

Alberta Indoor Games

Track Schedule (January 28 at 8:15 PM)

The finalized version of the schedule can be accessed from <https://www.ellistiming.ca/AIG/> .

Athletes should be in the Pavilion at least one hour before the indicated "Check in Before" time.

Please do NOT use tape on the Universiade Pavilion surface (track nor field).

Saturday, January 31, 2026

Time MST	Track Events	Entries	Max Lanes per Heat	Heats	Total Minutes	Athlete Must Check in Before	Athlete Must Be in Call Room Before	Advancement or Note	
9:15	60m Hurdles Pentathlon - Under-18 Men	2	8	1	5:00	8:55	9:00		
9:15	60m Hurdles Pentathlon - Masters Men	1	8	1	5:00	8:55	9:00		
9:20	60m Heptathlon - Under-20, Masters Men	5	10	1	3:00	9:00	9:05		
9:23	60m Pentathlon - Under-16 Men	3	10	1	3:00	9:03	9:08		
9:26	60m Tetrathlon - Under-14 Girls	34	10	4	10:00	9:06	9:11		
9:36	60m Tetrathlon - Under-14 Boys	16	10	2	5:00	9:16	9:21		
9:41	60m Tetrathlon - Under-12 Girls	23	10	3	7:30	9:21	9:26		
9:48	60m Tetrathlon - Under-10, Under-12 Boys	Full	20	10	2	5:00	9:28	9:33	
9:53	60m Tetrathlon - Under-10 Girls	8	10	1	2:30	9:33	9:38		
9:56					4:00				
10:00	3000m Timed Finals - Women All Age Groups	11	13	1	15:00	9:40	9:45		
10:15	3000m Timed Finals - U18 Men	9	13	1	15:00	9:55	10:00		
10:30	3000m Timed Finals - U20, Senior, Masters Men	8	13	1	15:00	10:10	10:15		
10:45	2000m Timed Finals - Under-16 Women	7	13	1	10:00	10:25	10:30		
10:55	2000m Timed Finals - Under-16 Men	7	13	1	10:00	10:35	10:40		
11:05					5:00				
11:10	60m Heats - Under-16 Women	34	9	4	12:00	10:50	10:55		
11:22	60m Heats - Under-16 Men	13	9	2	6:00	11:02	11:07		
11:28	60m Heats - Under-18 Women	28	9	4	12:00	11:08	11:13		
11:40	60m Heats - Under-18 Men	16	9	2	6:00	11:20	11:25		
11:46	60m Heats - Under-20 Women	14	9	2	6:00	11:26	11:31		
11:52	60m Heats - Under-20 Men	20	9	3	9:00	11:32	11:37		
12:01	60m Heats - Senior Women	6	9	1	3:00	11:41	11:46	2 rounds; all advance to Final	
12:04	60m Heats - Senior Men	13	9	2	6:00	11:44	11:49		
12:10	60m Final - Masters Women	5	9	1	3:15	11:50	11:55	Final	
12:13	60m Final - Masters Men	5	9	1	3:15	11:53	11:58	Final	
12:16					4:00				
12:20	300m Timed Finals - Under-10 Girls	8	13	1	4:00	12:00	12:05	Waterfall start	
12:24	300m Timed Finals - Under-10 Boys	4	13	1	4:00	12:04	12:09	Waterfall start	
12:28	1500m Race Walk - Women All Age Groups	2	13	1	14:00	12:08	12:13		
12:42	BREAK				35:00				
13:20	60m Final - Under-16 Women	18	9	2	6:30	13:00	13:05	A/B Final	
13:26	60m Final - Under-16 Men	9	9	1	3:15	13:06	13:11		
13:29	60m Final - Under-18 Women	18	9	2	6:30	13:09	13:14	A/B Final	
13:36	60m Final - Under-18 Men	9	9	1	3:15	13:16	13:21		
13:39	60m Final - Under-20 Women	9	9	1	3:15	13:19	13:24		
13:42	60m Final - Under-20 Men	9	9	1	3:15	13:22	13:27		
13:46	60m Final - Senior Women	6	9	1	3:15	13:26	13:31		
13:49	60m Final - Senior Men	9	9	1	3:15	13:29	13:34		
13:52					8:00				
14:00	600m Timed Finals - Under-16 Women	Full	14	7	2	8:00	13:40	13:45	Lanes 1-6
14:08	600m Timed Finals - Under-16 Men	11	6	2	8:00	13:48	13:53	Lanes 1-6	
14:16	600m Timed Finals - Under-18 Women	13	7	2	8:00	13:56	14:01	Lanes 1-6	
14:24	600m Timed Finals - Under-18 Men	17	6	3	12:00	14:04	14:09	Lanes 1-6	
14:36	600m Timed Finals - Under-20, Senior Women	Full	14	7	2	8:00	14:16	14:21	Lanes 1-6
14:44	600m Timed Finals - Under-20, Senior Men	Full	7	7	1	4:00	14:24	14:29	Lanes 1-6
14:48	400m Timed Finals - Masters Women	1	5	1	7:00	14:28	14:33	Lanes 1-6	

