111 Triathlon: #3 Girls 5-11 Shot Put T12S	Finals
9:40 AM	#113 Triathlon: #3 Girls 10-11 Shot Put T12E	Finals
10:30 AM	#112 Triathlon: #3 Boys 5-11 Shot Put T12S	Finals
10:30 AM	#114 Triathlon: #3 Boys 10-11 Shot Put T12E	Finals
11:20 AM	#131 Men 35-99 Shot Put Wheelchair	Finals

Session: 7 Saturday Morning Horizontal Jumps
Day 2 - Saturday 07/02/26 - Starts at 09:00 AM

	Event	Round
	Pit B	
9:00 AM	#88 Men 18-19 Long Jump U20	Finals
	Pit B	
9:00 AM	#86 Men 35-99 Long Jump Masters	Finals
	Pit A Outside Track	
9:30 AM	#112 Triathlon: #2 Boys 5-11 Long Jump T12S	Finals
	Pit A Outside Track	
9:30 AM	#114 Triathlon: #2 Boys 10-11 Long Jump T12E	Finals
	Pit A Outside Track	
10:30 AM	#111 Triathlon: #2 Girls 5-11 Long Jump T12S	Finals
	pit A Outside Track	
10:30 AM	#113 Triathlon: #2 Girls 10-11 Long Jump T12E	Finals
	Pit B	
10:40 AM	#90 Men 20-34 Long Jump Senior	Finals
	Pit A (Last Event Pit A)	
11:15 AM	#81 Girls 14-15 Long Jump U16	Finals

Session: 8 Saturday Morning Vertical Jumps
Day 2 - Saturday 07/02/26 - Starts at 09:00 AM

	Event	Round
9:00 AM	#64 Boys 14-15 High Jump U16	Finals
9:00 AM	#67 Men 35-99 High Jump Masters	Finals
10:00 AM	#66 Boys 16-17 High Jump U18	Finals
10:00 AM	#69 Men 18-19 High Jump U20	Finals
10:00 AM	#70 Men 20-34 High Jump Senior	Finals
9:30 AM	#71 Girls 14-15 Pole Vault U16	Finals
9:30 AM	#73 Girls 16-17 Pole Vault U18	Finals
9:30 AM	#75 Women 35-99 Pole Vault Masters	Finals
9:30 AM	#77 Women 18-19 Pole Vault U20	Finals
9:00 AM	#79 Women 20-34 Pole Vault Senior	Finals

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Session: 9 Saturday Afternoon Track

Day 2 - Saturday 07/02/26 - Starts at 01:00 PM

Event	Round
1:00 PM #115 Girls 10-11 4x100 Meter Relay T12S	Finals
1:05 PM #116 Boys 10-11 4x100 Meter Relay T12S	Finals
1:10 PM #117 Girls 12-13 4x100 Meter Relay U14	Finals
1:15 PM #118 Boys 12-13 4x100 Meter Relay U14	Finals
1:20 PM #119 Girls 14-15 4x100 Meter Relay U16	Finals
1:25 PM #120 Boys 14-15 4x100 Meter Relay U16	Finals
1:30 PM #121 Girls 16-17 4x100 Meter Relay U18	Finals
1:35 PM #122 Boys 16-17 4x100 Meter Relay U18	Finals
1:45 PM #43 Girls 14-15 2000 Meter Run U16	Finals
1:45 PM #44 Boys 14-15 2000 Meter Run U16	Finals
1:58 PM #45 Girls 16-17 3000 Meter Run U18	Finals
1:58 PM #48 Men 18-19 3000 Meter Run U20	Finals
2:15 PM #149 Women 10-99 400 Yard Dash Wheelchair	Finals
2:20 PM #132 Men 14-15 4x400 Meter Relay U16	Finals
2:20 PM #134 Women 20-34 4x400 Meter Relay Senior	Finals
2:20 PM #133 Women 14-15 4x400 Meter Relay U16	Finals

Session: 10 Saturday Afternoon Throws

Day 2 - Saturday 07/02/26 - Starts at 01:00 PM

Event	Round
1:00 PM #101 Girls 14-15 Weight Throw 12lb U16	Finals
1:00 PM #103 Girls 16-17 Weight Throw 16lb U18	Finals
1:00 PM #105 Women 35-99 Weight Throw 20lb Masters	Finals
1:00 PM #107 Women 18-19 Weight Throw 20lb U20	Finals
1:00 PM #109 Women 20-34 Weight Throw 20lb Senior	Finals
2:30 PM #104 Boys 16-17 Weight Throw 20lb U18	Finals
2:30 PM #108 Men 18-19 Weight Throw 25lb U20	Finals
2:40 PM #110 Men 20-34 Weight Throw 35lb Senior	Finals

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Session: 11 Saturday Afternoon Horizontal Jumps

Day 2 - Saturday 07/02/26 - Starts at 01:00 PM

Event		Round
	Pit B	
1:00 PM	#83 Girls 16-17 Long Jump U18	Finals
	Pit B	
1:00 PM	#87 Women 18-19 Long Jump U20	Finals
	Pit B	
1:00 PM	#89 Women 20-34 Long Jump Senior	Finals
	Pit B	
1:00 PM	#85 Women 35-99 Long Jump Masters	Finals
	Pit B	
2:50 PM	#124 Boys 14-15 Triple Jump U16	Finals
	Pit B	
2:50 PM	#126 Boys 16-17 Triple Jump U18	Finals
	Pit B	
2:50 PM	#128 Men 18-19 Triple Jump U20	Finals
	Pit B	
2:50 PM	#130 Men 20-34 Triple Jump Senior	Finals

Session: 12 Saturday Afternoon Vertical Jumps

Day 2 - Saturday 07/02/26 - Starts at 01:00 PM

Event		Round
1:00 PM	#61 Girls 12-13 High Jump U14	Finals
1:45 PM	#62 Boys 12-13 High Jump U14	Finals