Alberta Indoor Games

Track Schedule (January 28 at 8:15 PM)

The finalized version of the schedule can be accessed from <https://www.ellistiming.ca/AIG/> .

Athletes should be in the Pavilion at least one hour before the indicated "Check in Before" time.

Please do NOT use tape on the Universiade Pavilion surface (track nor field).

Saturday, January 31, 2026

Time MST	Track Events		Max Lanes per Heat	Heats	Total Minutes	Athlete Must Check in Before	Athlete Must Be in Call Room Before	Advancement or Note	
		Entries							
14:55	1000m Men Pent U16 U18 Masters	7	10	1	15:00	14:35	14:40	Waterfall start	
15:10	4x200m Relays - U12, U14 Boys	2	6	1	5:00	14:50	14:55	Lanes 1-6	
15:15	4x200m Relays - U12 Girls	3	6	1	5:00	14:55	15:00	Lanes 1-6	
15:20	4x200m Relays - U14 Girls	6	6	1	5:00	15:00	15:05	Lanes 1-6	
15:25					5:00				
15:30	200m Timed Finals - Under-16 Women	Full	30	5	6	24:00	15:10	15:15	Lanes 2-6
15:54	200m Timed Finals - Under-16 Men	Full	10	5	2	8:00	15:34	15:39	Lanes 2-6
16:02	200m Timed Finals - Under-18 Women	Full	25	5	5	20:00	15:42	15:47	Lanes 2-6
16:22	200m Timed Finals - Under-18 Men		18	5	4	16:00	16:02	16:07	Lanes 2-6
16:38	200m Timed Finals - Under-20 Women		14	5	3	12:00	16:18	16:23	Lanes 2-6
16:50	200m Timed Finals - Senior Women		2	5	1	4:00	16:30	16:35	Lanes 2-6
16:54	200m Timed Finals - Under-20, Senior Men		14	5	3	12:00	16:34	16:39	Lanes 2-6
17:06					4:00				
17:10	600m Tetrathlon - Under-12 Girls		23	12	2	8:00	16:50	16:55	Waterfall start
17:18	600m Tetrathlon - Under-12 Boys		16	12	2	8:00	16:58	17:03	Waterfall start
17:26	600m Tetrathlon - Under-14 Girls		34	12	3	12:00	17:06	17:11	Waterfall start
17:38	600m Tetrathlon - Under-14 Boys		16	12	2	12:00	17:18	17:23	Waterfall start
17:50	4x400m Relay - Women (All Age Groups)		4	6	1	10:00	17:30	17:35	Lanes 2-7
18:00	4x400m Relay - Men (All Age Groups)	Full	6	6	1	5:00	17:40	17:45	Lanes 2-7
18:05	End of Day's Competition			108					

Alberta Indoor Games

Field Schedule (January 28 at 8:15 PM)

Saturday, January 31, 2026

This finalized version of the schedule can be accessed from <https://www.ellistiming.ca/AIG/> .

Athletes should be in the Pavilion at least one hour before the indicated time.

Please do NOT use tape on the Universiade Pavilion surface (track nor field).

Event Start Time MST	Warm-Up Start Time	Check-in Time	Field Events	Entries	Max or Average Jumps or Throws	Expected Total Jumps or Throws	Minutes per Jump or Throw M:SS	Warm-up Time per Athlete M:SS	Time for Warm-up MM:SS	Expected Total Time H:MM
Long/Triple Jump (Centre Pit)										
10:00	9:30	9:26	Heptathlon, Pentathlon Men	11	3	33	1:00	3:00	30:00	1:03
11:05	10:35	10:35	U16 Women Long Jump	18	6	78	1:00	2:00	30:00	1:48
12:25	12:25		Break							0:30
13:20	13:00	13:00	Men Triple Jump	6	6	36	1:00	3:00	18:00	0:54
14:25	13:55	13:55	U18 Women Long Jump	14	6	66	1:00	2:00	28:00	1:34
16:00	15:30	15:30	U20 / Senior / Masters Women Long Jump	14	6	66	1:00	2:00	28:00	1:34
17:05			End of Day's Competition							

Event Start Time MST	Warm-Up Start Time	Check-in Time	Field Events	Entries	Max or Average Jumps or Throws	Expected Total Jumps or Throws	Minutes per Jump or Throw M:SS	Warm-up Time per Athlete M:SS	Time for Warm-up MM:SS	Expected Total Time H:MM
Long Jump (Wall Pit)										
10:10	9:40	9:36	U14 Girls Tetrathlon Long Jump Flight 1	17	3	51	0:45	2:00	30:00	1:08
11:20	10:50	10:50	U14 Girls Tetrathlon Long Jump Flight 2	17	3	51	0:45	2:00	30:00	1:08
12:15	12:00	11:45	U14 Boys Tetrathlon Long Jump	7	3	21	0:45	2:00	14:00	0:29
12:30	12:30		Break							0:30
13:30	13:05	13:05	U12 Girls Tetrathlon Long Jump Flight 1	12	3	36	0:45	2:00	24:00	0:51
14:20	14:00	13:50	U12 Girls Tetrathlon Long Jump Flight 2	11	3	33	0:45	2:00	22:00	0:46
15:20	14:50	14:50	U12 Boys Tetrathlon Long Jump	16	3	48	0:45	2:00	30:00	1:06
16:00			End of Day's Competition							

Event Start Time MST	Warm-Up Start Time	Check-in Time	Field Events	Entries	Max or Average Jumps or Throws	Expected Total Jumps or Throws	Minutes per Jump or Throw M:SS	Warm-up Time per Athlete M:SS	Time for Warm-up MM:SS	Expected Total Time H:MM
Standing Long Jump (Near Wall Pit)										
10:20	10:00	9:56	U10 Girls, Boys Tetrathlon	12	3	36	0:25	1:30	18:00	0:33
10:35			End of Day's Competition							

Event Start Time MST	Warm-Up Start Time	Check-in Time	Field Events	Entries	Max or Average Jumps or Throws	Expected Total Jumps or Throws	Minutes per Jump or Throw M:SS	Warm-up Time per Athlete M:SS	Time for Warm-up MM:SS	Expected Total Time H:MM
High Jump (Centre Mat)										
9:10	9:00	8:40	U16, Masters Men	4	9	36	1:00	2:00	8:00	0:44
10:05	9:45	9:35	U18 / U20 Men	10	8	80	1:00	2:00	20:00	1:40
11:30	11:30		Break							0:30
13:15	12:45	12:30	Pentathlon Men	6	8	48	1:00	3:00	30:00	1:18
14:50	14:20	14:15	Heptathlon Men	5	8	40	2:00	3:00	30:00	1:50
16:10			End of Day's Competition							

Alberta Indoor Games

Field Schedule (January 28 at 8:15 PM)

Saturday, January 31, 2026

This finalized version of the schedule can be accessed from <https://www.ellistiming.ca/AIG/> .

Athletes should be in the Pavilion at least one hour before the indicated time.

Please do NOT use tape on the Universiade Pavilion surface (track nor field).

Event Start Time MST	Warm-Up Start Time	Check-in Time	Field Events	Entries	Max or Average Jumps or Throws	Expected Total Jumps or Throws	Minutes per Jump or Throw M:SS	Warm-up Time per Athlete M:SS	Time for Warm-up MM:SS	Expected Total Time H:MM
----------------------	--------------------	---------------	--------------	---------	--------------------------------	--------------------------------	--------------------------------	-------------------------------	------------------------	--------------------------

High Jump (West Mat)										
			No Events							
End of Day's Competition										

Pole Vault										
11:15	10:30	10:15	U16, U18, U20 Women / U16, U18 Men	12	9	108	1:15		0:45	3:00
15:15	14:30	14:15	Senior Women	8	8	64	1:15		0:45	2:05
17:40			End of Day's Competition							

Shot Put and Weight Throw (Centre Circle)										
9:05	8:45	8:40	U18 / U20 Women Weight Throw	9	6	54	1:00	2:00	18:00	1:12
10:15	10:00	9:55	U16, Masters Women Weight Throw	9	6	54	1:00	1:30	13:30	1:07
11:45	11:15	11:10	Heptathlon/Pentathlon Men Shot Put	12	3	36	1:00	3:00	30:00	1:06
12:25	12:25		Break							0:30
13:15	13:00	12:55	U16 / U18 Men Shot Put	10	6	54	1:00	1:30	15:00	1:09
14:35	14:10	14:05	U14 Boys Tetrathlon Shot Put	16	3	48	0:45	1:30	24:00	1:00
15:30	15:15	15:10	U20 / Masters Men Shot Put	7	6	42	1:00	2:00	14:00	0:56
16:15			End of Day's Competition							

Shot Put (West Circle)										
9:10	8:50	8:40	U10 Girls, Boys Tetrathlon	12	3	36	0:45	1:30	18:00	0:45
10:10	9:50	9:48	U12 Girls Tetrathlon Flight 1	12	3	36	0:45	1:30	18:00	0:45
10:55	10:40	10:35	U12 Girls Tetrathlon Flight 2	11	3	33	0:45	1:30	16:30	0:41
11:50	11:25	11:20	U12 Boys Tetrathlon	16	3	48	0:45	1:30	24:00	1:00
12:30	12:30		Break							0:30
14:35	14:10	14:08	U14 Girls Tetrathlon Flight 1	17	3	51	0:45	1:30	25:30	1:03
15:40	15:15	15:10	U14 Girls Tetrathlon Flight 2	17	3	51	0:45	1:30	25:30	1:03
16:20			End of Day's Competition							

Alberta Indoor Games

Track Schedule (January 28 at 8:15 PM)

Sunday, February 1, 2026

The finalized version of the schedule can be accessed from <https://www.ellistiming.ca/AIG/>.

Athletes should be in the Pavilion at least one hour before the indicated "Check in Before" time.

Please do NOT use tape on the Universiade Pavilion surface (track nor field).

Time MST	Track Events	Entries	Max Lanes per Heat	Heats	Total Minutes	Athlete Must Check in Before	Athlete Must Be in Call Room Before	Advancement or Note
9:15	60m Pentathlon - Under-16 Women	1	8	1	5:00	8:55	9:00	
9:20	60m Hurdles Pentathlon - Masters Women 60+	5	8	1	5:00	9:00	9:05	
9:25	60m Hurdles Heats - Under-16 Women	8	8	1	5:00	9:05	9:10	2 rounds; all advance to Final
9:30	60m Hurdles Pentathlon - Under-18 Women	4	8	1	3:00	9:10	9:15	
9:33	60m Hurdles Heats - Under-18 Women	7	8	1	5:00	9:13	9:18	2 rounds; all advance to Final
9:38	60m Hurdles Heats - Under-20, Senior Women	4	8	1	5:00	9:18	9:23	2 rounds; all advance to Final
9:43	60m Hurdles Heats - Under-16 Men	3	8	1	5:00	9:23	9:28	2 rounds; all advance to Final
	60m Hurdles Heats - Under-18 Men	2						2 rounds; all advance to Final
9:48	60m Hurdles Heptathlon - Under-20 Men	2	8	1	5:00	9:28	9:33	
9:53	60m Hurdles Heats - Under-20 Men	4	8	1	5:00	9:33	9:38	2 rounds; all advance to Final
	60m Hurdles Heats - Senior Men	2						2 rounds; all advance to Final
9:58	60m Hurdles Heptathlon - Masters Men	3	8	1	3:00	9:38	9:43	
10:01	60m Hurdles Finals - Masters Men	1	8	1	5:00	9:41	9:46	Final
10:01					4:00			
10:05	1000m Timed Finals - Under-18 Women	7	10	1	5:00	9:45	9:50	
10:10	1000m Timed Finals - Under-18 Men	Full	10	1	5:00	9:50	9:55	
10:15	1000m Timed Finals - Under-20, Senior Women	6	10	1	5:00	9:55	10:00	
10:20	1000m Timed Finals - Under-20, Senior Men	6	10	1	5:00	10:00	10:05	
10:25					5:00			
10:30	60m Hurdles Final - Under-16 Women	1	8	1	5:00	10:10	10:15	
10:35	60m Hurdles Final - Under-18 Women	5	8	1	5:00	10:15	10:20	
10:40	60m Hurdles Heats - Under-20, Senior Women	4	8	1	5:00	10:20	10:25	
10:45	60m Hurdles Final - Under-16 Men	3	8	1	5:00	10:25	10:30	
	60m Hurdles Final - Under-18 Men	2						
10:50	60m Hurdles Final - Under-20 Men	4	8	1	5:00	10:30	10:35	
	60m Hurdles Final - Senior Men	2						
10:55					5:00			
11:00	300m Timed Finals - Under-16 Women	7	5	2	6:00	10:40	10:45	Lanes 2-6
11:06	300m Timed Finals - Under-16 Men	Full	5	1	3:00	10:46	10:51	Lanes 2-6
11:09	300m Timed Finals - Under-18 Women	16	5	4	12:00	10:49	10:54	Lanes 2-6
11:21	300m Timed Finals - Under-18 Men	9	5	2	6:00	11:01	11:06	Lanes 2-6
11:27	300m Timed Finals - Under-20 Women	9	5	2	6:00	11:07	11:12	Lanes 2-6
11:33	300m Timed Finals - Under-20 Men	Full	15	3	9:00	11:13	11:18	Lanes 2-6
11:42	300m Timed Finals - Senior Women	2	5	1	3:00	11:22	11:27	Lanes 2-6
11:45	300m Timed Finals - Senior Men	2	5	1	3:00	11:25	11:30	Lanes 2-6
11:48					7:00			
11:55	200m Timed Finals - Masters Women, Men	Full	5	1	3:00	11:35	11:40	Lanes 2-6
11:58	BREAK				35:00			
12:35	150m Triathlon - Under-14 Girls	26	6	5	10:00	12:15	12:20	Lanes 1-6
12:45	150m Triathlon - Under-14 Boys	7	6	2	4:00	12:25	12:30	Lanes 1-6
12:49					6:00			
12:55	1500m Timed Finals - Under-18 Women	6	13	1	7:00	12:35	12:40	
13:02	1500m Timed Finals - Under-20, Senior, Masters Wmn	8	13	1	7:00	12:42	12:47	
13:09	1500m Timed Finals - Under-18 Men	11	13	1	7:00	12:49	12:54	
13:16	1500m Timed Finals - Under-20, Senior, Masters Men	8	13	1	7:00	12:56	13:01	
13:23	1200m Timed Finals - Under-16 Women	12	13	1	6:00	13:03	13:08	

Alberta Indoor Games

Track Schedule (January 28 at 8:15 PM)

Sunday, February 1, 2026

The finalized version of the schedule can be accessed from <https://www.ellistiming.ca/AIG/>.

Athletes should be in the Pavilion at least one hour before the indicated "Check in Before" time.

Please do NOT use tape on the Universiade Pavilion surface (track nor field).

Time MST	Track Events	Entries	Max Lanes per Heat	Heats	Total Minutes	Athlete Must Check in Before	Athlete Must Be in Call Room Before	Advancement or Note
13:29	1200m Timed Finals - Under-16 Men	7	13	1	6:00	13:09	13:14	
13:35	1000m Heptathlon - All Men	5	13	1	5:00	13:15	13:20	
					6:00			
13:40	4x200m Timed Finals - Under-16 Women	3	6	1	5:00	13:20	13:25	Lanes 2-7
13:45	4x200m Timed Finals - Under-18 Women	4	6	1	5:00	13:25	13:30	Lanes 2-7
13:50	4x200m Timed Finals - Under-20, Senior Women	2	6	1	5:00	13:30	13:35	Lanes 2-7
13:55	4x200m Timed Finals - Under-16, Under-18 Men	3	6	1	5:00	13:35	13:40	Lanes 2-7
14:00	4x200m Timed Finals - Under-20, Senior Men	3	6	1	10:00	13:40	13:45	Lanes 2-7
14:10	4x800m Timed Finals - All Women	4	6	1	10:00	13:50	13:55	Lanes 2-7
14:20	4x800m Timed Finals - All Men	2	6	1	15:00	14:00	14:05	Lanes 2-7
15:20	800m Pentathlon - All Women	10	11	1	5:00	15:00	15:05	
15:25	End of Day's Competition			50				

Alberta Indoor Games

Field Schedule (January 28 at 8:15 PM)

Sunday, February 1, 2026

This finalized version of the schedule can be accessed from <https://www.ellistiming.ca/AIG/> .

Athletes should be in the Pavilion at least one hour before the indicated time.

Please do NOT use tape on the Universiade Pavilion surface (track nor field).

Event Start Time MST	Warm-Up Start Time	Check-in Time	Field Events	Entries	Max or Average Jumps or Throws	Expected Total Jumps or Throws	Minutes per Jump or Throw M:SS	Warm-up Time per Athlete M:SS	Time for Warm-up MM:SS	Expected Total Time H:MM
Long/Triple Jump (Centre Pit)										
9:20	8:55	8:50	Women Triple Jump	9	6	51	1:00	3:00	27:00	1:18
10:40	10:15	10:10	U20, Senior Men Long Jump	12	6	60	1:00	2:00	24:00	1:24
12:15	11:45	11:40	U16, Masters Men Long Jump	8	6	48	1:00	2:00	16:00	1:04
13:15	13:15		Break							0:30
14:20	13:50	13:45	Pentathlon U18 Women Long Jump	4	3	12	1:00	3:00	30:00	0:42
14:40			End of Day's Competition							

Long Jump (Wall Pit)										
11:45	11:30	11:25	U18 Men Long Jump	7	6	42	1:00	2:00	14:00	0:56
13:00	12:30	12:25	Pentathlon U16 / Masters Women Long Jump	6	3	18	1:00	3:00	30:00	0:48
13:20			End of Day's Competition							

High Jump (Centre Mat)										
10:15	9:45	9:40	Pentathlon U18 Women	4	8	32	1:00	3:00	30:00	1:02
11:10	10:50	10:45	U16 Women	11	9	99	1:00	2:00	22:00	2:01
12:55	12:55		Break							0:35
13:55	13:35	13:30	U18 / U20 / Senior Women	11	8	88	1:00	2:00	22:00	1:50
15:30			End of Day's Competition							

High Jump (West Mat)										
10:00	9:30	9:25	Pentathlon U16/Masters Women	6	8	48	1:00	3:00	30:00	1:18
11:05	10:50	10:45	U14 Triathlon Boys	7	7	49	0:20	2:00	14:00	0:30
11:25	11:25		Break							0:35
12:55	12:05	12:00	U14 Triathlon Girls	26	7	182	0:20	2:00	52:00	1:52
14:00			End of Day's Competition							

Pole Vault										
10:35	10:05	10:00	Heptathlon Men	5	8	40	1:15		0:30	1:20
12:15	11:30	11:25	U20, Senior Men	6	8	48	1:15		0:45	1:45
13:20			End of Day's Competition							

Shot Put and Weight Throw (Centre Circle)										
10:35	10:05	10:00	Heptathlon Men	5	8	40	1:15		0:30	1:20
12:15	11:30	11:25	U20, Senior Men	6	8	48	1:15		0:45	1:45
13:20			End of Day's Competition							

Alberta Indoor Games

Field Schedule (January 28 at 8:15 PM)

Please do NOT use tape on the Universiade Pavilion surface (track nor field).

Event Start Time MST	Warm-Up Start Time	Check-in Time	Field Events	Entries	Max or Average Jumps or Throws	Expected Total Jumps or Throws	Minutes per Jump or Throw M:SS	Warm-up Time per Athlete M:SS	Time for Warm-up MM:SS	Expected Total Time H:MM
9:05	8:50	8:45	U16 / Masters Men Weight Throw	9	6	54	1:00	1:30	13:30	1:07
10:20	10:00	9:55	U18 / U20 / Senior Men Weight Throw	10	6	60	1:00	2:00	20:00	1:20
11:35	11:25	11:05	U16, Para Women Shot Put	7	6	42	1:00	1:30	10:30	0:52
12:50	12:20	12:00	Pentathlon U18 Women	4	3	12	1:00	3:00	30:00	0:45
13:10	13:10		Break							0:30
14:05	13:45	13:25	U18 / U20 Women Shot Put	11	6	66	1:00	2:00	22:00	1:28
15:15			End of Day's Competition							

Shot Put (West Circle)										
Event Start Time MST	Warm-Up Start Time	Check-in Time	Field Events	Entries	Max or Average Jumps or Throws	Expected Total Jumps or Throws	Minutes per Jump or Throw M:SS	Warm-up Time per Athlete M:SS	Time for Warm-up MM:SS	Expected Total Time H:MM
9:20	9:00	8:55	U14 Triathlon Girls Flight 1	13	3	39	0:45	1:30	19:30	0:48
10:10	9:50	9:45	U14 Triathlon Girls Flight 2	13	3	39	0:45	1:30	19:30	0:48
10:50	10:40	10:35	U14 Triathlon Boys	7	3	21	0:45	1:30	10:30	0:26
11:40	11:10	11:05	Pentathlon U16 / Masters Women	6	3	18	1:00	3:00	30:00	0:48
12:00	12:00		Break							0:30
12:45	12:35	12:30	Masters Women	3	6	18	1:00	3:00	9:00	0:27
13:05			End of Day's Competition							